

CARING. PEOPLE. QUALITY. INTEGRITY.

McLeod Staff Collaboration Results in Miraculous Patient Recovery

Kenny Allen had come to McLeod Regional Medical Center on August 31, 2017, for a minor outpatient procedure. The procedure was a success, and he was in the process of being discharged when he went into cardiac arrest, collapsed and coded. Medical teams immediately responded and began chest compressions and respiratory resuscitation. They worked for 90 minutes, used two crash carts and shocked him 10 times to revive him the first time he coded.



Kenny Allen reunited with the McLeod medical teams who saved his life on October 31. He is pictured with some of his “angels” that cared for him that day.

While in the process of being transported to the Trauma Surgical Care Unit (TSCU), Mr. Allen coded again. Additional shocking was necessary to revive him again, and he was admitted to TSCU. When his condition stabilized, he was taken to the cardiac catheterization laboratory where a stent was placed in the coronary artery to regain blood flow.

Following this procedure, Mr. Allen was admitted to the Coronary Care Unit (CCU) in critical condition and required a ventilator to help him breathe. His condition quickly improved and he was able to breathe on his own.

Buddy Freeman, RN, Patient Care Supervisor said, “I thought several times Mr. Allen was not going to make it. In fact, I was sure he was not going to make it, and if he did there

would be some kind of everlasting effect on him that was not good. When I saw him in CCU the next day he was sitting up in bed grinning and laughing. It was amazing.”

Medical teams from various hospital departments including Day Hospital, Emergency Services, Trauma, Cardiac Care, Surgical Services and Anesthesia all worked as one to save Mr. Allen’s life. Through this group effort Mr. Allen survived and did not experience any after effects.

On October 31, 2017, two months after his cardiac arrest, Mr. Allen and his wife Barbara, Director of Business Services for the McLeod Outpatient Surgery Center, returned to McLeod Regional Medical Center where they were reunited with team members who were instrumental in his miraculous recovery.

McLeod Day Hospital staff prepared a sunshine themed celebration in his honor. They chose this theme because one of the last things Mr. Allen remembers before he collapsed was Amy Prescott, RN, Recovery Room Supervisor, singing “You Are My Sunshine” to him in the Recovery Room. Amy is known to sing hymns to her patients while they are in the recovery process. On this day, however she unknowingly

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Health Insurance Marketplace Offers Quality, Affordable Healthcare Insurance To Those In Need.

A primary goal of the Affordable Care Act is to help the uninsured and those who meet eligibility requirements gain access to quality, affordable healthcare. Central to this goal is the creation of the Health Insurance Marketplace. Through the Marketplace, eligible Americans can now enroll in a health plan to get coverage that starts in January 2018.

What is the Marketplace?

The Marketplace is a destination where consumers can compare insurance options in simple, easy to understand language. At the Marketplace, consumers will be able to compare insurance options based on price, benefits, quality and other factors with a clear picture of premiums and cost-sharing amounts to help them choose the insurance that best fits their needs.

McLeod Health Participates in Marketplace Health Plan.

McLeod Health facilities and physicians participate in the following Marketplace health plan: BlueCross BlueShield of South Carolina - Blue Essentials

To Enroll:

Choosing a health insurance plan can be complicated. There are so many things to consider – premiums, co-pays, deductibles, out-of-pocket costs, provider networks, drug formularies.

Free, in-person help is available to guide you through the application process and help you qualify for discounts that make coverage affordable for nine out of ten South Carolinians. In order to schedule an appointment, visit the website at www.signupsc.com or call (888) 998-4646.

But time is short. Open enrollment for the Health Insurance Marketplace for 2018 coverage is November 1, 2017 to December 15, 2017. So don't wait to get help to renew your current coverage or get covered for the first time.

Or visit the following websites for enrollment:

www.healthcare.gov

www.southcarolinablues.com

McLeod Staff Collaboration Results in Miraculous Patient Recovery (continued)

chose a song that is special to Mr. Allen. It is a song that he sang to his daughter while she was growing up.

Mr. Allen's recovery continues with his participation in the McLeod Cardiac Rehabilitation program at the McLeod Health and Fitness Center and, according to Barbara, he gets more independent every day.

"It is truly a miracle," said Barbara. "That day, every step Kenny took was ordered by God, everyone was where they were and did what they do every day here at McLeod. It was all in God's plan."



Kenny Allen reunited with the McLeod medical teams who saved his life on October 31. He is pictured with some of his "angels" that cared for him that day. From left to right: Amy Prescott, Clydie Stuckey and Amber Jacobs.

McLeod Safe Kids Safety Tip

EMERGENCY CHECKLIST	
<input type="checkbox"/>	_____
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<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
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As we enter into the fall season, remember that carbon monoxide poisoning can result from faulty furnaces or other heating appliances, portable generators, water heaters, clothes dryers, or cars left running in garages.

Have your smoke and carbon monoxide detectors installed on every floor of your home and tested regularly. Do not use a grill, generator or camping stove inside your home, garage or near a window, and blow out all flames when they are unsupervised. Limit distractions while cooking and remind young children of your fire escape plan.

For more information on this and other safety topics, please call 843-777-5021.



See a
DOCTOR
Anytime,
Anywhere.

McLeod 
TeleHealth.org

DOWNLOAD THE APP

Submarine Veterans Deliver Handmade Rocking Horse to McLeod Children's Hospital



Members of the United States Submarine Veterans, Inc. Charleston Base recently visited McLeod Children's Hospital to deliver a handmade rocking horse. The group of submarine veterans generously donated time and service to craft this chair, which will greatly benefit the patients of McLeod Children's Hospital. The presentation took place in the McLeod Child Life Activity Center. From left to right: John Kennedy, Mike Emerson, Ken Hutchinson, Ed Stank and John Flynn.

McLeod Health Cheraw Provides Screenings for Chesterfield County Veterans



On Thursday, October 26, McLeod Health Cheraw representatives provided free health screenings to Chesterfield County Veterans at an honorary event, including blood pressure, glucose and cholesterol screenings.

Closings/Hours of Operation for Thanksgiving Day

McLeod Regional Medical Center Concourse

Starbucks will be open from 8:00 a.m. to 5:00 p.m.

Freshens, East Bay Deli, the McLeod Florist, and the McLeod Gift Shops will be closed.

McLeod Health & Fitness Center and Spa – closed

McLeod Health & Fitness Center Clarendon and Spa – closed

Center for Health & Fitness in Loris – closed

McLeod Welcomes New Physicians



Please click on the image above to learn more about Dr. John Richey and other new physicians at McLeod.

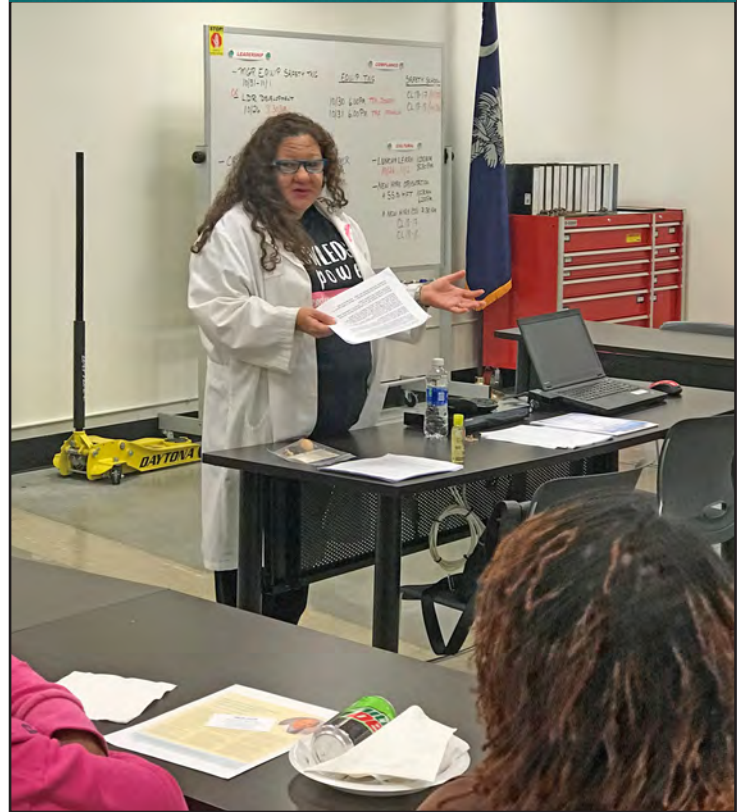
For optimal viewing, please open the Flickr album in Google Chrome or Mozilla Firefox.

McLeod Health Clarendon Staff Member Appears on WDXY



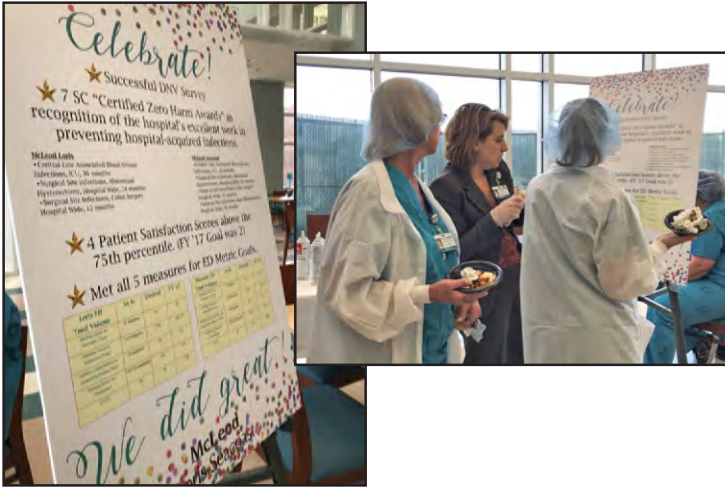
Brad Gerfin, McLeod Health Clarendon EMS and Cypress Transport Director, recently appeared on the WDXY Good Morning Sumter Show. Brad spoke with Derek Burrell about the Community Paramedicine program in Clarendon County that McLeod Health received a grant from the Duke Endowment to establish. The goal of the Community Paramedicine Program is to help patients with chronic conditions better manage their illnesses. Patients who have been to the Emergency Department four times in a single year for conditions related to a chronic illness – such as Chronic Obstructive Pulmonary Disease (COPD), congestive heart failure, diabetes, and hypertension – will be visited at home by a paramedic. The first visit will occur within 72 hours of discharge, and regular home visits will continue for up to one year to ensure the patient is following their discharge plan and properly managing his/her chronic condition. In addition, patients will be connected with a primary care physician if they do not have one and have the opportunity to contact their community paramedic before utilizing 911.

McLeod OB/GYN Raises Awareness on Women's Health



Dr. Rebecca Craig of McLeod OB/GYN Dillon spoke to a group of ladies at a Harbor Freight Lunch and Learn on October 26. Her presentation included breast cancer awareness information as well as the importance of annual well-woman screenings.

McLeod Loris and McLeod Seacoast Celebrate Excellent Work



Staff from McLeod Loris and McLeod Seacoast recently celebrated their success on the following accomplishments:

- Successful DNV Survey
- Seven South Carolina “Certified Zero Harm Awards” in recognition of the hospital’s excellent work in preventing hospital-acquired infections.
- Four Patient Satisfaction Scores above the 75th percentile (FY 2017 Goal was two).
- Met all five measures for ED Metric Goals.

Holiday Pecan Sales



Pecans will be on sale in the McLeod Regional Medical Center Cafeteria from 11:00 a.m. to 2:00 p.m. on the following dates:

- Thursday, November 16
- Thursday, November 30
- Thursday, December 7
- Monday, December 11 – Friday, December 15

Employees can also purchase pecans in the McLeod Foundation office November 16 through December 20 from 8:30 a.m. to 5:00 p.m.

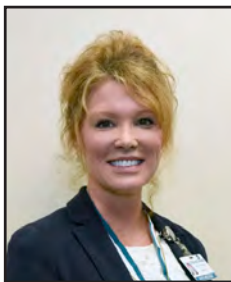
Retiree

Sherry Gibson

Echocardiography Department
29 years

Merit Awards

MRMC

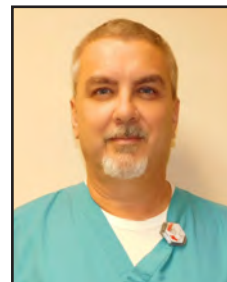


Kate Miccichi
Hospitality Services
October 2017



Pam Pritchard
Renal
October 2017

Cheraw



Wayne Wilson
Radiology
September 2017

November Specials

McLeod Spa November Special



20% off Skincare Services at both locations

Please call 777-3203 (Concourse) or 777-3200 (Health & Fitness Center) to schedule an appointment.

Don't forget Tuesdays are Employee Days

Present your employee ID badge for 15% off any service or product.
(Not valid on gift certificate purchases.)

Visit: www.McLeodHealthFitness.org for a menu of services.

McLeod Spa Holiday Open House

The holiday season has arrived, and you are invited to the **McLeod Spa Holiday Open House**, which will be held at both locations:

The Spa at McLeod

Thursday, November 30 from 12:00 p.m. – 6:30 p.m.

The Spa at McLeod Health & Fitness

Thursday, December 7 from 5:30 p.m. – 7:30 p.m.

During the event you can sample spa services; enjoy a complimentary chair massage, skin analysis & hand treatment; free product samples; register for door prizes; tour the spa; and enjoy hot beverages and refreshments. Let the professional and experienced staff rejuvenate your spirit and eliminate the unwanted stress that comes this time of year.

Both locations also offer a variety of facials, therapeutic massage, microdermabrasion, along with seasonal manicures and pedicures to prepare hands and feet for the holidays. Gift certificates are available in any dollar amount and retail gift packages will be available for purchase. For more information or assistance with gift ideas, call 777-3203 (Concourse) or 777-3200 (Health & Fitness Center).

McLeod Health & Fitness Center



November Special

\$25 Joining Fee on a 2-Year Contract

In an effort to better serve you, McLeod Health & Fitness Center is now open at 5:00 a.m. Monday through Friday.

Hours of Operation:

Monday – Thursday: 5:00 a.m. – 10:00 p.m.

Friday: 5:00 a.m. – 8:00 p.m.

Saturday: 7:00 a.m. – 7:00 p.m.

Sunday: 1:00 p.m. – 7:00 p.m.

www.McLeodHealthFitness.org

McLeod Resource Center



November Special:

Medela PersonalFit Breastshields

Important Dates

NOVEMBER 2017						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

For a complete list of November events, please click [here](#) to view the McLeod Health calendar.