

Mission, Vision & Values Week Celebration 2019



Employees are invited to celebrate the excellent care delivered each day to our patients. This work reflects the commitment to the mission, vision and values of McLeod Health. During the week of May 13 through 17, employees will receive a gift of a McLeod Health T-shirt, have an opportunity to win an Apple Watch and enjoy the latest video.

T-shirt distributions will be held during scheduled times at each hospital campus. Please wear your McLeod T-shirt proudly, but not to work. We must comply with the McLeod Health dress code policy.

Employees have the opportunity to win an Apple Watch by sharing their knowledge of the McLeod Health Mission, Vision and Values. Check your hospital's flyer for the times and locations of McLeod Mission, Vision and Values Week activities.

Mission: To improve the overall health and well-being of people living within South Carolina and eastern North Carolina by providing excellence in health care.



Vision: To be The Choice for Medical Excellence.

Our McLeod Health Core Values

Caring: Our team of professionals don't focus solely on their jobs. They embrace opportunities to respond with compassion,

offering not only medical care but also personal, emotional and responsive caring to the needs of our patients.

Person: In life's most profound moments, the people of McLeod are committed to sharing a generosity of spirit with each individual patient and cheerfully offering courtesy, resilience and respect.

Quality: For more than 110 years, McLeod has been The Choice for Medical Excellence. Our Mission requires us to have highly skilled personnel and a spectrum of advanced technology.

Integrity: We expect people who are part of the McLeod Health family to display honesty, wisdom, discipline, and an intense desire to accept the responsibility of care for patients and their families.

Links to each Hospital Flyer:

[McLeod Regional Medical Center
McLeod Health Darlington](#)

[McLeod Health Cheraw
McLeod Health Dillon](#)

[McLeod Health Clarendon
McLeod Health Loris/Seacoast](#)

McLeod Nurse Receives April DAISY Nursing Award

Jane Jordan, RN, a staff nurse in the Coronary Care Unit (CCU), was recently named the April DAISY Award Recipient for McLeod Regional Medical Center. Jordan, the 17th recipient of the DAISY Award, was nominated by a patient's daughter for her extraordinary care and compassion.



Jane Jordan, RN

To recognize those Nurses at McLeod Regional Medical Center who are true examples of Nursing Excellence, patients, family members and co-workers may nominate nurses for the DAISY Award for Extraordinary Nurses. The award is part of the DAISY Foundation's program to recognize the super-human efforts nurses perform every day.

On the nomination form, the patient's daughter wrote:

"My dad's journey began in December when he had his appendix removed and was ultimately diagnosed with appendix cancer. He then underwent a colectomy on January 16, 2019 and was placed in the Surgical Progressive Care Unit due to his heart issues. On Friday, two days after his surgery, he developed trouble breathing. He was transferred to the CCU where Jane was the receiving nurse. He was hypoxic and had to be placed on the bi-pap.

"Jane let us know what was going on and kept us informed of everything they were doing. She also made sure we knew the results of his lab test, ABG, and other scans he had done. On Saturday, Daddy was placed on the ventilator because he had developed ICU delirium. Jane had him again on Wednesday while he was on the ventilator. She was great to us and let us know that they would try weaning him from the vent and what to expect. Daddy didn't tolerate weaning well and ended up self-extubating himself on Thursday night. He was placed back on bi-pap and was doing well on that.

"Jane came back in for the weekend shift on Friday, and we had requested her to be his nurse. She took on that role even though she knew he was being a "handful" with the ICU delirium. He had a good couple of days. On Saturday, she got Daddy up to the chair, and he was placed on high flow oxygen. She was so proud that he was improving because she knew how important that was to me and my mom.

Daddy ended up having a rough episode later that day and had to be put back on the bi-pap. Jane sat and talked with me and mom for over an hour, reassuring us that everything happening was a normal process in him getting better.

"Even though I know she had more patients to take care of, her sitting and talking with us eased our minds a little.

We went home for the night since Daddy was resting good. I called to check on him the next morning, and Jane said he had a couple of "hiccups" during the night but nothing to be majorly concerned about right yet. We were getting ready to head to the hospital (we live an hour away) when Jane called and said things had gotten worse and they were about to re-intubate him. I told her no because that was not Daddy's wishes. She did everything she could to keep him from declining any more until we got there. He told us he didn't want to be re-intubated and that he loved us. We ultimately accepted the fact that he was ready to go home and be with his Lord and Savior.

"Jane spent her entire morning and afternoon in the room with us, explaining what was going on and what they were doing to keep him comfortable in his last moments. He was able to hold his favorite tiny human's hand, his six-year-old grandson (only grandchild) while he slowly faded away to his

Continued on page 3

April DAISY Nursing Award (continued)

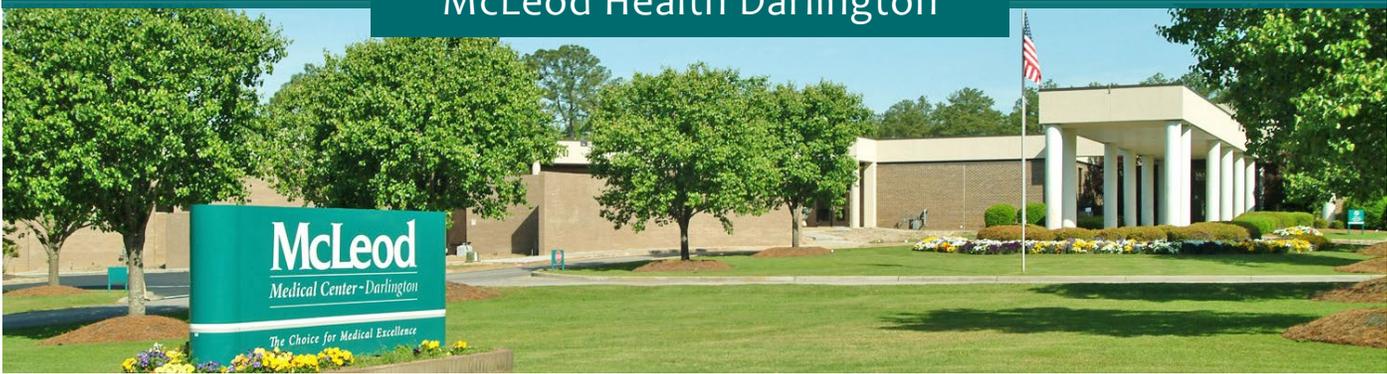
heavenly home. He passed around 1 p.m. on that Sunday afternoon of January 27. While we were having some sad moments in Daddy's room, Jane and some other fantastic staff took my son out to the nurses station and fed him doughnuts and juice. They gave him some markers and paper to draw with so his sweet little mind would be occupied. Out of the nine

days Daddy was in the CCU, Jane had him five days. Jane was truly a Godsend to our family during this time.

"After my Daddy passed, we got a call that my father-in-law had passed away on the same day. Jane has checked on me and my family since the devastating loss of my Daddy and father-in-law.

We could never repay the amount of love, care, and compassion Jane showed to not only my Daddy, but to our entire family during his hospital stay and now more than a month later. Jane is definitely in the right profession with her kind heart and loving soul. She would be so deserving of this award."

McLeod Health Darlington



McLeod Health Darlington Celebrates 25th Anniversary

McLeod Health Darlington celebrated its 25th anniversary as a McLeod Health hospital on May 1, 2019. The hospital has served as a vital part of Darlington County and the surrounding communities for more than 70 years.

John McLean Wilson, M.D. and his wife Amelia Talbert Wilson were the founders of Wilson Clinic and Hospital in 1947. The first hospital in Darlington, the facility began in a framed two-story house on Pearl Street.

In 1974, the Wilson family built a modern 50-bed facility with state-of-the-art equipment and furnishings on the north side of SC Highway 34 (Cashua Ferry Road). The hospital was purchased by McLeod Health on May 1, 1994. The following year, an 18-bed Skilled Care Unit was dedicated in honor of Dr. Wilson and

his contributions to the community of Darlington.

In order to better serve those individuals in need of psychiatric care, McLeod Health relocated its Behavioral Health facility from Florence to McLeod Health Darlington in 2005. The 23,500-square foot behavioral health facility features a clearly defined entrance and 23 patient rooms. Committed to providing excellent care to adults experiencing a primary psychiatric illness with or without a co-occurring substance abuse disorder, the McLeod Behavioral Health Team includes Psychiatrists, Advanced Practitioners, Licensed Professional Counselors, Nurses and Activity Therapists.

In addition to McLeod Behavioral Health, McLeod Health Darlington offers a wide range of outpatient services from physical, occupational

and speech therapy to CT scans, laboratory and cardiopulmonary services. The facility also provides acute care with 49 inpatient beds and a skilled care unit that is available for those in need of short-term rehabilitation, long-term IV antibiotics or wound care.

McLeod Family Medicine Darlington, comprised of four family medicine physicians and one nurse practitioner, is also located on the campus.

Virginia Hardee, Administrator of McLeod Health Darlington, said, "Twenty-five years ago, McLeod Health sought to continue the legacy established by the Wilson family. Today, we are blessed that McLeod remains dedicated to maintaining our community hospital when many rural hospitals are facing closure."

McLeod Teams Participate in High School Career Fair

Team members from McLeod Regional Medical Center recently attended a Health Science Career Fair at West Florence High School. More than 20 McLeod staff members were available to talk with the students about careers in the healthcare field.



McLeod Staff Members participating in the Health Science Career Fair are pictured in front of the McLeod Heart Reach Ambulance at West Florence High School.

Departments educating the students on the careers available in health care included Heart Reach and Child Reach Emergency Transport Services, Inpatient Rehabilitation, Sports Medicine, Clinical Pharmacy, Occupational Health, Critical Care, Respiratory Therapy, Children’s Hospital, Catheterization Lab, Medical Lab, Occupational Therapy, Neonatal Intensive Care Unit, Cardiovascular Surgery, Radiology, Operating Room, Emergency Medicine, Endoscopy, Nurse Practitioners and Health Career Internships.

McLeod Occupational Health

McLeod Occupational Health Commerce Park Now Open



McLeod Health is pleased to announce the opening of McLeod Occupational Health Commerce Park to patients on April 29. This new location provides convenient access to a variety of healthcare services. Care is provided by Krystal Cooley, FNP and overseen by Dr. Stuart Sandler, Medical Director of McLeod Occupational Health.

Primary Care, Sick and Urgent Care Visits are provided for employees and their family dependents 13 years of age and older. Fee may apply.

For more information, please call 843-777-1290.

Services include:

- Work-Related Injury/Illness Treatment
- DOT-Certified Exams and Physicals
- Primary Care Visits
- Sick and Urgent Care Visits
- Workers Compensation Accepted
- Onsite X-ray and EKG Services
- Pre-employment Physicals
- Comprehensive Drug and Alcohol Testing WPrograms
- Spirometry Testing
- Labs
- Lead Blood Testing
- Firefighter Physicals
- Wellness Programs including Screenings and Disease Care Management
- Flu Shots
- Immunizations and Vaccinations

McLeod Cancer Center First in the State of South Carolina to Achieve International Radiosurgery Certification

Independent, Third-Party Panel of Experts in Radiation Oncology Validates McLeod Cancer Center's SRS/SABR Programs after Rigorous and Voluntary Certification Process



Members of the McLeod Stereotactic Radiosurgery Team include, from left to right, Dr. T. Rhett Spencer, Radiation Oncologist; Dr. William Naso, Neurosurgeon; Dr. Larry Grubb, Radiation Oncologist; Tobin Hyman, Chief Medical Physicist; Dr. Virginia Clyburn-Ipock, Radiation Oncologist; and Lisa Esco, Medical Physicist.

The McLeod Center for Cancer Treatment and Research has been named a Novalis Certified Cancer Center following a rigorous and voluntary audit conducted by an independent, third-party panel of experts in radiation oncology, patient safety and treatment quality.

One of only eight Novalis Certified Centers in the United States, McLeod is the **only** such cancer center in South Carolina. The hospital also represents one of only 46 certified centers worldwide.

“These experts in the industry measured the quality and safety standards of our radiosurgery program and concluded that we are delivering stereotactic radiosurgery (SRS) and stereotactic ablative radiotherapy (SABR) at a high level of efficacy and safety commensurate with an excellent standard of clinical practice,” explained Dr. Virginia Clyburn-Ipock, McLeod Radiation Oncologist.

Stereotactic radiosurgery is a non-surgical radiation therapy that treats cancerous tumors in the brain and spine. This form of treatment delivers precisely-targeted radiation with sub-millimeter accuracy in a fewer number of treatments, offering patients more convenience and a better quality of life.

When the team uses radiotherapy to treat tumors in areas of the body other than the brain and spine

(such as lung, liver, adrenal gland, prostate), it is referred to as stereotactic ablative radiotherapy. These two forms of treatment, performed at McLeod, function differently from conventional radiation in that the intent involves delivering an ablative dose to overwhelm all of the abilities of a cancer cell to defend itself.

To date, the McLeod Radiation Oncology team has treated nearly 200 patients with stereotactic radiosurgery and more than 160 with stereotactic ablative radiotherapy.

Novalis Certified is an independent accreditation program that promotes the delivery of cranial and body radiosurgery at the highest level of competency and expertise. As a part of this worldwide collaborative network, McLeod has the ability to share information with other leading cancer centers and receive new ideas on treating cancer, improving the safety of treatment and making existing techniques better.

Home-Based Palliative Care Program Established

The McLeod Health Foundation has received a grant from The Duke Endowment for \$300,000 to establish a home-based palliative care program in the Pee Dee region. The program is designed to provide medical support to adult patients affected by progressive, chronic conditions such as heart disease, lung disease, cancer and dementia.

The Pee Dee region's high rate of chronic illnesses and few options to manage them results in overutilization of area hospitals. Thirty percent of patients who present to a McLeod Health Emergency Department (ED) with a chronic illness as their primary diagnosis return to the ED within

one year. These patients account for 56 percent of total ED visits related to chronic illness.

The home-based palliative care team will partner with regional physicians and hospitals in identifying patient referrals as well as work with McLeod Inpatient Palliative Care, Home Health and Hospice to transition care more seamlessly.

The program revolves around regular visits from Nurse Practitioners (NPs) in the home environments of chronically-ill patients. These Nurse Practitioners work on a consultative basis with primary care physicians to enhance the

patient's quality of life by alleviating symptoms related to their chronic illnesses. This improves the patient's ability to perform daily activities and tolerate continued medical treatment. The Nurse Practitioners also help patients and their families understand their disease processes



and options for treatment as well as establish goals of care.

"There is such a great need in our community for patients living with chronic conditions who need this level of care," explained Joan Harrison-Pavy, Administrator of McLeod Hospice and Palliative Care. "Through this program, we will identify these patients sooner and improve the management of their illness in the comfort of their home."

"We are fortunate to have the support of The Duke Endowment," said Jill Bramblett, Executive Director of the McLeod Health Foundation. "With their help, we are striving to build healthier communities and continuing to develop outstanding health care that McLeod has been a leader in for more than a century."



Members of the McLeod Home-Based Palliative Care Team include Nurse Practitioners Amanda Lee, Tonya Marshall and Maureen Byrd; Registered Nurse Julie Award; Palliative Care Coordinator Marilyn Reaves and Lapocsha Hodges, Administrative Assistant.

Community Paramedicine Program Launched

Due to a generous grant received by the McLeod Foundation from The Duke Endowment, Marlboro County has established a community paramedicine program.

Marlboro County suffers from exceptionally high rates of chronic illness and poor access to care which leads to these conditions often being poorly managed. Marlboro County sits last among all South Carolina counties in diabetes monitoring, with only 62 percent of Medicare enrollees receiving HbA1c monitoring (South Carolina’s second-worst county is at 73 percent).

Consequently, hospitalization rates for diabetes are 89 percent higher in Marlboro County than in the state as a whole. Rates of hospitalization for heart disease, hypertension and chronic lower respiratory conditions are 86 percent, 63 percent, and 57 percent higher in Marlboro County than the entire state, respectively. Marlboro County also ranks 44th of the 46 counties in health outcomes, according to County Health Rankings.

Chronic disease mismanagement is a challenge to the day-to-day operations of Marlboro County Rescue and McLeod Health



Community Paramedic, Jay Lawson, The Honorable Patricia Henegan, State Representative for Marlboro County, and Mib Scoggins, Administrator for McLeod Health Cheraw, stand in front of the Community Paramedicine program vehicle that will bring healthcare directly to the homes of patients referred into the program.

Cheraw, with residents using these facilities for primary care. Marlboro County sits in the 99th percentile in the United States in EMS utilization. Sixty percent of McLeod Health Cheraw Emergency Department patients come from Marlboro County, of which two-thirds are uninsured.

The goal of the Community Paramedicine Program is to help these heavy-utilizers better manage their illnesses. Patients who have been to the Emergency Department four times in a single year for conditions related

to a chronic illness – such as Chronic Obstructive Pulmonary Disease (COPD), congestive heart failure, diabetes, and hypertension – will be visited at home by a paramedic.

The first visit will occur within 72 hours of discharge, and regular home visits will continue for up to one year to ensure that the patient is following their discharge plan and properly managing his/her chronic condition. If the patient is compliant for approximately two

months, the patient will be discharged from the program. In addition, patients will be connected with a primary care physician if they do not have one.

“McLeod Health is continuing with its promise to take care of our communities and will continue in the days ahead,” said The Honorable Patricia Henegan, State Representative for Marlboro County. “We are looking forward to what the future will bring through this project.”

McLeod Health Clarendon Hosts Women’s Health Panel

McLeod Health Clarendon hosted a Women’s Health Panel on Thursday, April 25. More than 40 individuals attended the event to learn more about key issues facing women in the areas of gynecology and orthopaedics.

The event featured a panel of experts, including the providers of McLeod Women’s Care

Clarendon: Dr. Monica Ploetzke; Dr. Steven Tollison; Judy Fry, Certified Nurse Midwife; and Tom Chappell, Certified Nurse Midwife, as well as Dr. Bryan L. Christensen with McLeod Orthopaedics Clarendon.

Dr. Catherine Rabon, Chief Medical Officer at McLeod Health Clarendon, moderated the panel.



Clarendon Women’s Health Panel

“The McLeod Women’s Panel is designed to answer any questions women may have about their health related to specific specialties,” says Dr. Rabon. “Information on routine screenings as well as more complex health conditions were discussed. Women most often put the care of their

families and loved ones above their own, and it is important to us that women get the answers and care they need.”

Upcoming Events

MAY						2019
SU	MO	TU	WE	TH	FR	SA
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

For a complete list of upcoming events, please click [here](#) to view the McLeod Health calendar.

McLeod Health Dillon Auxiliary Members Recognized

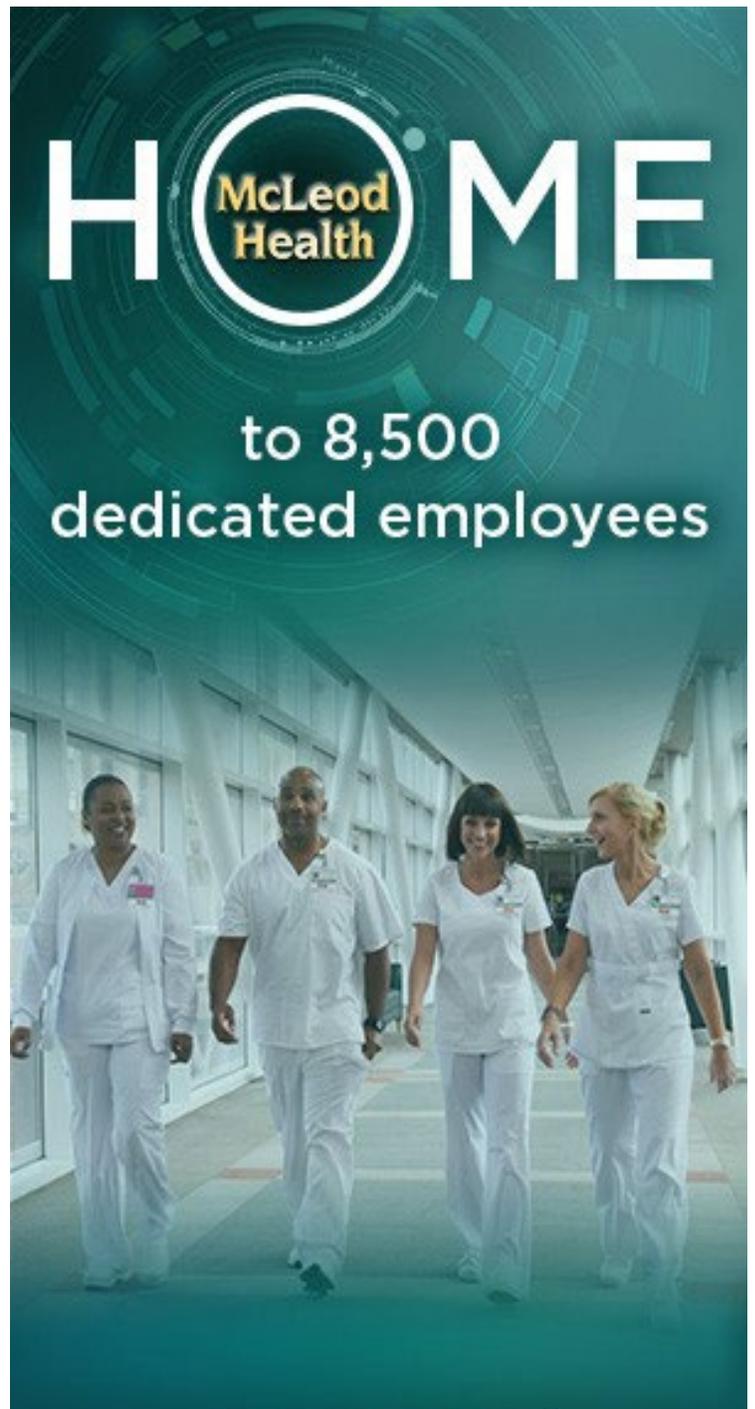


McLeod Health Dillon Auxiliary members who were recognized for their volunteer hours included, from left to right: Betty Collins, Grace Murphy, Beth Cottingham, Beth Rouse, Ruthabell Nance, Dorothy Carmichael and Ann Lupo.

Members of the McLeod Health Dillon Volunteer Auxiliary were recently recognized for the hours they volunteered for the medical center in 2018.

Thirteen McLeod Dillon Auxiliary members were recently awarded service pins for completing 100 hours, 500 hours, or 1,000 hours. As a group, the Volunteer Auxiliary provided McLeod Health Dillon with a total of 5,681 volunteer hours during 2018.

The Hospital Auxiliary promotes McLeod Health Dillon through its volunteer efforts. Volunteering many hours per month, they operate the Pink Dogwood Gift Shop, serve as hostesses at the Main Lobby Entrance, assist patients and staff members in the Cardiac Rehabilitation and Physical Therapy outpatient areas and give of their time at hospital functions, Red Cross blood drives and many other events throughout the year.



McLeod Health Seacoast Nature Trail at North Myrtle Beach Park & Sports Complex Now Open

McLeod Health Seacoast partnered with the City of North Myrtle Beach to sponsor the new 2.5-mile McLeod Health Seacoast Nature Trail at the North Myrtle Beach Park & Sports Complex. A ribbon cutting ceremony officially opened the trail, which features native vegetation and interesting wildlife. Users will see a variety of birds and animals, as well as lush vegetation, including Longleaf pines. Mile markers posted along the trail help users track their distance and location.

“Walking and hiking paths are essential to all cities, and North Myrtle Beach will continue to preserve and maintain these opportunities and open areas for our residents and visitors to enjoy,” said Mayor Marilyn Hatley as part of her welcoming remarks.

Mayor Hatley also said McLeod Health Seacoast is “a great supporter



Local community leaders gathered for the ribbon cutting ceremony of the McLeod Health Seacoast Nature Trail at the North Myrtle Beach Park & Sports Complex on April 16.

of North Myrtle Beach amenities and programs, and they work hard to promote healthy lifestyles for our community and guests.”

“McLeod Health enjoys its relationship with the City and highlighting the importance of active, healthy lifestyles in the community,” said McLeod Health Seacoast Administrator, Monica Vehige.

McLeod Health Seacoast also sponsors the McLeod Health Seacoast Meadow, located in the middle of the Park & Sports Complex. Thousands of people have enjoyed festivals, sporting games, walking, cycling or just relaxing there.

The arrival of Spring brings much beauty, but the accompanying pollen often produces an increase in allergy symptoms and infections for individuals. If you experience bothersome allergies, consider downloading the McLeod TeleHealth app for free. See a doctor online 24/7 for \$49. Sign up is free and most visits are complete in less than 15 minutes.

McLeod
TeleHealth.org

DOWNLOAD THE APP

Merit Awards

MRMC



Lawanda Jones
Laboratory
April 2019



Maureen Mulholland
Nutrition Services
April 2019

Cheraw

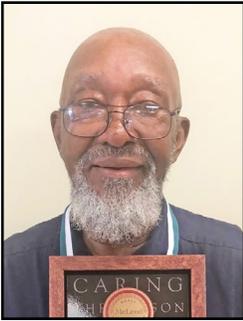


Gary Moore
Environmental Services
January 2019



Laurenza Lopez
Medical/Surgical
February 2019

Clarendon



Lindburg Epps
Environmental Services
April 2019

Dillon



Alice Todd
Service Excellence
February 2019



McLeod Welcomes New Physician

Please click on the image to learn more about Dr. Vasiliki Papathanasiou, McLeod Family Medicine Carolina Forest. For optimal viewing, please open the Flickr album in Google Chrome or Mozilla Firefox.



McLeod Spa



Mom & Me Ritual \$170 (\$210 Value)

For Two: Express Massage, Mani-Pedi Combo

Mother Nurture Ritual \$185 (\$225 Value)

50-minute Nirvana Stress Relief Massage,
Rosemary Citron Scrub, Pure Results Facial

Mom-to-Be Ritual \$100 (\$115 Value)

Lavender Honey Yogurt Wrap w/Scalp Massage,
Mother Glows Best Pedicure

The Mom Ritual \$125 (\$150 Value)

Express massage, Wild Lime Scalp Massage,
Express Facial, Spa Manicure

**20% off all Nail Services at the Spa on
the Concourse at McLeod.**



Please call 777-3203 (Concourse) or 777-3200
(Health & Fitness Center) to schedule an appointment.

Don't forget Tuesdays are Employee Days

Present your employee ID badge for

15% off any service or product.

(Not valid on gift certificate purchases.)

Visit www.McLeodHealthFitness.org for a menu of services.

McLeod Health & Fitness Center



\$25 Joining Fee in May.

Based on a 24-month contract.

Hours of Operation:

Monday – Thursday: 5:00 a.m. – 10:00 p.m.

Friday: 5:00 a.m. – 8:00 p.m.

Saturday: 7:00 a.m. – 7:00 p.m.

Sunday: 1:00 p.m. – 7:00 p.m.

www.McLeodHealthFitness.org

McLeod Resource Center



Enjoy 10% off all
Quick Clean Micro-Steam Bags