

# McLeod

Volume 38, Issue 2, 2023

## *Magazine*



ENDURING ADVERSITY  
WITH RESILIENCE  
AND HOPE

Natalia Urbina  
Timmonsville, SC



# Views



**Donna Isgett**

At McLeod Health, our passion for patients is more than a mission statement. It is a noble calling and sincere desire to care for people when they need us most that drives us to excellence. However, the highest recognition we can achieve is your trust in our services and our people, and validation of our strength as an organization.

As the healthcare environment changes, new treatments become available, and families embrace healthier lifestyles, we must seek better ways to deliver care. We never arrive, but must continuously evolve, in our pursuit of superlative care.

Love for our mission and each other, and respect for our core values of Caring, The Person, Integrity and Quality keep us grounded. We are not perfect, but we are special and dedicated, and have served our patients and their families with this focus for 117 years. We are dependent on one another because success is never accomplished alone. We are always better together.

Each day, our teams across McLeod Health serve with intention and skill. While understanding and respecting the dignity of each individual, we develop trust through authentic relationships that bring meaning and value to our work.

We improve daily and continue to focus on providing the best in what people need and deserve to be healthy. Our teams dedicate ourselves to a vision of being the destination for care and celebrate the great future that is ahead.

In the pages that follow, you will encounter personal stories of individuals who have endured adversity with resilience and hope. We honor remarkable challenges, and pay tribute to extraordinary outcomes and victories by listening to the voices and hearts of our patients.

We pledge to continue our journey of excellence and remain a leader in transforming healthcare in our region by pushing beyond expectations. You, our patients, deserve our very best efforts.

Donna Isgett  
President and CEO, McLeod Health



is published by

**McLeod Health, Florence, S.C.**

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**Design and Printing:**

Sheriar Press, Myrtle Beach, S.C.

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## ON THE COVER:

Sixteen-year-old Natalia Urbina received life-saving cardiac care at McLeod Regional Medical Center and was ultimately diagnosed with a very rare congenital heart defect. Through the collaboration of a medical team dedicated to pediatric care and the language of compassion, Natalia is now thriving and looking forward to a bright future.

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# ENSURING THE HEART

by Jennifer Hulon



With his new lease on life, Wyman Wise is intentional about spending quality time with the people who matter most to him, especially his wife Callie.



For months, Wyman Wise experienced a variety of symptoms like chest pain, numbness in the arm, fatigue and shortness of breath. He disregarded these concerns, as he assumed his stricter fitness routine was to blame. Wyman did not realize his symptoms were signaling a heart attack.

As a young 51-year-old man with mildly elevated blood pressure, Wyman believed his ongoing chest discomfort was his body trying to adapt to the increased stress on his body. For eight months, Wyman's wife Callie persistently encouraged him to visit his doctor. She finally scheduled an appointment with **Dr. Amit Pande**, a cardiologist with McLeod Cardiology Associates in Little River.

While in the Emergency Department, Wyman's care team performed a bloodwork panel. Results showed an elevated troponin level. This is a type of protein found in the muscles of the heart. Troponin is not normally found in blood, so when detected, it is clear something concerning has occurred. When heart muscles become damaged, troponin is sent into the bloodstream. As heart damage increases, greater amounts of troponin are released in the blood.

This test verified Wyman had experienced a heart attack.

"As the blood work results showed abnormal troponin, my suspicions were confirmed," said Dr. Pande.

**Dr. Ravi Parikh** and **Dr. Alan Blaker** with McLeod Cardiology Associates in Florence implanted seven stents in Wyman's coronary arteries.

"When Mr. Wise arrived, it was concerning to see how many vessels were blocked," said Dr. Blaker. "Dr. Parikh and I carefully assessed his condition and determined which areas needed immediate intervention."

After the cardiologists monitored his progress during a six-day hospital stay, Wyman was discharged home to recover. To help recuperate, the cardiologists referred Wyman to McLeod Health Seacoast to complete four weeks of cardiac rehabilitation.

“Through all of this, I’ve realized the importance of listening to my body, and my wife,” said Wyman. “Because of my age, I never suspected a heart attack could occur. However, I am thankful for McLeod Health and the physicians who ensured I made it through this unpredictable time.

- Wyman Wise

Dr. Pande ordered an echocardiogram, or an ultrasound using soundwaves to produce live images of the heart. Wyman also underwent a stress test to gather more information about his heart's limitations. A stress test measures how hard the heart works during physical activity and can show problems with blood flow.

The results of Wyman's stress test were alarming, so Dr. Pande scheduled a follow-up in his office the next day. During his visit, Wyman mentioned he was currently experiencing chest discomfort.

"As Mr. Wise's stress test did have concerning EKG changes and with ongoing chest pain, I worried about unstable angina or an impending heart attack, so I sent him directly to the McLeod Health Seacoast Emergency Department," said Dr. Pande.

Dr. Pande started Wyman on blood thinners to reduce the risk of a blood clot and transferred him to McLeod Regional Medical Center in Florence for further intervention.

"As a Florence native, I knew the reputation of McLeod Health and felt at ease with this decision," said Wyman.

Wyman was diagnosed with a type of heart attack that usually occurs when the heart's need for oxygen is not met. A heart catheterization showed several blocked vessels which required stenting repair. A stent is a small mesh tube used to assist the repaired passages in the body, specifically weak or narrowed arteries, to remain open. When stents are implanted, this strengthens the vessel allowing oxygen-rich blood to reach the heart.

"Through all of this, I've realized the importance of listening to my body, and my wife," said Wyman. "Because of my age, I never suspected a heart attack could occur. However, I am thankful for McLeod Health and the physicians who ensured I made it through this unpredictable time."

Wyman and Callie live busy lives in North Myrtle Beach as insurance business owners.

"I've built my life's work around helping others prepare for their own health emergencies and encouraging them to be proactive in taking care of their families," said Wyman. "This experience has given me a truly new perspective. I encourage others to pay attention to their bodies and take time to enjoy life with special friends and family."



# OVERCOMING ALL ODDS

by Jessica Wall



Born with Tetra-amelia syndrome, RJ Self has overcome every obstacle put in his way. His resilient spirit is perfectly captured by his shirt, which translates to “strong” in Spanish.



In August 2018, Jasmine Self was elated to undergo an ultrasound at the McLeod Family Medicine Center. This allowed her a sneak peek of her baby. Excitement quickly turned to fear when the ultrasound revealed that her baby had a very rare condition called Tetra-amelia syndrome, which is characterized by the absence of all four limbs.

The facts were devastatingly hard to hear. Doctors explained to Jasmine that many babies with Tetra-amelia syndrome are stillborn or die shortly after birth. For those who survive, babies often experience additional complex and serious medical challenges.

It seemed as if Jasmine were in a whirlwind that only continued to spin. One week after hearing the initial diagnosis of her unborn baby, Jasmine's father died unexpectedly. Weeks later, on September 29, Jasmine went into pre-term labor at just 29 weeks and 1 day.

Jasmine's medical team, with assistance from McLeod OB/GYN **Dr. Gary Emerson**, performed an emergency C-section.

Within moments, RJ made his debut. He was immediately transferred to the McLeod Neonatal Intensive Care Unit (NICU), where he would receive highly specialized care.

**Dr. Doug Moeckel**, McLeod Neonatologist, explains that RJ experienced issues expected from prematurity, such as respiratory distress, apnea/bradycardia of prematurity and anemia of prematurity.

Except for the absence of all four limbs, RJ had no other significant complications.

RJ was the first and only baby born with this condition and treated at McLeod Regional Medical Center.

"He needed respiratory support, umbilical lines and IV fluids, nasogastric feedings, an isolette, and continuous monitoring," explains Dr. Moeckel.

Immediately after RJ was born, umbilical lines were placed to provide medicine, fluids, blood and nutrition.

After a baby is born and the cord is cut, there is an umbilical vein and usually two umbilical arteries to sterilely place central lines.

**Despite every odd stacked against RJ, he has overcome them all.**

**-Jasmine Self**

This is done routinely for premature babies. Usually, these lines are in place for a few days or up to a week.

For RJ, the medical team carefully considered when to remove his umbilical venous catheter because of concern around IV access.

"NICU nurses usually place IVs in the arms, legs, hands or feet," says Dr. Moeckel. "Thankfully, our skilled nurses placed and maintained IVs in the skin of RJ's scalp after the removal of his umbilical catheter."

After a couple of weeks in the NICU, RJ no longer needed IV fluids because he was receiving all of his fluid and nutrition from feedings. The Occupational Therapy team worked with RJ and his mother as he learned to eat by mouth.

During his NICU stay he grew bigger and was able to maintain his body temperature without an isolette.

"RJ has held a special place in all of our hearts from the day he was born," recalls Dr. Moeckel. "His sweet temperament has touched the hearts and lives of the nursing administrators, doctors, nurse practitioners, nurses, respiratory therapists, occupational therapists, secretaries and technicians in the NICU. We all consider him part of our family.

"His mom Jasmine was always present and wearing a smile on her face. Her positivity and encouragement greatly impacted RJ's progress."

For 51 days, Jasmine faithfully visited RJ, bringing her breast milk to give him the best chance of growing strong and healthy.

"I encouraged RJ to fight to go home," recalls Jasmine. "And he did. He was expected to go home around his due date in mid-December; however, he came home the day before Thanksgiving."

Jasmine cannot thank the NICU team enough for the care they provided her son.

"They accepted RJ for who he is," says Jasmine. "As a first-time mom to a child with a disability, it was very difficult to visit the NICU and then leave to go home.

*(Continued on next page)*



There were countless times I began crying before I reached the elevator.

“But the NICU team encouraged me to call for updates as often as I would like and made me confident that they were taking excellent care of him. Despite it being a tough experience, I don’t have a single regret.”

Because of the high-risk nature of Jasmine’s pregnancy, it was intended for her to deliver at another hospital.

“Things happen for a reason, and I believe McLeod was supposed to take care of RJ,” says Jasmine. “And they did a phenomenal job. I had the people I needed at the time for RJ, and I am forever grateful to McLeod.”

A few weeks after RJ came home from the hospital, he developed RSV, which proved almost fatal.

After trying a series of medications, RJ’s symptoms were not improving, and on December 12, Jasmine rushed

him to the pediatrician’s office for an emergency visit. He was immediately admitted to the hospital.

Once on the pediatric floor, nurses came in to get his vitals, and as they were leaving the room, RJ coded. They rushed over and began intervening to get him back.

“I was still grieving the loss of my father, and in the moment, all I remembered saying was, ‘I can’t lose you, too.’ Immediately, RJ began crying.”

RJ was then admitted to the McLeod Pediatric Intensive Care Unit (PICU). After a week of treatment and recovery, RJ was healthy enough to go home.

Throughout the years, RJ has undergone extensive physical therapy, which he continues today, and has experienced tremendous improvements. He went from not moving around at all to rolling and sitting up by himself.

His resilient spirit is undeniable.


Now four years old, RJ loves to color and adores his little sister, Jaslynn. He has the brightest smile, and his sense of humor keeps everyone around him laughing.

RJ also achieved major milestones this past year - he began 3K and participated in Florence County’s Miracle League.

Jasmine is RJ’s biggest champion and reminds him every day that he is perfect and can accomplish anything.


“RJ has given me a better outlook on people with disabilities and differences,” explains Jasmine. “Too often, we place limitations on them when they are capable of far more than we think.”

“I am so proud of my son; he is truly a miracle. Despite every odd stacked against RJ, he has overcome them all.”



RJ is all smiles when his mom takes him and his younger sister, Jaslynn, to the park to swing.





Carlie Yates, left, and her mother, Sommer Ford, right, are grateful for the life-saving care McLeod Orthopedic Trauma Surgeon Dr. Lex Hanna provided Carlie after a traumatic car accident left her with 14 broken bones.

# SMILING & STANDING TALL

by Leslie A. Mikell

On the morning of Thursday, March 2, 2022, Carlie Yates, a resident of Mullins, was traveling to her job at MUSC, where she worked as a receptionist in multiple doctors' offices. Carlie was coming around a curve when, suddenly, a car traveling in the opposite direction crossed the center

line and hit her head on at about 55 miles per hour. With no time to react, Carlie's vehicle bore the brunt of the impact and ended up in the ditch.

Witnesses quickly called EMS and within minutes, the police, firefighters and an ambulance were on the scene.

Carlie's Athletic Trainer from high school, Mike Rice, who is also an EMT with Marion County EMS, was one of the first responders to the accident.

"The minute I saw Mike, I knew I would be okay. Just having a familiar face present kept me calm until I could be removed from my vehicle.

*(Continued on next page)*



He held my hand and refused to leave my side, and I was so grateful he stayed there with me,” Carlie recalls.

Emergency personnel extracted Carlie from her car, and she was transported by ambulance to the Emergency Department at McLeod Regional Medical Center, where she initially received care in a trauma bay.

Carlie’s mother, Sommer Ford, was on the way to Columbia for a work meeting when she first received news of the accident. She quickly turned around and headed to Florence.

“As soon as I arrived in the Emergency Department, I was escorted back to the trauma area by a staff member. When I saw Carlie, I was visibly shaken, and the staff member held my hand and comforted me. Everyone I encountered was supportive and caring.”

**Dr. Lex Hanna**, an Orthopedic Trauma Surgeon at McLeod Regional Medical Center, performed surgery that evening. Afterward, Carlie was transferred to the ICU where she would remain for nine days.

“Carlie sustained numerous traumatic fractures that would

ultimately require five trips to the OR and many hours of surgery during her hospital stay,” stated Dr. Hanna.

“In the initial two surgeries, we focused on stabilization of her long bone fractures with a combination of early fixation and external stabilization, a practice known as damage control orthopedics, which is often employed in patients who have multiple traumatic injuries. The next three surgeries addressed her less severe fractures as our focus shifted from stabilization to treatment, after which healing and rehabilitation could begin,” he added.

Carlie sustained 14 broken bones from the accident, including her left elbow, her pelvis in the front and back, both femurs (thigh bones), the right tibia shaft, her right kneecap, four toes in her left foot, and a complex fracture of her left ankle and tibia known as a “pilon” fracture. It left her with approximately five inches of bone missing in her left leg.

“Carlie’s injuries were unusual just in the sheer number of high energy fractures she sustained. We typically see pelvis fractures along with one lower extremity long bone fracture such as a femur or tibia, but having an injury with pelvic ring fractures and bilateral femur and tibia fractures is quite rare. This was probably the first time I had seen that occur,” Dr. Hanna continued.

**Carlie is pictured in the courtyard at McLeod Regional Medical Center where she was able to visit with family outdoors during her recovery.**

As an orthopedic trauma surgeon, Dr. Hanna frequently treats patients with complex injuries from accidents, both recent and historic.

“Dr. Hanna spent a lot of time with me throughout my stay at McLeod. He made decisions about my surgeries that showed me he really cared about me as a person and wanted my recovery to be successful,” recalled Carlie.

Her mother recounts many staff members who supported her throughout Carlie’s time in the hospital, especially those first harrowing days.

“Brandi Wiggins, an Operating Room Nurse, spent a lot of time with me, preparing me for what Carlie would look like after that first surgery. Allison Hasbrouck, a Trauma

Surgery Nurse Practitioner kept me informed every step of the way, especially that first night when Carlie transferred to the Intensive Care Unit. We also became very close with David Witt, a nurse



**Carlie Yates and Allison Hasbrouck, Trauma Surgery Nurse Practitioner, were all smiles as Carlie was discharged home on March 24, 2022, after spending more than three weeks recovering at McLeod Regional Medical Center.**

in the ICU, and with Katie Davis-Hill, a Physical Therapy Assistant with Inpatient Rehabilitation, who both helped Carlie so much,” recalled Sommer.

Even during a difficult and long stay at the hospital, Carlie remained a beacon of joy. A particularly special day was the moment she could finally sit outside and enjoy the fresh air and sunshine. Nursing staff prepared a special wheelchair for her that contained the medical equipment necessary to venture outside.







**Carlie Yates recently returned to the McLeod Regional Medical Center courtyard, a spot she often visited during her extensive recovery.**

Being able to visit with family members outside, who could not come in the hospital due to visitation restrictions, was a happy memory for Carlie.

After three weeks in the hospital, Carlie was discharged home on March 24. Her family modified their home to accommodate her recovery, including putting a hospital bed in Carlie's room.

Around Christmas, Carlie was able to walk with the assistance of a cane. More recently, she has been walking with a single point cane, and lately she is practicing walking unassisted.

She even took a trip with her church to Universal Studios in February, less than a year after her accident.

"We were worried that Carlie would never walk again, and yet she has defied the odds and continues to make great strides with every week and month that passes since her accident," says her mother, Sommer.

What is even more remarkable than Carlie's recovery has been her positive outlook. Despite the impact the accident has had on her life, she reflects on her experience with gratitude.

"I am thankful for the wreck because it taught me to not take the little things for granted. Almost everything on my left side was broken, so because I am left-handed, I had to learn how to use my right hand to do basic tasks," Carlie said.

Determined to not let the accident disrupt her life, Carlie and her fiancé Colin Yates kept their original wedding date of May 21, 2022. This day held deep meaning for the couple, as it marked seven years together. They married in a private ceremony in Carlie's home with only their pastor, while she was sitting on the hospital bed in her room.

Now, Carlie spends her days working part time in her family's business, Freckles and Giggles Homemade Ice Cream in Downtown Marion. She and Colin are planning a larger wedding ceremony where they can celebrate with family and friends once she is able to walk completely unassisted.

## DR. LEX HANNA RETURNS HOME TO CARE FOR THE FLORENCE COMMUNITY

Dr. Hanna joined the medical staff of McLeod Regional Medical Center in September 2021. A native of Florence, he attended South Florence High School, received his undergraduate degree from the University of South Carolina in Columbia, and then completed medical school and his residency training at the Medical University of South Carolina in Charleston. After completing his fellowship in orthopedic trauma at University of Tennessee College of Medicine in Chattanooga, Tennessee, he and his family chose McLeod and Florence to begin his career.

"It is a privilege to serve and care for the citizens of the community that shaped me into who I am," says Dr. Hanna.

Dr. Hanna has a special interest in treating pelvis and acetabular injuries. He also treats injuries including, but not limited to, long bone and periarticular fractures, complex fracture dislocations of the upper and lower extremities, fracture malunion and nonunion, limb deformity reconstruction, segmental bone defects and peri-prosthetic fracture care.

Dr. Lex Hanna





# BACK IN ACTION & Pain Free

by Carrie Anna Strange



Donnie Mahoney of Manning is back in action and enjoying life pain free.



Donnie Mahoney knows firsthand how important the function and mobility of your knees are to complete common everyday tasks. The joint that connects the bones of the upper and lower leg is needed for any form of movement including walking, driving, climbing or lifting objects. For Donnie, however, chronic arthritis began to severely impact his ability to move freely.

“I was in chronic pain for years and tried both oral medications and knee injections,” Donnie recalls. Unable to find relief, he made an appointment with McLeod Orthopedic Surgeon **Dr. Rodney Alan**, who specializes in total knee replacements and has been managing Donnie’s arthritis for nearly five years. “During my appointment, I finally committed to doing the surgery.”

Donnie first underwent traditional total knee replacement surgery in June 2022 for his left knee.

Then in October 2022, Donnie was part of history at his hometown hospital. McLeod Health Clarendon had invested in a robot to provide robotic-assisted knee replacement in Manning. Donnie was one of the first patients to undergo this procedure.

“For the first two weeks, a physical therapist from McLeod Home Health provided physical therapy treatments at my home,” recalled Donnie. “Once I became more mobile, I continued therapy at McLeod Rehabilitation Clarendon for eight weeks.”

“McLeod Health Clarendon remains committed to investing in the latest technology to provide cutting-edge medicine and deliver the highest standards of quality care to our community,” said Rachel Gainey, CEO of McLeod Health Clarendon.

“The robotic approach offers sophisticated technology that allows the surgeon to customize the knee replacement to the individual anatomy of the patient. As a result, patients experience more natural movement and function as they begin to return to normal activities,” explains Dr. Alan.

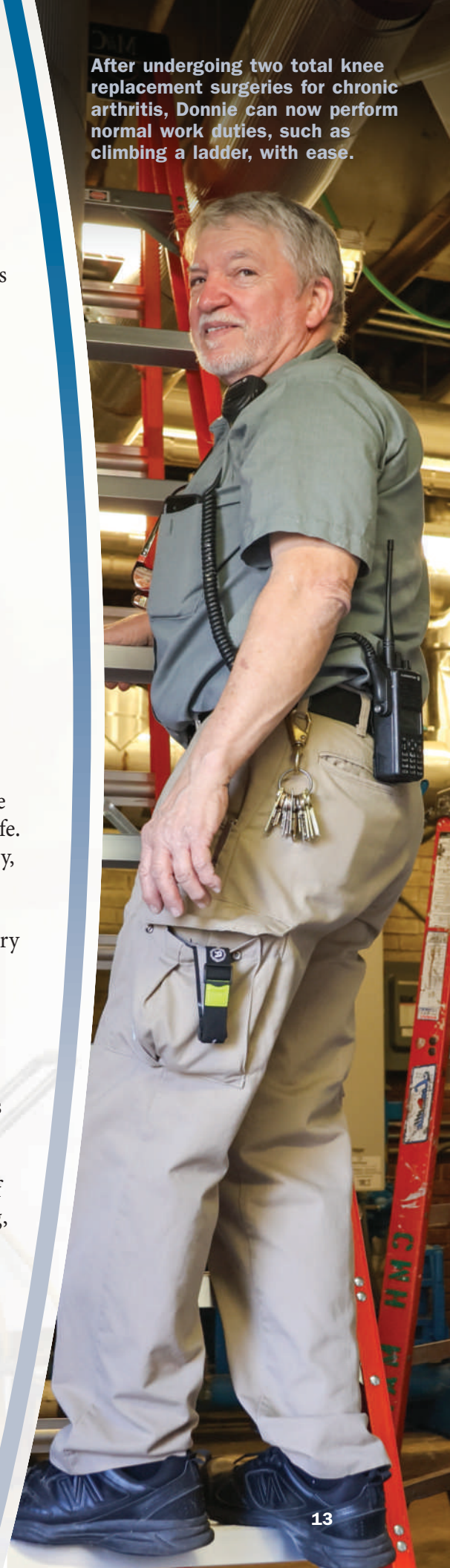
Six weeks after surgery, Donnie returned to work in the Engineering Department at McLeod Health Clarendon. Only when his knee no longer bothered him did Donnie realize how much arthritis had impacted his life.

“No one wants to go through surgery, but I tell people the sooner you do, the better because the pain will only get worse,” says Donnie. “Having the surgery allows you to move past the pain and enjoy life again.”

You may be a candidate for a knee replacement if you have the following symptoms: knee pain that keeps you awake at night, knee pain that sidelines you from activities, and knee pain that limits daily functions such as climbing stairs. If your conservative treatment of chronic knee pain is no longer working, then it may be time to consider a knee replacement. The first step is to have a medical exam with an orthopedic specialist.

**Dr. Rodney Alan, McLeod Orthopedic Surgeon, performs robotic-assisted knee replacement surgery to restore mobility for patients like Donnie.**

After undergoing two total knee replacement surgeries for chronic arthritis, Donnie can now perform normal work duties, such as climbing a ladder, with ease.





# A PEOPLE-FIRST Approach to Building the Workforce

by Tammy White

Community partnerships, career events and individual experiences are methods employed by McLeod Workforce Development to expose potential candidates to the vast career opportunities at McLeod Health.

Led by Charity Gerald, the Workforce Development team prioritizes finding new talent with the expertise needed for the McLeod Recruiters to fill the open positions at each of the seven hospitals of McLeod Health.

“It is all about using a people-first approach for placing individuals on a health career path that will provide them long-term success,” said Charity.

## PROJECT SEARCH

Bryce Alford never imagined attending a job fair during his senior year at West Florence High School would lead to a career at McLeod. It was when he stopped by the McLeod Health table and spoke with the Workforce Development representative that he learned about Project Search.

In partnership with Florence 1 Schools, McLeod Regional Medical Center hosts Project Search, a transition program that prepares youth with disabilities to secure full-time employment in post-school life.

Now in its fifth year, this program has been recognized both at state and national levels for outstanding employment outcomes and the quality of employment preparation students receive.

Participants attend six months of class to learn about the aspects of having a job and rotate through various work assignments searching for the career that will promote their success.

It was during Bryce’s rotation in Environmental Services that he found his calling.

“I didn’t even complete all my project rotations before Environmental Services offered me a position,” said Bryce. “The job offer came on my birthday, which made the day even more special.”

“Bryce is one of the most authentic and charismatic young men I have ever met,” said Matthew Peake, Health Careers Program Coordinator for Workforce Development.

“He has impressed his department and is often given charge duty assignments. Bryce is one of the first graduates of our program, and now he serves as a motivational speaker for incoming Project Search participants.”

Today, Bryce works as a Runner in Environmental Services. This means he is assigned to various locations in need of extra support, so he must be familiar with all areas of the hospital.

“I want to thank McLeod for being part of Project Search,” said Bryce. “I really love my job, and if it wasn’t for this program I would not be where I am today, being able to help support my family.”



**Thanks to Project Search, Bryce Alford secured a full-time position in Environmental Services at McLeod Regional Medical Center.**



# CAREER BUILDING

“At Workforce Development we are not just focused on individuals who want to be doctors or nurses,” said Charity.

“We also work with those at entry-level positions and coach them to build their career ladder. We can provide many career building opportunities through the Level Up Grant.”

Level Up is a healthcare grant by the U.S. Department of Labor designed to help healthcare workers in occupations which directly impact patient care.

Through this grant, Samantha Lattymer and Victoria Lawhon, Pharmacy Technicians with McLeod Regional Medical Center, graduated from Florence-Darlington Technical College’s Certified Pharmacy Technician Program.

The 14-week program consists of 210 hours of hands-on skills and simulation labs skill check-offs in pharmacy settings.

Both young women were recommended for this program by their department director, and they readily agreed to participate.

As certified technicians, they can serve as additional eyes for the pharmacist, help check other technicians’ work and assist as a resource for questions.

“The best part of the classes was the hands-on sections,” said Samantha. “It gave me exposure to all areas of the pharmacy, even those I normally would not work in like the IV (intravenous) Room, where medicines or fluids that are directly administered into patient’s veins are prepared.”

Victoria sees her certification as being one step closer to her goal of becoming a pharmacist. “I have wanted to be a pharmacist since I was in middle school,” said Victoria.

She has begun looking at the core classes needed and had conversations with Workforce Development about the scholarships available through McLeod for pharmacy students.

For anyone with a love of pharmacy, like these young women, both Samantha and Victoria recommend furthering their education with the Certified Pharmacy Technician Program.



**Samantha Lattymer and Victoria Lawhon have the honor of being the first two pharmacy technicians from McLeod to complete the Certified Pharmacy Technician Program.**



## INTERNSHIPS

For students on an allied health career track, McLeod has academic partnerships with more than 50 colleges and universities that allow students to develop skills in their areas of interest.

Michael Smalls entered Coastal Carolina University majoring in Accounting. With both parents and an aunt working in healthcare, however, he soon realized his interest was in healthcare administration and switched his major to Public Health.

One of the graduation requirements involved the participation in an internship. As Michael reviewed the school's list of internship opportunities, McLeod Health was his top choice.

When Michael rotated to the Human Resources department at McLeod Health Seacoast, he knew this was where he was meant to be.

"I love interacting with people," said Michael. "There is something special about hiring the people who are here to save patients' lives."

Upon graduation, Michael was offered a full-time position as the HR Specialist covering McLeod Health Seacoast, McLeod Health Lorris and McLeod Health Carolina Forest. In this position, Michael is responsible for onboarding all new employees and handling any employee information needs.

"The internship was an amazing opportunity to showcase my skills and gain experience," said Michael. "If it wasn't for the internship, I wouldn't be where I am today."

"McLeod is like a family to me. I couldn't be happier," added Michael.

**After completing an Internship in Human Resources at McLeod Health Seacoast, Michael Smalls knew it was the career path he wanted.**

## CAREER COACHING

For anyone considering a career in healthcare, McLeod Workforce Development has many opportunities for candidates to explore their options including shadowing programs, summer nursing academies, and work-based learning programs.

For those who are undecided about the direction of their career, Workforce Development can help with Career Coaching.

"The hardest part for many people is determining their first step," said Charity.

Career Coaching begins with education on the different careers available at McLeod to narrow down their interest.

Workforce Development then coaches candidates to establish and reach their goals, providing support in many areas.

This includes help with resumes, interviewing tips and education requirements to achieve the position they want at McLeod.

"At Workforce Development we strive to break down barriers and build confidence," said Charity. "A strong, confident workforce leads to providing better patient care."

*To learn more about the services offered by McLeod Workforce Development, visit [McLeodCareerExploration.org](http://McLeodCareerExploration.org).*



# MEET THE WORKFORCE DEVELOPMENT TEAM



## **Janet Belew** **Academic Nursing Student Coordinator**

Janet Belew is a native of Coward, SC and a graduate of Lake City High School. Janet recently obtained her Nursing Assistant Certificate and works part-time as a Medical/Surgical Technologist on the Oncology floor. In her 22 years with McLeod Health, Janet's previous positions have included Legal Collector promoted to Office Specialist, Collection Supervisor promoted to Assistant Collection Manager, EAP Office Manager and McLeod Endocrinologist Office Manager. Janet's hobbies include fishing, cooking and horses.



## **Ingrid Cherry, SHRM-CP** **Workforce Development Coordinator**

Ingrid Cherry is a native of Mount Pleasant, SC and a graduate of Wando High School. She earned a Bachelor of Business Administration in Marketing from Francis Marion University. Ingrid also holds a Master of Science in Leadership and Human Resource Development with a Concentration in Workforce Development from Louisiana State University. She has 13 years of combined experience in Talent Acquisition and Workforce Development. Ingrid currently holds her Society for Human Resource Management-Certified Professional (SHRM-CP) certification and her Certified Workforce Development Professional certification. Her hobbies include hosting events, running a small business with her husband and spending time with her family.



## **Rebekkah Chilton** **Academic Allied Health Student Coordinator**

Rebekkah Chilton is a native of Lake City, SC and a graduate of Lake City High School. Rebekkah is a Licensed Massage Therapist, having recently graduated from Central Carolina Technical College. Prior to becoming an Academic Allied Health Student Coordinator, Rebekkah's previous experience includes Administrative Assistant for AHEC, Operations Manager - Recruiting & Onboarding Lead for Kelly Educational Staffing and SC Retirement Benefits & ACA Specialist for Florence 1 Schools. Rebekkah's current hobbies include fostering dogs from local animal shelters and she is an antique/auction lover.



## **Jernasia Gaskins** **Workforce Development Coordinator**

Jernasia Gaskins is a native of Florence, SC and a graduate of West Florence High School. She earned her Bachelor of Psychology with a minor in Sociology from Francis Marion University. Jernasia is one of the newest members to join the Workforce Development team and is most excited about Career Coaching. She has been a part of the McLeod family for more than five years and has worked diligently in many different capacities. Jernasia is passionate about helping others achieve their goals and "meeting people where they are." Her hobbies include watching documentaries, traveling and photography. Her favorite quote is, "Do the best you can until you know better. Then when you know better, do better." - Maya Angelou.





## **Charity Gerald**

### **Director of Recruiting & Workforce Development**

Charity Gerald is a Florence, SC native and graduate of South Florence High School. She is a Registered Nurse with 23 years of healthcare experience and a graduate of the Medical University of South Carolina. Prior to becoming a member of the McLeod Health Human Resources team, she worked as a Director of Nursing in the ICU, Progressive Care and Medical Units. She is a Palmetto Gold Award recipient and has also earned the prestigious McLeod Health Merit Award. Charity has a Master's in Business Administration/Healthcare Administration and is currently working to obtain her Society for Human Resource Management-Certified Professional (SHRM-CP) Certification. Charity's hobbies include spending time with her family, drawing, painting, singing and traveling.



## **Jennifer Hedinger**

### **Academic and Student Affairs Coordinator**

Jennifer Hedinger is from Ocean Isle Beach, NC with more than 20 years of experience in Workforce Development. She is new to the McLeod family, relocating from Cleveland, Ohio. She has a Bachelor of Science degree in Education from Radford University in Virginia and a Masters in Adult Learning and Development from Cleveland State University. Her experience includes teaching, career coaching, workforce program management and resource development. Jennifer enjoys time with her family, reading and traveling.



## **Matthew Peake**

### **Health Careers Program Coordinator**

Matthew Peake is a native of Elgin, SC and a graduate of Lugoff-Elgin High School. He earned his Bachelor of Arts in Religious Studies and Psychology from the University of South Carolina in Columbia. Matthew is a South Carolina Certified Teaching Professional with 13 years of experience. In 2022, Matthew was honored to receive the South Carolina Transition Alliance's Transition-to-Work Program of the Year award and also earned an Outstanding Employment Rate award from the Project SEARCH National Program Office. He is currently working to obtain his Society for Human Resource Management-Certified Professional (SHRM-CP) and Global Career Development Facilitator (GCDF) certifications. Matthew's hobbies include spending time with his family, cooking and playing music.

**“Our Workforce Development Team focuses on a people-first approach for placing individuals on a health career path that will provide them long-term success.”**

**- Charity Gerald**  
Director of Recruiting & Workforce Development



# MCLEOD HEALTH SEACOAST

## Expands Cardiology Services

by Kelly Hughes



McLeod Health Seacoast has taken another giant leap forward with the addition of an interventional cardiology program. After applying for this program and being granted permission by the SC Department of Health and Environmental Control (DHEC), McLeod Health Seacoast joins McLeod Regional Medical Center in advancing the treatment and care of patients with heart disease.

Cardiologists at McLeod Health Seacoast have been able to diagnose coronary artery disease, among other heart problems, by cardiac catheterization. If a patient required interventional treatment, like a stent, they would be referred to McLeod Regional Medical Center for interventional care. Now, patients are able to receive quality care close to home from a board certified interventional cardiologist.

“Time is muscle. The faster we can get a blockage opened, the better the outcome for our patients. Patients are going to directly benefit from our ability to treat acute heart conditions immediately,” said **Dr. Amit Pande**, Cardiologist and Medical Director for McLeod Health Seacoast Heart and Vascular. “Not having to travel more than 30 minutes, in some cases, to the nearest heart center, could mean the difference between life or death in an emergency. This is a game changer for patients on the north end of Horry County.”

A cardiologist specializes in diagnosing and treating conditions and diseases of the heart and blood vessels such as:

- Angina
- Arrhythmia
- Cardiomyopathy
- Atrial fibrillation
- Congenital heart defects and disease
- Coronary artery disease
- Heart attack
- Heart failure
- Heart valve disorders and heart valvular disease
- Myocarditis

An interventional cardiologist performs minimally invasive procedures such as Cardiac Catheterization, Balloon Angioplasty and Stent Implantation.

“We continue to expand our services to meet the needs of our growing, local community,” said Monica Vehige, CEO of McLeod Health Loris Seacoast. “We are committed to providing quality healthcare services and to be THE choice for medical excellence in Horry, Brunswick and Columbus Counties.”





# THE LANGUAGE OF *Compassion*

by Jessica Wall

Natalia Urbina received life-saving cardiac care at McLeod Regional Medical Center and was ultimately diagnosed with a very rare congenital heart defect. Today, she is a vibrant, healthy teenager with a bright future.

Imagine watching your child have a medical crisis and taking her to a nearby hospital. It appears that everyone is moving quickly and providing excellent care to your child, and then your child is admitted to a pediatric intensive care unit. Now imagine trying to understand all of this when you speak a different language.

Originally from Mexico, the Urbina family moved to Timmonsville, South Carolina, five years ago.

The middle of five children, 16-year-old Natalia is interested in studying forensics and enjoys reading and eating.

On October 4, 2022, what began as a routine day for Natalia turned out to be anything but typical.

While at home watching TV, Natalia suddenly experienced immense chest pain, lightheadedness, numbness in her arms and chills. She couldn't breathe.

"The pain was so bad I honestly thought I was dying," recalls Natalia.

"I just prayed."

Her mom, Yecenia, rushed her to the McLeod Regional Medical Center Emergency Department (ED).

Medical teams quickly attended to Natalia. Her troponin levels, markers of heart damage, were elevated.

The care team consulted with McLeod Pediatric Cardiologist **Dr. David Steflik**, who ordered an EKG. He discovered Natalia was suffering from viral myocarditis and admitted her to the McLeod Pediatric Intensive Care Unit (PICU).



“This condition involves inflammation of the heart muscle, which is induced by a preceding viral infection – perhaps days, even weeks, before,” explains Dr. Steflik. “We immediately began high-dose steroids and admitted Natalia to the PICU for continuous telemetry monitoring since she was at a high risk of developing arrhythmia, or irregular heartbeat.”

If not treated immediately, viral myocarditis can be life-threatening as well as cause significant damage to the heart.

Dr. Steflik met with Natalia and Yecenia once she settled into the PICU. They both recall being immediately impressed.

“Dr. Steflik was so sweet and patient, explaining everything so I could understand what was happening,” says Natalia.

Natalia spent the next three days in the PICU under the care of McLeod Intensivists, including **Dr. Efrain Sanchez**.

“It was a relief having Dr. Sanchez convey everything about Natalia’s care in Spanish and not requiring an interpreter,” says Yecenia. “The staff would often stop in with a smile on their face to check on us. Everyone was so kind during our PICU stay.”

Once Natalia finished her course of high-dose steroids, given intravenously, she moved to the pediatric floor. By this time, her heart damage had waned, she had no fluid build-up and her heart function was never affected.

“Through the collaboration of our entire care team – ED staff, pediatric intensivists, pediatric hospitalists, pediatric pharmacists, pediatric sonographer and specialized nurses – Natalia quickly recovered without any complications,” explains Dr. Steflik.

Since October, Natalia has continued to undergo follow-up care with Dr. Steflik at his office, McLeod Pediatric Cardiology.

Recently, Natalia experienced recurrent chest pain, which led Dr. Steflik to order a CT scan. Results revealed a very rare congenital heart defect, a myocardial bridge, which has since been repaired.

Natalia will be closely monitored in the months ahead, yet despite this, she is a thriving teenager who leads a happy, healthy life.

“I could not be more grateful for this hospital and these wonderful physicians so close to home,” says Yecenia. “They saved my daughter’s life.”

### ***The Voice of the Patient***

A unique component of pediatric subspecialist care at McLeod is a dedicated interpreter, Evelyn Roman, who has been assisting Spanish-speaking families of McLeod Pediatric Subspecialists for decades.

Working directly with patients and their families to ensure the continuum of care, Evelyn schedules and attends appointments to translate, and contacts the office if families reach out to her.

“Evelyn is a great asset to our team,” says Dr. Steflik. “Through her, we have significantly increased rapport with our patients, and our patients in turn have a memorable experience with us.

“We have other tools to address language barriers; however, I have noticed an incredible difference in my ability to connect with patients when Evelyn is present rather than using an iPad to speak with a virtual interpreter.”

At McLeod, patients are the priority. Through this collaboration between Evelyn and McLeod Pediatric Subspecialists offices, every patient – regardless of their native language – receives the quality care they deserve.




Natalia Urbina is pictured with Evelyn Roman, a translator with McLeod Pediatric Subspecialists, McLeod Pediatric Cardiologist Dr. David Steflik, and her mother Yecenia during a recent follow-up appointment.



# BRIDGING THE GAP FOR LOCAL SURGICAL CARE

by Arielle Williams Miles



McLeod General Surgeon Dr. Jason Davis and his family were drawn to the Carolinas in search of work and family life balance that comes with living and working in the rural setting.

“As a surgeon, I love seeing the positive results of my surgeries,” explained Dr. Davis. “What motivates me the most is feeling the satisfaction that comes from being useful to my patients.”



In recent years, residents of Chesterfield and Marlboro Counties had to travel long distances for access to high quality surgical care. Until now. McLeod Health Cheraw has welcomed **Dr. Jason Davis** to the hospital's surgical team, where he serves as the dedicated general surgeon for the region.

Dr. Jason Davis and his wife, Kara, grew up in rural Northeast towns, yet attended college in major cities. Their experiences living in both settings taught them the value of balance for themselves and their family. The search for this balance prompted them to move to their current home in the Carolinas.

After visiting the small town of Cheraw, South Carolina, and touring its local rural hospital, Dr. Davis felt that it would be a great fit for him to practice medicine.

"When I visited Cheraw, I was greeted with exceptional warmth, friendship and hospitality by hospital staff, leaders and residents. The location and physicians here left a lasting impression. It seemed like a perfect place to practice," recalled Dr. Davis.

Dr. Davis knew that becoming the hometown surgeon would help improve the quality of life for those seeking much needed surgical care in the region. Having a local option is not only crucial to those in emergent situations, but also saves valuable time and resources since it eliminates the need to travel out of town.


"As a surgeon, I love seeing the positive results of my surgeries," explained Dr. Davis. "What motivates me the most is feeling the satisfaction that comes from being useful to my patients."

Dr. Davis was drawn toward becoming a surgeon because he can help people through a variety of means. In medical school, he gravitated towards the subjects of clinical medicine, science, teaching and even the business and policy side of the medical field. Becoming a surgeon essentially allowed him to continuously grow and always have something new to learn.

Dr. Davis says his favorite moments during his career have been any time his patients thank him for improving their quality of life. He is motivated by hearing about their good outcomes and positive patient experiences.

"Choosing to become the dedicated general surgeon for Cheraw is such an exciting opportunity, and I am so glad to be here," explained Dr. Davis. "I am eager to build the program and be part of a team that makes it possible for our community to obtain high quality surgical care right here in town."

Caring for patients at McLeod Surgery Cheraw with the latest techniques utilizing leading-edge technology and procedures, Dr. Davis offers surgical treatment involving: breast, gallbladder, hernias, thyroid and parathyroid, skin cancer, soft tissue, wound care and dialysis access.



After visiting the quaint town of Cheraw, South Carolina, McLeod General Surgeon Dr. Jason Davis knew that he could help bridge the gap in the area for local surgical care.



# ION: IMPROVING THE DETECTION OF LUNG CANCER

by Tracy H. Stanton



McLeod Pulmonologist Dr. Vinod Jona is pictured with the Ion team in the McLeod Heart and Vascular OR. From left to right: Cheryl Welch, Surgical Technician; Marah Lynch, RN; Dr. Vinod Jona; Marty Rotan, Radiology Technician; Amanda Coscetti, Certified Histotechnician; Channa Cox, RN; and Tanisha Jackson, RN.



The comprehensive lung program at McLeod includes the lung cancer screening program, dedicated nurse navigators, a lung nodule clinic, patient conferences with multiple specialists and innovative treatment options. The addition of Ion, a robotic-assisted endoluminal platform for minimally invasive peripheral lung biopsy, takes the detection of lung cancer to the next level and allows the McLeod team to provide superior care to patients.

Ion enables the McLeod Lung Team to precisely detect lung cancer earlier, test for tumor markers and perform smaller resections using its da Vinci robot. Additionally, this new technology revolutionizes the speed and accuracy with which lung cancer can be diagnosed, allowing for treatment to begin sooner.

Offered at McLeod Regional Medical Center, the Ion system provides navigation and guidance to distant regions of the lungs in a minimally invasive outpatient procedure, enabling the team to locate, biopsy and plan treatment for very small lung nodules that were previously difficult to access with traditional technology. The McLeod team is utilizing the system to act sooner and not wait for nodules to grow before they are biopsied.

“Prior to the procedure, we take the data from a patient’s lung CT scans and utilize the Ion platform to build a dynamic 3D map of the patient’s lungs,” explained **Dr. Vinod Jona**, a Pulmonologist with McLeod Pulmonary and Critical Care Associates.

“Ion allows us to navigate the safest and most efficient path to the targeted nodule using an ultrathin, moveable, camera-equipped catheter. With the platform’s controller, I can move the catheter 180 degrees in any direction to pass through small, difficult-to-reach airways and around tight bends to navigate all 18 segments of the lung.

“We are also able to inform patients if the lung nodule is cancerous or not before they go home because we have rapid on-site evaluation of the biopsy thanks to the addition of a certified histotechnician in the OR. We can further evaluate the patient’s test results by biopsying the lymph nodes during this same procedure using endobronchial ultrasound,” said Dr. Jona.

Earlier treatment for lung cancer is proven to increase survival rates to as high as 92 percent. Using this technology, Dr. Jona can establish the diagnosis sooner and perform pre-surgical staging in a single procedure, leading to fewer hospital visits and better patient outcomes.

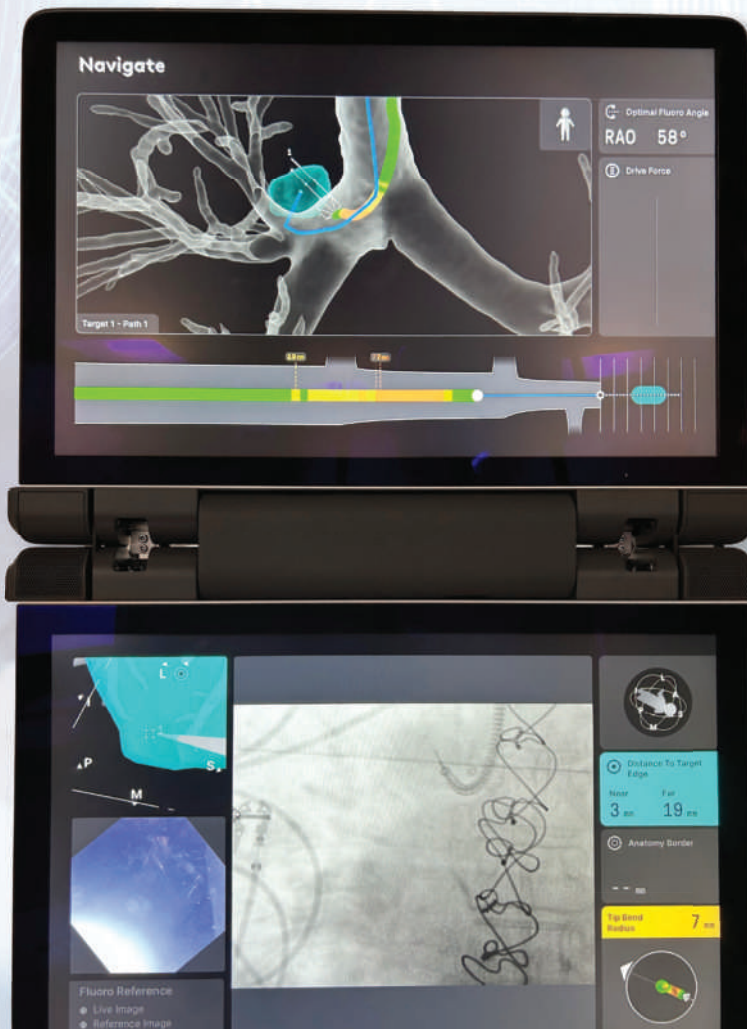
It also allows Dr. Jona to ease the patient’s concerns or fears and focus on the course of treatment they want to pursue whether that is surgery or radiation treatment.

Advancements in thoracic surgery and robotic-assisted procedures have greatly improved the treatment of lung cancer by McLeod Cardiothoracic Surgeons. In addition, McLeod has a da Vinci Xi robot dedicated exclusively to thoracic surgical cases in one of its Heart and Vascular Operating Rooms.

If a patient chooses radiation treatment for lung cancer, the McLeod Radiation Oncology team utilizes Stereotactic Body Radiation Therapy (SBRT). An advanced form of treatment, SBRT delivers precisely-targeted radiation with sub-millimeter accuracy in a fewer number of treatments offering patients more convenience and a better quality of life.

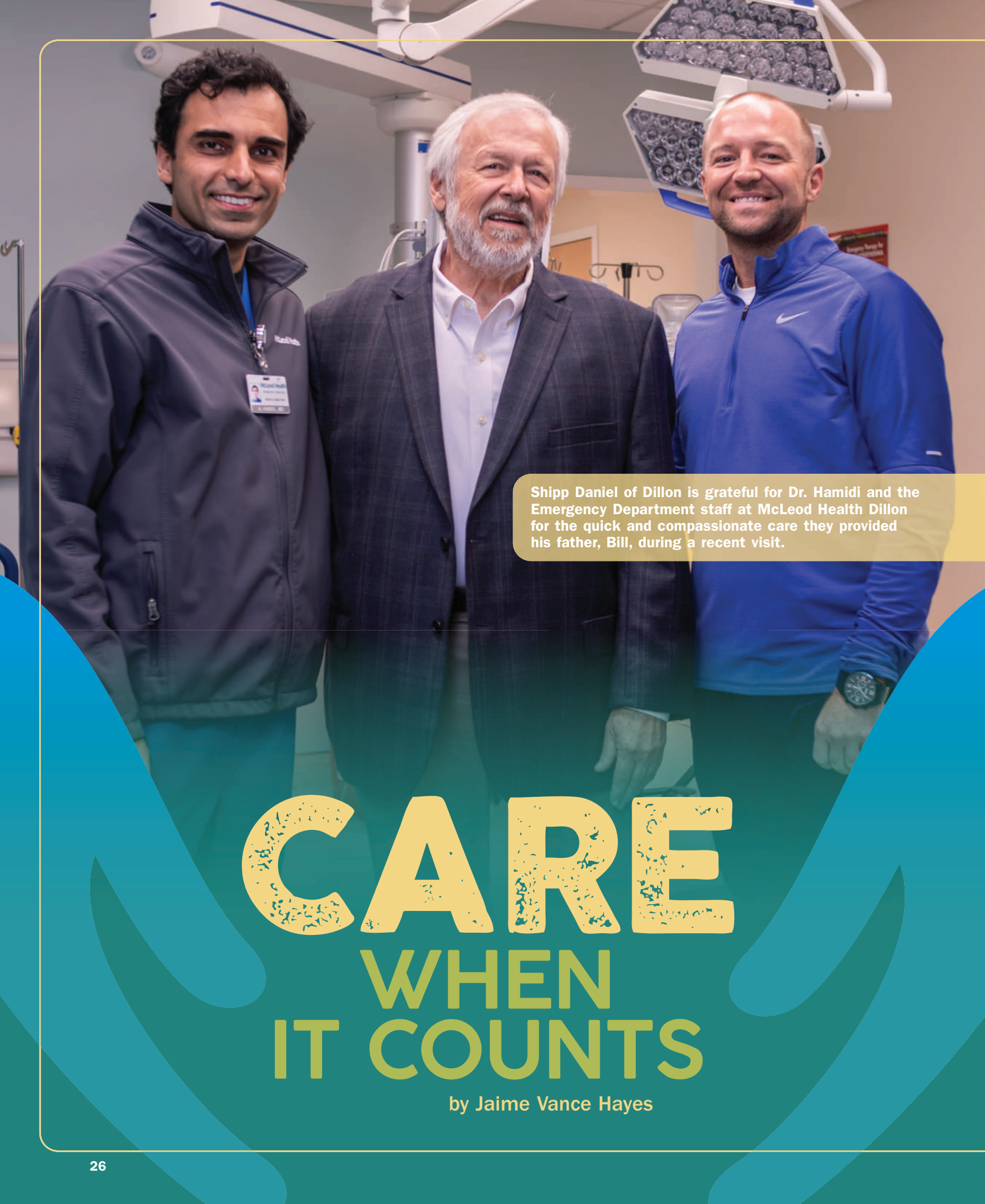
“The added benefit of offering robotic-assisted surgery and SBRT for lung cancer at McLeod further strengthens the comprehensive lung cancer program we offer to patients from the midlands to the coast,” added Dr. Jona. “We continue to make incredible strides with our low-dose CT lung screenings, the lung nodule clinic and virtual multidisciplinary conferences which involve the patient and family in the decision-making. The addition of the Ion system to our lung program significantly improves the detection of lung cancer in its earliest stages and assists us in providing patients with a more precise diagnosis and the best course of treatment.”

For more information on the detection and treatment of lung cancer, please call the McLeod Healthy Lungs Initiative at (843) 777-5953.



**The Ion Endoluminal Platform allows the team to build a dynamic 3D map of the patient’s lungs to navigate the safest and most efficient path to the targeted nodule for biopsy.**





Shipp Daniel of Dillon is grateful for Dr. Hamidi and the Emergency Department staff at McLeod Health Dillon for the quick and compassionate care they provided his father, Bill, during a recent visit.

# CARE WHEN IT COUNTS

by Jaime Vance Hayes



Dillon resident Bill Daniel awoke from a Sunday afternoon nap disoriented and unable to form coherent thoughts. Concerned that Bill may be suffering a stroke, his family rushed him to the Emergency Department at McLeod Health Dillon.

“When we arrived at the Emergency Department, we were met by a kind receptionist who immediately called for a nurse,” recalls Bill’s son Shipp. “Allison Walton quickly got him into a room and went to work on Dad.”

**Dr. Amid Hamidi** was the attending physician that afternoon. “Bill presented with a severe headache and confusion, alerting us of a possible stroke. Time was of the essence.”

Bill’s family members had convened in the lobby, nervous and scared. “Dr. Hamidi gathered us all together and explained what was happening with Dad,” said Shipp. “He patiently and confidently answered all of our questions.”

“When a patient presents with any stroke-like symptoms, a stroke alert is called,” said Dr. Hamidi. “This alert quickly gathers the team and gets the patient the resources they need for timely intervention.”

During the next few hours, as Bill underwent a CT scan, lab work and a stroke consult through the hospital’s telemedicine network, Dr. Hamidi kept the family informed of his condition. “The comfort this provided us in the midst of the uncertainty and fear we were experiencing cannot be overstated,” recalled Shipp.

Bill was transferred to McLeod Regional Medical Center in Florence as a precaution later that day.

“Thankfully and perhaps a bit miraculously, Dad woke up the next morning finally able to speak coherently,” said Shipp. He stayed several days in the hospital to recover.

“On one of those days, Dr. Hamidi came in to check on Dad,” said Shipp. “We assumed he was in Florence seeing patients, but he had just stopped by to check in on Dad. That made a lasting impression on our entire family.”

Bill’s family is thankful he recovered from this frightening episode and is doing well today.

“Dr. Hamidi and his staff met us at a moment of great fear and uncertainty and guided us with such compassion and empathy,” said Shipp.

“Dillon is blessed to have Dr. Hamidi and McLeod in the community to care for patients. While our family hopes to never have to go back to the Emergency Department, if we do, we know we will be in excellent hands.”

## WHEN IT COMES TO **STROKE**

**BE FAST**  **CALL 911**

**ANY ONE OF THESE SUDDEN SIGNS  
COULD MEAN A STROKE**

Stroke is a disease that affects the arteries leading to and within the brain. It is the fifth-leading cause of death and a leading cause of disability in the United States.

A stroke occurs when a blood vessel that carries oxygen and nutrients to the brain is either blocked by a clot or bursts. When that happens, part of the brain cannot get the blood and oxygen it needs, so brain cells die.

Use the acronym **B.E. F.A.S.T.**  
for recognizing stroke:

- B** **BALANCE** WATCH FOR SUDDEN LOSS OF BALANCE
- E** **EYES** CHECK FOR VISION LOSS
- F** **FACE** LOOK FOR AN UNEVEN SMILE OR FACE DROOPING
- A** **ARMS** CHECK IF ONE ARM IS WEAK
- S** **SPEECH** LISTEN FOR SLURRED SPEECH
- T** **TIME** CALL 911 RIGHT AWAY



PHYSICIAN & AUTHOR:  
**DR. ROBERT SAVAGE**  
A RECOGNIZED NAME IN CARDIAC ANESTHESIA

by Tammy White



McLeod Anesthesiologists  
Dr. Robert Savage,  
Dr. Yaroslav Yatsky and  
Dr. Dan Fox are pictured  
with Dr. Savage's third  
edition of his textbook.



An Anesthesiologist with the McLeod Heart and Vascular Institute, **Dr. Robert Savage** has dedicated his career to developing the field of perioperative echocardiography. His years of experience has given him a unique perspective in both specialties of cardiology and anesthesiology.

In 2005, Dr. Savage partnered with fellow anesthesiologist Dr. Saul Aronson in the creation of the textbook, *Comprehensive Textbook of Intraoperative TEE*, to assist candidates sitting for the National Board of Echocardiography certification. This project was the culmination of several years of dedicated writing and editing.

“My wife Cheri is a saint,” said Dr. Savage. “Even on vacation I would have stacks of paper to work through for the book. I had her enduring support throughout the entire process. I could never have achieved it without her.”

Five years later, Dr. Savage and Dr. Aronson released a second edition. This time they were joined by five physicians working on the textbook because according to Dr. Savage, “Part of the responsibility of leading is mentoring one’s replacement.”

In October 2022, this same group of physicians released the third edition of the textbook, *Savage & Aronson’s*

*Comprehensive Textbook of Perioperative and Critical Care Echocardiography*, which had grown to over 900 pages in length. This latest edition was thoroughly revised to reflect new advances in the field of echocardiography.

Dr. Savage also serves as a visiting professor for the Nanjing First Hospital in Nanjing, China. It is no surprise that both the first and second editions have been published in China as well, and it is likely that the third edition will also be released in China.

These textbooks have been life-long projects for Dr. Savage and his colleagues. They have assisted in propelling the profession of anesthesia forward.

“This has been a remarkable journey for me and a true labor of love,” said Dr. Savage. But for him, Dr. Savage says, “This last book may be my final edition as an active editor. It is time to pass the torch to one of our up-and-coming colleagues.”

The three textbooks are just a small portion of Dr. Savage’s life’s work. Dr. Savage has published more than 55 medical articles and nearly 50 other textbook chapters and has edited 15 educational DVDs. He also served on the American Society of Echocardiography’s Board of Directors and as one of the founding members of the National Board of Echocardiography.

Dr. Savage came to McLeod in 2016, joining the McLeod Heart and Vascular Institute in Cardiothoracic Anesthesia and serving as the Medical Director of Critical Response. He also continues in the role of Emeritus Consultant Faculty for the Cleveland Clinic Heart and Vascular Institution.

Throughout his career, Dr. Savage has achieved many awards and honors. A couple of his most recent include the 2021 Presidential Lifetime Outstanding Service Award from the Society of Cardiovascular Anesthesiologists and the 2017 American Society of Echocardiography Outstanding Achievement in Perioperative Echocardiography Award.

**Dr. Dan Fox**, a McLeod Anesthesiologist, is honored to work alongside Dr. Savage. “He was instrumental in establishing standards for National Board Certification in Perioperative Echocardiography and has spent 20 years teaching courses across the United States that ultimately improved cardiac surgery care delivered to patients.

“Dr. Savage is the most recognized name in cardiac anesthesia. We are very fortunate he and his wife decided to move south and join the McLeod Heart and Vascular Institute team,” added Dr. Fox.



The physicians of Nanjing First Hospital in Nanjing, China, pictured with Dr. Savage and the second edition of Dr. Savage’s textbook that was released in China.





**MOVING  
FORWARD**

**together**

by Shaw Thompson

Francina Kinsey overcomes health challenges and daily struggles through trust in her provider, Lisa Castles, PA-C.



When you meet Francina Kinsey, two things are immediately noticeable - her mischievous eyes and bright smile. She wears a shy, happy expression despite dealing with significant health concerns: diabetes, high blood pressure, walking with a leg prosthetic and depression.

Because Francina brought these concerns to the careful attention of her trusted primary care provider, **Lisa Castles, PA-C**, she is making great strides toward enjoying life to the fullest.

"Before I came to Mrs. Lisa, I was in a dark place," said Francina, "I was stubborn and hardheaded, just completely out of whack. I knew I could not get better on my own."

A resident of Lake City with limited mobility and transportation, Francina needed care nearby and with someone who would be a kind listener and guide. She found all of these qualities in Lisa at McLeod Primary Care Lake City, located only a few minutes from her residence.

"Lisa really listened to me, never talked over me and answered my questions," recalled Francina. "I had already had my right leg amputated and wanted to make sure I did not lose the other one. It wasn't easy, but I trusted Lisa completely, and I still do."

For McLeod Certified Physician Assistant Lisa Castles, working with patients like Francina is what makes being a primary care provider so rewarding.

"I love interacting with people and working with them to achieve goals," said Lisa, who has served the Lake City area alongside **Dr. David Moon** and **Dr. Daniel DeCamps** for more than two decades.

"Prevention is always our top priority. We strive to help our patients avoid illness or potential complications of an illness so they can lead healthy lives.

"Caring for patients is similar to piecing together a puzzle with no reference picture to guide you," continued Lisa. "As a rural family medicine advanced practice provider, sometimes I am presented with all the pieces by listening to my patient's complaints, taking a thorough history, performing exams and getting diagnostics. Some patients require referrals and need the expertise of other specialists. It can be a challenge to coordinate, but it is all necessary to complete 'the puzzle,' find the correct diagnosis and initiate the best treatment plans."

Through Lisa's attentiveness to Francina's health, coupled with clinical testing and examinations, Francina's quality of life has significantly improved. Additionally, Francina has avoided further complications from her chronic conditions.

"Even after I had some things under control, I went through a stage of depression following my husband's death in 2020," said Francina.

"I did not want to do anything. Lisa said I had to get out and move. She encouraged me to become involved in the Lake City Community Center, to be around people every day, and I have been there ever since."

Caring for the whole person, beyond tests and medications, is the key to successful primary care.

"I value my role in the whole process," said Lisa. "It is a blessing to serve my patients and their families. I am honored to work with our amazing staff, providers and other specialists, all the while still believing I can make a difference. God's steadfast guidance keeps me going 26 years later."

Through regular appointments and efficient access when urgent needs arise, Francina can keep smiling and moving forward, with hands of service to help guide her journey.

"Lisa has a heart of gold, and she goes above and beyond to help you," said Francina. "Whether I am doing okay, or things go bad or start to hurt, I don't have to figure it out myself. I have Lisa, and if she cannot address it, she knows someone who will."

**"LISA REALLY LISTENED TO ME, NEVER TALKED OVER ME AND ANSWERED MY QUESTIONS. IT WASN'T EASY, BUT I TRUSTED LISA COMPLETELY, AND I STILL DO."**

**-Francina Kinsey**





Tina Worlock and Sunny Stokes, RN, discuss the best options for making a balanced plate at mealtimes.

# In Charge & In Control

by Tracie Foster

The white paper crinkles as you situate yourself on the exam table.

You just had a yearly wellness check-up and are waiting for your doctor to return with your lab results from the previous week.

Knowing that diabetes runs in your family and living with type 2 diabetes yourself, the doctor ordered an A1C blood draw.

Today, you all will find out how well you have been managing your type 2 diabetes.

“Let’s see what your A1C level is,” states your doctor, as he reviews the report. You hope your level is within the normal range of seven percent or less, but you see a look of concern on your doctor’s face. You immediately realize something is not right.

This is a familiar scenario for Tina Worlock. “No one wants to hear that their A1C is 15 percent, which is an alarmingly high level and if left uncontrolled, could lead to serious complications,” says Tina.

“I didn’t hear much after my doctor uttered those words. Like anyone else, I started thinking, ‘why me?’ But the moment the thought crossed my mind, I decided not to let this disease run my life. Diabetes was not in charge of me; I was in charge of it.”

Although Tina was no stranger to diabetes, she never dreamed her A1C would be at this level.



More than 37 million Americans have diabetes and approximately 90 percent have type 2 diabetes, according to the Centers for Disease Control and Prevention.

Type 2 diabetes develops when cells do not respond normally to insulin, a hormone made by the pancreas that acts like a key to let blood sugar into the cells for the body to use as energy. This is known as insulin resistance.

As a result, the pancreas makes more insulin in an attempt to get cells to respond. Eventually, the pancreas cannot keep up, causing blood sugar levels to rise and setting the stage for prediabetes and type 2 diabetes.

Tina's doctor referred her to the McLeod Diabetes Center.

Since opening its doors in 1999, the McLeod Diabetes Center has provided people with diabetes the education and tools needed to better manage their health, including:

- Inpatient and outpatient diabetes education
- Comprehensive diabetes evaluations
- Diabetes and insulin self-management education
- Medical nutrition therapy
- Gestational diabetes management
- Insulin pump training

The McLeod Diabetes Center is recognized by the American Diabetes Association (ADA), the Diabetes Initiative of South Carolina, and the Association of Diabetes Care & Education Specialists for achieving national and state standards of diabetes education.

"I knew uncontrolled diabetes could lead to blindness, poor circulation and kidney disease," said Tina.

"I wasn't sure what new information the McLeod Diabetes Center could share with me that I didn't already know."

**“ I WAS NOT GOING TO LET THIS DISEASE RUN MY LIFE. IT WAS NOT IN CHARGE OF ME, I WAS IN CHARGE OF IT.”**

**-Tina Worlock**

At Tina's initial appointment, she met with Sunny Stokes, Registered Nurse and Diabetes Care Manager.

They discussed Tina's A1C level, ways to bring it down to a normal range, as well as how to assemble a balanced plate at mealtimes and healthy snack options.

"A patient's first appointment is very thorough, which is crucial for creating a customized plan that meets their needs," said Sunny. "With Tina, we immediately identified a few barriers standing in her way of success and discussed strategies for overcoming those obstacles."

By the end of her first appointment, Tina realized there were many things she did not know about type 2 diabetes. Sunny reminded Tina that changing her mindset was key to maintaining healthy behaviors such as balanced meals and exercise.

Within two months of beginning her journey with the McLeod Diabetes Center, Tina reduced her A1C from 15 percent to 7.7 percent. Her most recent results show an A1C level of 5.7 percent.

"It has been a pleasure taking part in Tina's care, and I look forward to seeing

her check off each goal and meet challenges as they arise," said Sunny. "Perhaps the most rewarding of all is seeing firsthand Tina's newfound confidence and energy."



**Tina is thankful for the support she received from Sunny and the McLeod Diabetes Center team.**



# CATCHING UP WITH THE CANHAMS

by Jennifer Beverly

Otolaryngologist Dr. Sarah Lookabaugh Canham and Orthopedic Surgeon Dr. Colin Canham chose sand over snow when they decided to relocate from Rochester, New York to Myrtle Beach, South Carolina. Being closer to family and friends made the decision to move to the coast easy for the Canhams.



McLeod Orthopedic Surgeon  
Dr. Colin Canham and McLeod  
Otolaryngologist Dr. Sarah Lookabaugh  
Canham are enjoying the coastal life  
with daughter, Alexandra.



## DR. SARAH LOOKABAUGH CANHAM, McLEOD OTOLARYNGOLOGIST

Board Certified in Otolaryngology – Head and Neck Surgery, **Dr. Sarah Lookabaugh Canham** joined McLeod ENT Seacoast in Little River from Rochester Regional Health System in Rochester, New York.

“I always knew I wanted to be a physician,” said Dr. Lookabaugh Canham. “My love for science and biology guided me to medical school where I decided to specialize in Otolaryngology.”

An identified medical specialty since the 19th century, Otolaryngology is one of the oldest medical specialties that involves the diagnosis and treatment of patients with diseases and conditions of the ears, nose, throat, head and neck.

Otolaryngologists, or Ear, Nose and Throat (ENT) Specialists, are not only medical doctors who can treat your sinus headache, child’s swimmer’s ear, or dad’s sleep apnea, they are also surgeons who perform extremely delicate operations to restore hearing of the middle ear; open blocked airways; remove head, neck, and throat cancers, and rebuild these essential structures.

Dr. Lookabaugh Canham treats patients of all ages but has a special interest in pediatrics. “The most common pediatric surgical procedures include ear tubes, tonsillectomy and adenoidectomy which help treat recurrent infections in the ear, nose and throat,” shared Dr. Lookabaugh Canham.

“These treatment options are performed in the hospital and patients go home the same day.”

Obstructive sleep apnea (OSA) is another specialty Dr. Lookabaugh Canham treats. “This is a common condition that prevents patients from getting enough oxygen while sleeping,” said Dr. Lookabaugh Canham. “In practical terms, OSA is a disorder where breathing repeatedly stops during sleep.” There are surgical and non-surgical treatment options for OSA. Without treatment, sleep apnea can greatly increase the risk of heart disease and stroke.

## DR. COLIN CANHAM, McLEOD ORTHOPEDIC SURGEON

Along with his wife, Hip and Knee Specialist **Dr. Colin Canham** joined McLeod Health and cares for patients at McLeod Orthopaedics Seacoast in Little River and Carolina Forest.

As a fourth-generation physician, Dr. Canham was exposed to the medical field early in life, but it wasn’t until college that he decided to follow in his father’s footsteps and become an Orthopedic Surgeon.

Board Certified in Orthopedic Surgery, Dr. Canham specializes in adult hip and knee reconstructive surgery.

Treating patients with total hip and knee replacements and complex revision joint replacements, Dr. Canham performs minimally invasive procedures like direct anterior hip replacement surgery and robotic-assisted knee surgery.

“While similar to the traditional knee replacement where the orthopedic surgeon removes damaged knee tissue and replaces it with an artificial joint,

robotic-assisted surgery allows for a more precise, tailored approach that respects each patient’s unique anatomy,” said Dr. Canham.

When performing hip replacement surgery, Dr. Canham prefers the direct anterior approach. The incision is made on the front of the patient’s hip, allowing the orthopedic surgeon to replace the joint without detaching muscles and tendons.

“Research has shown faster recovery, less pain, better implant positioning and lower risk of dislocation with this approach.” said Dr. Canham.

“Regardless of the surgical approach, hip replacement remains one of the most successful operations in all of medicine and is incredibly rewarding to perform.”

Dr. Sarah Lookabaugh Canham and Dr. Colin Canham have a daughter, Alexandra, and chocolate lab named Oliver. They enjoy playing golf, tennis, traveling and are settling into their new home in Myrtle Beach.

**Dr. Colin Canham of McLeod Orthopaedics Seacoast demonstrates how using 3D software during robotic-assisted knee surgery provides precise positioning of the knee implant, which results in seamless movement and balance.**







# PARTNERS IN SUPERIOR SURGICAL CARE

by Carrie Anna Strange

**McLeod Surgery Center Wesmark's 12,000-square-foot facility is equipped with the latest technology, along with two operating rooms, four procedure rooms, and 17 pre- and post-operative recovery rooms.**

McLeod Health has expanded its reach into the Sumter community through a partnership with Wesmark Ambulatory Surgery Center, LLC, to offer exceptional multi-specialty ambulatory surgery services to the midlands and beyond.

Wesmark Ambulatory Surgery Center (WASC) began operations in March 2004 as a single-specialty facility owned by three local urologists in the Sumter community. Two additional physician partners joined Wesmark in May 2007. The local surgeons had the goal of expanding access to quality surgical care to the residents of Sumter County. Wesmark currently has eight providers and 47 staff members.

Ambulatory Surgery Centers (ASCs) are healthcare facilities that provide patients access to high quality surgical services in an outpatient setting.

Patients treated at ASCs do not require an overnight hospital stay and may go home the same day of their surgical procedure to recover in the comfort of their home.

ASCs have transformed the outpatient experience for patients by providing them with a more convenient alternative to hospital-based outpatient procedures.

ASCs provide patients several advantages over traditional hospital-based surgical procedures, including shorter wait times and lower costs.

Located at 420 West Wesmark Boulevard in Sumter, South Carolina, the facility is now known as McLeod Surgery Center Wesmark and continues to provide access to multi-specialty surgery in Ear, Nose and Throat (ENT), Gastroenterology, Ophthalmology, Orthopedics and Urology.

**Dr. Kent Cunningham** serves as President of McLeod Surgery Center Wesmark's Board of Managers. Dr. Cunningham graduated from the University of Illinois Urbana-Champaign and continued his medical education at the University of Illinois Chicago, where he received his medical degree.





The goal of this partnership is to bring more specialists and providers to the Ambulatory Surgery Center to meet the surgical needs of our growing community."

This alignment will ensure the future growth of specialty care and medical expertise offered to the midlands and beyond. The current providers **Dr. Floyd Angus, Dr. Kent Cunningham, Dr. Paul Evangelisti, Dr. James A. Goodson, Dr. Gregory A. King, Dr. David Lovice, Dr. Scott R. McDuffie and Dr. Vijay P. Pinto** continue their medical leadership and support the vision.

Stephanie Champion continues to serve in her role as Ambulatory Surgery Center Administrator.

"The mission and values of these two partners are extremely complementary," said Julie Hamberis, McLeod Health Vice President of Ambulatory Services. "This partnership is yet another way for McLeod Health to deliver top-quality healthcare to this community through the hands and hearts of these local providers. McLeod Surgery Center Wesmark is equipped with the latest technology, along with two operating rooms, four procedure rooms, and 17 pre- and post-operative recovery rooms.

"McLeod Health is committed to fulfilling its mission to improve the health and well-being of the region and continually developing plans to expand services, medical staff and medical capabilities to provide the very best in healthcare to the patients we are privileged to serve."

**McLeod Surgery Center Wesmark provider Dr. Kent Cunningham joined Wesmark in 2010 and serves as the President of McLeod Surgery Center Wesmark's Board of Managers.**

He completed his internship and residency in Internal Medicine at the Medical University of South Carolina in Charleston and attended the Medical College of Georgia where he received a fellowship in Gastroenterology. He has been a partner at Wesmark Ambulatory Surgery Center since October 2010.

"The partnership with McLeod Health brings new life to Wesmark Ambulatory Surgery Center," said Dr. Cunningham.

Julie Hamberis, BSN, MBA, MHA, McLeod Health Vice President of Ambulatory Services, has been in healthcare for more than 28 years and has served in various roles such as ASC clinical director, surgical trauma/orthopedic coordinator, director of surgical services and associate vice president of surgery/ambulatory services. Her areas of previous oversight included inpatient surgery, outpatient surgery, ambulatory surgery, pain management, anesthesia and endoscopy, with responsibilities in operations, financial management and performance improvement for surgical services.

As Vice President of Ambulatory Services, Julie is responsible for the daily operations and strategic growth of ASCs in the McLeod Health service area.

Julie serves active roles in numerous organizations, including the Accreditation Association for Ambulatory Health Care (AAAHC), Association of periOperative Registered Nurses (AORN), DNV, Ambulatory Surgery Center Association (ASCA), and the South Carolina Ambulatory Surgery Center Association (SCASCA).

Julie is a proud member of Sigma Theta Tau International Honor Society for nursing.

Julie is an avid supporter for Three Rivers Respite, a respite camp for foster families and the House of Hope of the Pee Dee HOPE village. Julie resides in Florence, SC with her husband Jerry. They have three children - Megan (22), TJ (21) and Jackson (14).

**Julie Hamberis,  
BSN, MBA, MHA**





# THE GUEST

The comfort and convenience of The Guest House at McLeod made all the difference in Carey Johnson's cancer treatment.



# HOUSE AT MCLEOD: COMFORT AND COMMUNITY SINCE 1995

by Weston Nunn

Cancer. In April 2022 these two syllables hit Carey Johnson like twin blows from a sledgehammer, plunging his heart into his stomach and unleashing a roaring flood of questions in his mind.

What will treatment be like? What about my family? What are my odds of survival? Is my time up?

“It is bad enough to have cancer,” Carey remembers, “But all the other things take a toll, too, like even getting to treatment.”

With his car in the shop, repairs indefinitely stalled by the global supply chain crunch, making the 50-mile round trip between Carey’s home in Hartsville and the McLeod Center for Cancer Treatment and Research in Florence would be a nearly insurmountable barrier. His treatment called for multiple round trips per week over two months, and even were his car in working order, the price of gasoline was at a prohibitive level.

The cards seemed stacked against Carey’s recovery until he heard about The Guest House at McLeod, located directly across the street from McLeod Regional Medical Center.

Since opening in 1995, it has offered comfortable rooms, a common area, and a fully equipped kitchen to out-of-town patients and their families.

Entirely funded by the community’s donations to the McLeod Health Foundation, the Guest House provides this necessary support for a fraction of the price of a hotel room, which would have been “devastating” for Carey’s finances.

Though Carey estimated that staying at the Guest House saved him \$700 per week, considerably reducing his anxiety, it was his comfortable and pleasant experience at the Guest House that made all the difference for him. After a chemotherapy session, for example, he could rest in his room rather than having to battle nausea and fatigue on a long drive back home, which would have been detrimental to his recovery and dangerous for everyone on the road.

The Guest House also provided the opportunity for him to connect with other McLeod patients and their families from various walks of life. “I got to know a family from out of town,” Cary recalled with a smile.

“They cooked the absolute best Chinese food I have ever had.”

Aside from sharing meals and stories, the attentiveness and compassion of McLeod staff impacted Carey the most. “I could not think of a better place to stay,” he said. “I never had to ask for anything. I could just focus on getting better, and that was a relief.”

He heaped special praise on Penny Simmons, the social worker who informed him of the Guest House and arranged his stay, and Michael Trott, the Guest House’s Resident Director, who changed his original room assignment to one closer to the kitchen and further reduced the already low nightly rate to keep Carey’s continued and necessary stay affordable.

Carey’s last chemotherapy session was just before Thanksgiving, and as he prepared to depart, he offered a few final reflections on the previous eight weeks.

“The Guest House removes the burden for patients and families and creates a sense of normalcy and calm. It is a blessing all the way around to have stayed here. It was just like being at home.”

**“The Guest House removes the burden for patients and families and creates a sense of normalcy and calm. It is a blessing all the way around to have stayed here. It was just like being at home.”**

- Carey Johnson



# McLeod News

## Enhancing Neurosurgical and Spine Care

by Kristie Salvato Gibbs

*The body is a remarkable machine. The brain, spine and nervous system control so much of what we do. Taking care of these delicate, complex areas requires precision, decisiveness and exceptional skill.*

Dedicated to caring for our communities locally in the regions we serve, McLeod Health recently announced the addition of Florence Neurosurgery and Spine Center to McLeod Physician Associates.

This partnership enhances the already extensive range of services offered at McLeod Health.

With this outstanding alignment of the medical practice and hospital system, patients of **Florence Neurosurgery and Spine at McLeod Health** will continue to receive extraordinary care along with convenient access to the McLeod Health system of advanced services and specialists.

Florence Neurosurgery and Spine Center established their history of caring for the neurosurgical and spine needs of patients in 1995.

The practice, founded by **Dr. Andrew Rhea**, has continued to expand, adding providers and services throughout the years.



The Neurosurgeons and Physicians of Florence Neurosurgery and Spine at McLeod Health include (from left to right): Dr. Chadley Runyan, Dr. Barbara Sarb, Dr. Andrew Rhea, Dr. William Naso, Dr. Thomas “Tripp” Hines, and Dr. Meenakshi Pande. They are supported by a specialized team of Physician Assistants, Nurse Practitioners and Therapists.



# Florence Neurosurgery and Spine at McLeod Health provides comprehensive diagnosis and treatment of brain, spine and peripheral nerve conditions.

## Conditions treated include:

- Brain and Spinal Tumors
- Head and Spine Trauma
- Stroke
- Aneurysms
- Parkinson's Disease
- Epilepsy and Seizures
- Traumatic Brain Injuries
- Trigeminal Neuralgia
- Carpal Tunnel
- Degenerative Disc Disease
- Herniated Discs
- Spinal Stenosis

“By joining McLeod Health, we have partnered with a health care system committed to high quality, one that provides state-of-the-art care for our patients and community,” said **Dr. William Naso**, Neurosurgeon with Florence Neurosurgery and Spine at McLeod Health and Medical Director of Neurosciences at McLeod Health. “Through our continued partnership with McLeod Health, we have the resources and support necessary to further expand our neurosciences services.”

Florence Neurosurgery and Spine at McLeod Health provides comprehensive neurosurgical and spine care using cutting-edge technology, advanced diagnostics and minimally invasive techniques.

Additionally, they offer interventional pain management, endocrinology care, physical

therapy services and specialized on-site imaging services for both diagnostic imaging and minimally invasive treatments.

The Florence Neurosurgery and Spine at McLeod Health team of neurosurgeons, physicians, advanced practice providers and therapists include: Neurosurgeons **Dr. Andrew Rhea**, **Dr. William Naso** and **Dr. Thomas “Tripp” Hines**; Interventional Pain Management Specialist **Dr. Barbara Sarb**; Sports Medicine and Spine Care Specialist **Dr. Chadley Runyan**; Endocrinologist **Dr. Meenakshi Pande**; Physician Assistants Catherine Soriano, Lindsay Powell and Heather Williams; Nurse Practitioners Wade Rowell, Nerissa Vahle and Tona Tedder; Physical Therapists Maggie Elizabeth Moore-Price and Tulsi Patel; and Physical Therapy Assistant Lynsey Cook.

“Florence Neurosurgery and Spine Center is a highly-respected practice that has served our community for many years,” said Will McLeod, CEO of McLeod Regional Medical Center. “Partnering with these physician leaders enables McLeod to continue meeting and exceeding national standards in quality patient care.”

From diagnosis to non-surgical and surgical treatment options to rehabilitation, the providers of Florence Neurosurgery and Spine at McLeod Health are committed to delivering advanced medical care to help patients enjoy a better quality of life for years to come.



# McLeod News

## CEO Leadership Change at McLeod Health Dillon



**Jenny Hardee,  
MSN, RN**

Jenny Hardee, MSN, RN, has been named the Chief Executive Officer (CEO) for McLeod Health Dillon.

This transition reflects an organizational opportunity to see McLeod relationships evolve with the community, medical staff, and patients, while remaining the Dillon area's choice for medical excellence.

Hardee joined McLeod Health in 2005 as the Chief Nursing Officer (CNO) for McLeod Health Darlington, and previously served as Interim Administrator of McLeod Health Cheraw during a leadership transition. She also served as Administrator of McLeod Health Darlington.

Her clinical background includes experience as a staff nurse, nurse manager and clinical leader as the corporate Vice President of Occupational Health. She has also worked as a school nurse and clinical instructor for the nursing program at Florence-Darlington Technical College.

Hardee looks forward to serving the staff and patients of McLeod Health Dillon.

"In this role, my goal is to serve alongside the staff and community to ensure the availability of excellence and quality medical care to the residents of Dillon and surrounding counties."

Hardee received her Associate Degree in Nursing from Florence-Darlington Technical College. She also earned her Bachelor of Science Degree in Nursing and a Master of Science in Nursing from the Medical University of South Carolina School of Nursing.

Hardee and her husband, J. Todd Hardee, reside in Darlington. They have two sons and two grandchildren.

## McLeod Health Continues to Expand Along the Coast



The new home of McLeod Orthopaedics Seacoast, McLeod Cardiology Associates and McLeod Health Seacoast Cardiac Rehabilitation.



Providers, staff and leadership cut the ribbon on McLeod Seacoast Medical Park Building 2.



The new home of McLeod Digestive Health Center Seacoast, McLeod Loris Seacoast Surgery, McLeod OB/GYN Seacoast, McLeod Orthopaedics Seacoast, McLeod Pulmonary and Critical Care Seacoast, McLeod Rheumatology Seacoast and McLeod Rehabilitation Services.



Ronald Fowler, McLeod Health Board of Trustees Chair; providers; staff and leadership cut the ribbon on McLeod Carolina Forest Building 3.



# McLeod MyChart

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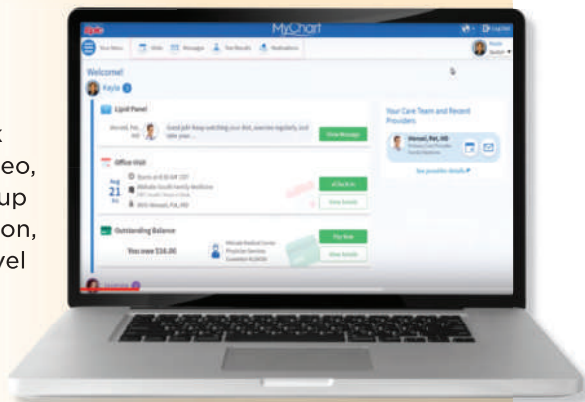
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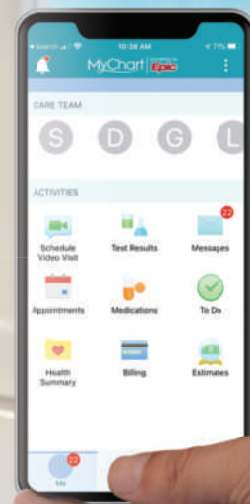
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