

Body Treatments

Seaweed Body Wrap* (50 minutes, \$70)

A mineral-rich gel that helps to eliminate lymphatic sluggishness and restore healthy body tone. Includes a Vichy shower.

Rosemary Citron Sea Salt Scrub* (50 minutes, \$70)

Sea salts, rich in mineral content, are blended with spicy Rosemary and Citrus essential oils to stimulate circulation and slough away dull, flaky skin. This invigorating scrub will soften the skin leaving the surface smooth and polished. Includes a Vichy shower and body masque wrap.

Body Bliss* (60 minutes, \$80)

This customized treatment includes a gentle exfoliation with organic sugar scrubs, a body mask, and the Vichy shower. A warm body butter massage to hydrate the skin is the finishing touch!

Natural Nail Therapy

Manicure \$25

Pedicure \$45

Mani-Pedi Combo \$60

Gel Manicure \$45

McLeod Signature Mani & Pedi*

Mani \$40.00 Pedi \$70.00 Combo \$90.00

This highly reparative manicure and pedicure begins with an aromatic soak of Sweet Birch to soothe and soften the skin, followed by an uplifting Rosemary Citron Sea Salt Scrub. A nutrient-rich seaweed gel is applied and wrapped in warm towels for deep repair and intense hydration. To finish, select either a Lemon Verbena cream infused with Omega -3 or Mighty Mint Cream to restore healthy circulation.

* Denotes services only available at the McLeod Health & Fitness Center location.

**Gift Packages and Waxing Services also available.

Spa Policies

Timing

In order to enhance your experience, please arrive 15 minutes prior to your scheduled appointment time. Enjoy fruit and herb infused water, hot tea, and refreshments in our private lounge.

Cancellations

Cancellations require a 24 hour notice or the total service will be charged. This includes no shows.

Gift Certificates

We offer a variety of gifts for all occasions. Gift certificates can be purchased for any dollar amount. They are non-refundable.

No Smoking Please

Smoking is not permitted to ensure a healthy environment. (All McLeod Health campuses are smoke-free.)

Considerations

To ensure the ultimate experience for yourself and other guests, please refrain from bringing children, cell phones, and beepers.

All prices are subject to change.

Gratuities are not included in the price and are always appreciated.

Like us @ McLeod Health Fitness and



Sports Medicine

The Spa
at McLeod

The Spa at McLeod Health and Fitness Center

2437 Willwood Drive, Florence, SC 29501
(843)-777-3200

Monday-Friday 9:00 am – 8:00 pm

Saturday 9:00 am – 6:00 pm

The Spa at McLeod

555 East Cheves Street, Florence, SC 29506
(843)-777-3203

Monday-Friday 10:00 am – 6:00 pm

Skin Care

Pure Results Facial (60 minutes, \$85)

Experience dramatic results with this skin conditioning treatment designed to correct inflammation, the primary cause of premature aging. The session begins with an exfoliating treatment to sweep away dead surface cells and impurities, followed by a layer of our Plant Stem Cell Booster Serum, clinically proven to diminish the appearance of fine lines and wrinkles while enhancing radiance, smoothness, and firmness.

Collagen Facial (60 minutes, \$90)

Nature's cure for moisture-deprived, devitalized skin. This hydrating facial immediately replenishes the skin with deeply hydrating botanical blends. A sensorial Soothing Hibiscus Enzyme Peel smooths and calms environmentally stressed skin. A collagen mask infused with hyaluronic acid is then applied to hydrate and plump the skin. A nourishing facial massage utilizing the Gotu Kola Healing Balm leaves skin radiant and protected from harsh environmental elements.

Microdermabrasion* (25 minutes, \$75)

Advanced technology designed to help refine and smooth the skin. After consistent treatments, the skin will have a smoother appearance.

MicroDeluxe* (60 minutes, \$125)

This includes a custom facial with the standard microderm treatment.

Custom Lift Treatment & Homecare Kit* (\$90)

Chemical and enzyme peels designed to address your individual needs ranging from fine lines and wrinkles, acne, and pigmentation. A homecare kit will be provided.

Waxing Services

Lip \$10	Upper Leg w/Bikini \$70
Chin \$10	Lower Leg \$50
Eyebrow \$20	Full Leg w/Bikini \$100
Cheek \$20	Arm \$55
Bikini \$40	Back \$65
Brazilian Bikini \$60	Underarm \$20

Micro-Lift & Homecare Kit* (\$150)

A dual treatment process of microdermabrasion combined with a chemical resurfacing solution for a more advanced result on problematic skin.

A homecare kit will be provided.

Back Facial (50 minutes, \$65)

A skin care treatment designed to deeply cleanse, exfoliate, and hydrate the skin of the back.

Customized to address the client's needs.

Express Facial (25 minutes, \$45)

Perfect mini-treatment for those on-the-go clients!

This facial is simply a brief version of our 50 minute signature facials and customizable to suit the needs of the client.

Eye Contour Treatment (15 minutes, \$25)

This intensive treatment is designed to reduce puffiness, under eye discoloration and the appearance of fine lines and wrinkles.

Hydrating Lip Treatment (15 minutes, \$15)

This deeply moisturizing treatment is designed to gently exfoliate dry, flaky skin and leave lips smooth and supple.

Massage Therapy & Body Treatments

Nirvana Stress Relief Massage (25/50/80 minutes, \$45/\$70/\$105)

This deeply revitalizing treatment uses aromatherapy and customized massage to unwind the body, reboot the mind and transform stress into balance. Choose between aromatherapeutic blends of exotic herbs and essences featuring such ingredients as warm and spicy Cardamom, hypnotic Neroli blossom, clarifying Balsam Fir needles or energizing Holy Basil to reinvigorate the senses and reboot the mind.

Maternity Massage

(25/50/80 minutes, \$45/\$70/\$105)

A much-needed, relaxing massage for the mom-to-be (only performed after the first trimester).

Rest & Renew Herbal Stone Massage* (50/80 minutes, \$80/\$115)

This treatment brings your body back into balance and increases circulation while using traditional massage techniques, hot stones and aromatherapy.

Wild Lime Scalp Treatment (25 minutes, \$35)

This scalp treatment is designed to promote relaxation, ease muscle aches and rebalance over-stressed nervous systems. Aromatic Wild Lime Revitalizing Scalp & Hair Oil is gently warmed and applied to the scalp, neck and shoulders to stimulate circulation and relieve muscle tension.

