

# COVID-19 NEWS & UPDATES



## ADOLESCENTS APPROVED TO RECEIVE THE COVID-19 VACCINE

The FDA expanded the emergency use authorization for the Pfizer COVID-19 Vaccine to include adolescents from 12 to 15 years of age.

### Benefits:

- Safe and highly effective in preventing COVID-19
- May prevent serious illness even if you do get COVID-19
- Vaccine is well tolerated by this age group
- Allows students to safely return to school
- Allows for safe gathering with friends and family

## DOMESTIC & INTERNATIONAL TRAVEL UPDATES

<b>DOMESTIC TRAVEL</b> Recommendations and Requirements	<b>Not Vaccinated</b>	<b>Fully Vaccinated</b>
Get tested 1-3 days before travel	X	
Get tested 3-5 days after travel and Self-quarantine 7 days. Self-quarantine for 10 days if you don't get tested	X	
Self-monitor for symptoms	X	X
Wear a mask and take other precautions during travel	X	X

<b>INTERNATIONAL TRAVEL</b> Recommendations and Requirements CDC recommends delaying international travel until you are fully vaccinated.	<b>Fully Vaccinated</b>
Get tested 1-3 days before travel	If required by destination
Get tested 3-5 days after travel	X
Self-monitor for symptoms	X
Wear a mask and take other precautions during travel	X



## SAFETY GUIDELINES FOR FULLY-VACCINATED INDIVIDUALS

New safety guidelines have been introduced by the CDC for those who are fully-vaccinated. You are considered fully vaccinated for COVID-19 two weeks after receiving the second dose in a 2-dose Vaccine from Pfizer or Moderna or two weeks after receiving a single-dose vaccine from Johnson & Johnson.

### Fully vaccinated people can:

- Visit other fully vaccinated people indoors without wearing masks or distancing
- Visit unvaccinated people from a single household who are at low risk for severe COVID-19 indoors without wearing masks or distancing
- Participate in outdoor activities without a mask, except in crowded settings
- Testing or quarantine unnecessary following an exposure, if asymptomatic
- Routine screening testing unnecessary, if asymptomatic

### For now, fully vaccinated people should continue to:

- Wear masks in indoor public settings or with unvaccinated people at risk for severe COVID-19
- Wear masks indoors with unvaccinated people from multiple households
- Avoid indoor large in-person gatherings
- Get tested if experiencing COVID-19 symptoms
- Follow guidance issued by individual employers

## UPDATED SAFETY GUIDELINES FOR FULLY VACCINATED HEALTH CARE PERSONNEL (HCP)

### What has changed:

- No work restriction necessary following a COVID exposure, if they are asymptomatic
- Follow the above guidelines for fully vaccinated individuals
- Can socialize in break rooms and conduct in-person meetings without mask or distancing. If unvaccinated HCP are present, wear mask and unvaccinated HCP should physically distance from others

### What has not changed:

- Healthcare facilities should continue to follow the infection prevention and control recommendations for unvaccinated individuals (e.g. quarantine, testing) when caring for fully vaccinated individuals with an immunocompromising condition
- All HCP should continue to use personal protective equipment
- Screening of patients and/or visitors regardless of their vaccination status
- Testing patients for COVID-19 on admission
- Universal masking for all patients/visitors/HC
- Continue to maintain a list of all vaccinated HCP



# McLeod Health

For the most up-to-date information on COVID-19, visit [McLeodCOVID.org](https://McLeodCOVID.org).