

Spring Swim Club

March 19th – May 12th, 2018

Practices will begin Monday, March 19th, 2018

The season ends with "Saturday at the Races" May 12th on Saturday

Jr. Swim Club

- Minimum age 4
- Swimmers must be able to swim the length of the multi-purpose pool using Freestyle & Backstroke
- Monday / Wednesday / Friday 4:00 pm – 4:45 pm

Swim Club

- Minimum age 6
- Swimmers must be able to swim 200 yards (8 lengths of the multi-purpose pool) using any stroke
- Monday / Wednesday / Friday 4:00 pm – 5:00 pm

Swim Club I

- Minimum age 9
- Swimmers must be able to swim 400 yards (12 lengths of the multi-purpose pool) using any one of the four strokes
- Monday / Wednesday / Friday 5:00 pm – 6:00 pm

Swim Club II

- Minimum age 11; this group is for swimmers who want to be challenged with a swim workout
- Swimmers must be able to swim 500 yards (20 lengths of the multi-purpose pool) using any one of the four strokes
- Monday / Wednesday / Friday 5:00 pm – 6:00 pm

Cost for the **8-week** season includes swim cap, tee shirt, awards and end of season party.

******We will be taking the week of Spring Break off from practices. April 2nd– 6th with practices resuming on April 9th.***

1 day/ week \$85/ members & \$100/ nonmembers
2 days/ week \$145/ members & \$175/ nonmembers
3 days/ week \$190/ members & \$230/ nonmembers

**For more information or to register,
Call the McLeod Health & Fitness Aquatics Department at 777-3121.
Space is limited.**

**McLeod
Health & Fitness Center**