McLeod Health Achieves Healthgrades 2019 Outstanding Patient Experience Award™

McLeod Health among the top 10 percent of U.S. hospitals for patient experience for three years in a row

McLeod Health – McLeod Regional Medical Center announced that it achieved the Healthgrades 2019 Outstanding Patient Experience Award™. This distinction recognizes McLeod Health - McLeod Regional Medical Center as being among the Top 10 percent of hospitals nationwide for patient experience for a third consecutive year (2017 - 2019), according to Healthgrades, the leading online resource for comprehensive information about physicians and hospitals.

Healthgrades evaluated 3,449 hospitals that submitted at least 100 patient experience surveys to the Centers for Medicare and Medicaid Services (CMS), covering admissions from January 2017 through December 2017, to identify hospital performance. Of those hospitals evaluated, 434 hospitals outperformed their peers, based on their patients’ responses, to achieve this distinction.

“Today’s consumers want quality healthcare that is convenient and cost-effective accompanied by a positive patient experience. They know they have a choice in who provides their medical care and which hospital they use. Therefore, they turn to resources like Healthgrades to review hospital and doctor ratings which help them make informed decisions,” said Marie Saleeby, Administrator of Mcleod Regional Medical Center. “We are pleased to receive this national recognition based on the leadership of our physicians and the work of the McLeod staff who are actively seeking ways to improve quality for the patients we serve. We will continue on this journey to medical excellence and will strive to bring the highest quality medical care possible to our region.”

Healthgrades evaluated hospital performance by applying a scoring methodology to nine patient experience measures, using data collected from a 32 question experience survey from the hospital’s own patients. The survey questions focus on patients’ perspectives of their care in the hospital. The topics of these questions ranged from cleanliness and noise levels in patient rooms to physician and nurse communication. The measures also include whether a patient would recommend the hospital to friends or family.

Continued on page 3
McLeod Regional Medical Center Receives Prestigious International Award

As part of its overall commitment to women’s health and care for expecting mothers, McLeod Regional Medical Center has received prestigious international recognition as a Designated Baby-Friendly® birth facility.

Baby-Friendly USA, Inc. is the U.S. authority for the implementation of the Baby-Friendly Hospital Initiative (“BFHI”), a global program sponsored by the World Health Organization (WHO) and the United Nations Children’s Fund (UNICEF). The initiative encourages and recognizes hospitals and birthing centers that offer an optimal level of care for breastfeeding mothers and their babies. Based on the Ten Steps to Successful Breastfeeding, this prestigious international award recognizes birth facilities that offer breastfeeding mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies.

As a Baby-Friendly hospital, McLeod Regional Medical Center has demonstrated that their policies and practices meet the gold standard for mother/baby care related to breastfeeding.

This designation also indicates that the hospital supports and promotes the importance of mother and infant bonding through skin-to-skin – placing baby on mom’s bare chest soon after delivery – and rooming-in – keeping the baby in the mother’s room during the hospital stay. While these practices promote bonding, skin-to-skin and rooming-in also offer many health benefits to both the mom and her baby.

“Achieving Baby-Friendly designation illustrates the hospital’s commitment to patient and family-centered care,” said Hart Smith, Vice President of Women’s and Children’s Services at McLeod Regional Medical Center. “The mission of Baby-Friendly USA aligns closely with that of McLeod Health as we provide quality care that has been proven to reduce risks to the baby and mother.

“For more than three years, our dedicated Women’s and Children’s teams have worked to improve and enhance the care received by mothers who deliver at McLeod Regional Medical Center, and this designation demonstrates our ongoing dedication to quality and safety,” continued Smith.

There are more than 20,000 designated Baby-Friendly hospitals and birth centers worldwide. Currently, there are 572 active Baby-Friendly hospitals and birth centers in the United States and 15 in South Carolina. The “Baby-Friendly” re-designation is given after a rigorous on-site survey is completed. The award is maintained by continuing to practice the Ten Steps as demonstrated by quality processes.

In addition to McLeod Regional Medical Center, McLeod Health Dillon is also a Designated Baby-Friendly birth facility.
McLeod Nurse Receives May DAISY Award

Miko Fulmore, a staff nurse in the Observation Unit, was recently named the May DAISY Award Recipient for McLeod Regional Medical Center. Fulmore, the 18th recipient of the DAISY Award, was nominated by a co-worker for the extraordinary care and compassion he showed to a pediatric patient.

To recognize those Nurses at McLeod Regional Medical Center who are true examples of Nursing Excellence, patients, family members and co-workers may nominate nurses for the DAISY Award for Extraordinary Nurses.

The award is part of the DAISY Foundation’s program to recognize the super-human efforts nurses perform every day.

On the nomination form, Miko’s co-worker wrote, “He has gone above and beyond for his patient, taking time to read him books, dance with him, and engage in play with him. It is not often that you see this level of compassion. He has worked extra shifts to ensure that this patient sees a familiar face and stays on schedule.

“Children with autism spectrum disorder often struggle in a hospital environment. Since meeting Miko, this patient has improved every day. Miko has taken the time to bond with this patient, getting to know him and advocating for his needs. People like Miko make me proud to be a McLeod employee.”

“McLeod has been honored nationally for its quality programs by a number of healthcare organizations,” explained Donna Isgett, Senior Vice President of Quality and Safety and McLeod Physician Associates. “We compare ourselves to the nation’s best in receiving measurable results and continuously strive to improve everything that relates to the care of the patient.”

McLeod physicians, staff and teams received additional top honors in 2019 from Healthgrades for Neurosciences, Treatment of Stroke, Cranial Neurosurgery, Total Knee Replacement, Pulmonary Care, Treatment of Chronic Obstructive Pulmonary Disease, Treatment of Pneumonia, and Treatment of Sepsis.

View Healthgrades hospital quality methodologies.
McLeod Health Cheraw now offers a new low-dose CT screening that plays a vital role in detecting lung cancer at earlier, more treatable stages.

The national recommendation for lung cancer screenings using a low-dose CT scan is for individuals who meet the following criteria:

- Age 55 to 80, who have also had a:
  - Cumulative smoking history of 30-pack years or more,
  - Who still smokes or who has this history but stopped smoking in the last 15 years,
  - And, currently does not exhibit any symptoms of lung cancer.

Medicare and most private insurance companies now cover the cost of the annual low-dose CT scan if an individual meets the criteria. Ages covered by Medicare range from 55 to 77; private insurance will pay for those 55 to 80. If an individual cannot afford the deductible (and meet certain financial criteria), assistance may be available.

“Similar to other cancers, it is obvious that the early detection of lung cancer with a screening CT scan provides for a greater chance to be cured with surgery.”

Lung cancer is the leading cause of cancer-related deaths in the United States, more than breast, prostate and colorectal cancers combined. In addition, 90 percent or more of all lung cancers are caused by cigarette smoking, according to the Centers for Disease Control and Prevention (CDC).

The risk of developing lung cancer for a current smoker with a history of smoking a pack a day for 40 years is about 20 times higher than that of the non-smoker. The best way to minimize the risk of developing lung cancer is to never start smoking.

In addition to McLeod Health Cheraw, lung cancer screenings are also offered at McLeod Regional Medical Center, McLeod Health Dillon, McLeod Health Seacoast and McLeod Health Loris. For questions about the screening, please call (843) 320-3328.

“As with most cancers, early detection remains the key to survival. Until recently, there were not reasonable tests for early detection because the tumors did not always show up well on X-rays,” says Dr. Steven Glassman, McLeod Radiologist. “Historically, a physician waited until a patient developed symptoms of lung cancer – either coughing up blood or shortness of breath – before they tested them.”

The most important factor for surgery being the primary option for treatment is detecting the cancer at an early stage. Identifying lung cancer at an early stage also potentially allows for less lung to be removed during surgery and also increases the cure rate due to the complete removal of the cancer.

Surgery to completely remove lung cancer is often not an option for late stage lung cancers, and the treatment involves a combination of chemotherapy and/or radiation therapy. Unfortunately, three out of four patients receive a diagnosis of late stage lung cancer. The primary reason for this delayed detection is that symptoms from lung cancer often do not appear until the late stages.

“In contrast, early stage lung cancer patients do not have symptoms and can go for months and potentially years without detection. These are the reasons that screening for those at high risk for lung cancer has been recognized as an important method in saving lives,” says Dr. Glassman.

“Similar to other cancers, it is obvious that the early detection of lung cancer with a screening CT scan provides for a greater chance to be cured with surgery.”

Lung cancer is the leading cause of cancer-related deaths in the United States, more than breast, prostate and colorectal cancers combined. In addition, 90 percent or more of all lung cancers are caused by cigarette smoking, according to the Centers for Disease Control and Prevention (CDC).

The risk of developing lung cancer for a current smoker with a history of smoking a pack a day for 40 years is about 20 times higher than that of the non-smoker. The best way to minimize the risk of developing lung cancer is to never start smoking.

In addition to McLeod Health Cheraw, lung cancer screenings are also offered at McLeod Regional Medical Center, McLeod Health Dillon, McLeod Health Seacoast and McLeod Health Loris. For questions about the screening, please call (843) 320-3328.
McLeod Health Clarendon

McLeod Health Clarendon Honors Service Awards Recipients

McLeod Health Clarendon employees were recently recognized for their years of service during an Employee Service Awards Luncheon.

“The values of McLeod Health are demonstrated through the dedication and commitment of our employees. The Value of Caring, the Value of the Person, the Value of Quality, the Value of Integrity and our mission of providing patients with medical excellence are the foundation of our daily focus,” said Rachel Gainey, Administrator of McLeod Health Clarendon.

During the ceremony, 57 staff members of McLeod Health Clarendon were honored for their contributions to the organization. Each employee was recognized for their cumulative years of dedicated service including those years of service at Clarendon Memorial Hospital. When combined, these employees have dedicated more than 595 years of caring to patients and families in Clarendon and surrounding counties.

To conclude the program, Gainey praised McLeod Health Clarendon staff members for their improvements in patient satisfaction and attributed it to the dedication of the employees and leadership working together.

Recipients by Years of Service:

5 Years of Service: Dr. Devonne D. Barrineau, Michelle L. Berg, Joan Bowman, Brooke Brewer, Lauren Brunson, Yolanda Butler, William Carter, Mary Julia Cogdill, Daniel Cross, Samantha Deas, Ramona Dow, Adrianne Gaff, Rickey Glessner, Jr., Lynn Haley, Caitlin Huff, Kimberly Jolly, Dr. Dennis J. Lang, Tyheira Mayrant, Ashley B. McConnel, Chisandra McDonald, Sandra McElveen, Tayra Miller, Tara Peterson, Deborah Preston, Trudy Richbourg, Robyn Risher, Samuel Sanders, Linda Squires and Amanda Wall

10 Years of Service: Emma Ard, Sherry D. Blackmon, Susan Coward, Lindburg Epps, Cathy Hill, Crystal Lambert, Donald Mahoney, Nicole Marlowe, Vicki Wilkinson and Linda Wimmer

15 Years of Service: Jennifer Barrett, Ashanti Hilliard, Scott Lupori, Gearry McCabe, III, Randy McKee, Tonya Revill, Jody Tedder and Dorthenia Williams

20 Years of Service: Francena Bethea, Sandy B. James, Kristi H. McElveen, Bessie Parker, Gail Richburg and Deborah Whetsell

25 Years of Service: Rebecca Robinson and Rebecca R. Tobias

30 Years of Service: Dr. Clarence E. Coker and Saundra Ross
Students Donate Teddy Bears to McLeod Health Dillon

On Tuesday, May 21, first and second graders from Dillon Christian School visited McLeod Health Dillon with special gifts in hand. The students recently traveled to Build-A-Bear Workshop in Myrtle Beach, where they made 80 teddy bears to donate to children admitted to McLeod Health Dillon. As the bears were made, the children prayed for the children who would receive the bears one day.

Teacher Heather Peeler says that she has taught the children to think of others and to find ways they can help others in need. “I told the children that we don’t have to travel far away to be missionaries,” she said. “There are people in our very own community we can help.”

The children were excited to donate their bears, which included a handwritten get well card for the young patients that eventually receive the bears.

Joan Ervin, Administrator of McLeod Health Dillon, spoke to the children about the impact their mission has on patients and their families. The teddy bears have been a bright spot during the hospital stays of many children.
McLeod Health Emergency Management held an Active Shooter tabletop exercise at McLeod Health Darlington on May 29, 2019. In addition to McLeod Health Emergency Management, McLeod Security and Incident Command staff members, participants also included: Darlington City Police, Darlington County Sheriff’s Department, Darlington Fire Department, 911 Emergency Dispatch, Darlington County EMS, and Darlington County Emergency Management.

During the McLeod Health Darlington tabletop exercise, McLeod Health staff members worked with local law enforcement and emergency personnel to evaluate the hospital’s preparation status and identify areas of improvement in training and preparation for such an event.

To obtain important information from McLeod Health such as emergency notifications, hospital updates, weather-related news, physician updates, upcoming events, job openings, patient stories and health information, follow McLeod Health on Facebook.

Go to www.facebook.com/McLeodHealth and click on the Like button. You can also click on the Following button located next to the Like button and select See First in Your Newsfeed and Receive Notifications from McLeod Health.
McLeod Loris Seacoast Shows EMS Appreciation

McLeod Loris and McLeod Seacoast observed EMS Week, May 20-24, by extending thanks to all of the area EMS teams that take care of the community. Throughout the week, giveaways were offered to several EMS staff to show appreciation.

McLeod Loris Nurses Christy Skipper, at left, and Jennifer Lawson, at right, give Christian Esslin, EMS with Horry County Fire Rescue - Loris, a McLeod Health giveaway bag in recognition of EMS Week.

McLeod Health Seacoast Hosts Community Partners Luncheon

The McLeod Foundation recently hosted a women’s Community Partners Program Luncheon at McLeod Health Seacoast. During the event, community leaders joined McLeod leadership and physicians to learn more about the services offered at the hospital. McLeod Seacoast Administrator Monica Vehige welcomed the guests, followed by presentations from Gastroenterologist Dr. Lacie Edmison of McLeod Digestive Health Center Seacoast and General Surgeon Dr. Amanda Turbeville of McLeod Loris Seacoast Surgery. The group also got a behind-the-scenes tour of the McLeod Health Seacoast operating rooms and Di Vinci Surgical Robot.
Nurses Week Celebrated at McLeod Health

McLeod Health joined the American Nurses Association in celebrating National Nurses Week May 6 through May 12, the birthday of Florence Nightingale, the founder of modern nursing. During the week, McLeod Health recognized its more than 2,500 licensed Nurses (RN, CRNA, NP, APRN, LPN) for the quality care they provide seven days a week, 365 days a year. Each hospital also recognized the Nurses of the Year:

**McLeod Regional Medical Center**
- **Chris Snead**, Advanced Practice Nurse of the Year
- **Daryl Hammonds**, Nurse of the Year
- **Heather Buchner**, Medical Surgical Technician of the Year

**McLeod Health Cheraw**
- **Sherry Bunting**, Nurse of the Year
- **Mona Clark**, Medical Surgical Technician of the Year

**McLeod Health Clarendon**
- **Tara Gutshall**, Nurse of the Year
- **Leslie “Marie” Glessner**, Technician of the Year

**McLeod Health Darlington**
- **Charlene Thompson**, Nurse of the Year
- **Harley Hanna**, Medical Surgical Technician of the Year

**McLeod Health Dillon**
- **Beth King**, Nurse of the Year
- **Shirlean Cribb**, Medical Surgical Technician of the Year

**McLeod Health Loris**
- **Jill Greene-Creech**, Nurse of the Year
- **Vicky Sellers**, Medical Surgical Technician of the Year

**McLeod Health Seacoast**
- **Carmen Esper**, Advanced Practice Nurse of the Year
- **Tonia Kozora**, Nurse of the Year
- **Tamelia Hemingway**, Medical Surgical Technician of the Year

View highlights of McLeod Health Nurses Week [here](#).
Mission, Vision & Values Week Celebrated

Employees were invited to celebrate the excellent care delivered each day to our patients during the week of May 13.

This work reflects the commitment to the mission, vision and values of McLeod Health. Employees received a gift of a McLeod Health T-shirt, had an opportunity to win an Apple Watch and enjoyed the latest video.

The arrival of Spring brings much beauty, but the accompanying pollen often produces an increase in allergy symptoms and infections for individuals. If you experience bothersome allergies, consider downloading the McLeod TeleHealth app for free. See a doctor online 24/7 for $49. Sign up is free and most visits are complete in less than 15 minutes.
McLeod Welcomes New Physicians

Please click on the images to learn more about Dr. Dierdre Young, Jeter-Skinner Family Practice and Jamie Driggers, DMD, McLeod Family Medicine Center.

For optimal viewing, please open the Flickr album in Google Chrome or Mozilla Firefox.
June Specials

McLeod Spa

Schedule a massage and facial for the same day and receive 20% off (Concourse location only)

Please call 777-3203 (Concourse) or 777-3200 (Health & Fitness Center) to schedule an appointment.

Don’t forget Tuesdays are Employee Days
Present your employee ID badge for 15% off any service or product.
(Not valid on gift certificate purchases.)

Visit www.McLeodHealthFitness.org for a menu of services.

McLeod Health & Fitness Center

Pay nothing until July.
Based on a 24-month contract.

Hours of Operation:
Monday – Thursday: 5:00 a.m. – 10:00 p.m
Friday: 5:00 a.m. – 8:00 p.m.
Saturday: 7:00 a.m. – 7:00 p.m
Sunday: 1:00 p.m. – 7:00 p.m.

www.McLeodHealthFitness.org

McLeod Resource Center

Enjoy 10% off Breastmilk Storage Solution

Upcoming Events

For a complete list of upcoming events, please click here to view the McLeod Health calendar.

JUNE 2019

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>