

CARING. PEOPLE. QUALITY. INTEGRITY.

Groundbreaking Held for New ED in Cheraw



Community leaders and McLeod Health representatives participated in a groundbreaking ceremony for the new Emergency Department at McLeod Health Cheraw. Pictured from left to right: Roger Jones, Greater Cheraw Chamber of Commerce; Meriba Scoggins, McLeod Health Cheraw; Dr. Gabe Simpson, McLeod Health Cheraw; Sully Blair, McLeod Health Board of Trustees; Mary Anderson, McLeod Health Board of Trustees; Debbie Locklair, McLeod Health; and Dale Locklair, McLeod Health.

McLeod Health recently held a groundbreaking ceremony for a new Emergency Department at McLeod Health Cheraw.

Committed to providing excellent quality care and improving the health care of those it serves from the Midlands to the Coast, McLeod Health continues to invest in services and technology in an unceasing effort to meet the health needs of the region.

Expansion of the Emergency Department at McLeod Health Cheraw underscores this commitment by McLeod Health to provide treatment, services and

health care to the residents of Chesterfield and Marlboro Counties.

“The need for a new Emergency Department is clear, and has been evident for some time,” explained Dr. Gabe Simpson, the Chief of Staff and Medical Director of the Emergency Department for McLeod Health Cheraw. “I am looking forward to providing our patients with a state-of-the-art ED to treat their emergency needs quickly and efficiently.”

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Groundbreaking Held for New ED in Cheraw

(continued)

The current Emergency Department (ED) at McLeod Health Cheraw was originally designed to serve between 8,000 to 10,000 per year. In 2016, the ED staff cared for nearly 22,000 patients.

The new, 23-bed Emergency Department will be designed to serve 25,000 patients per year. All rooms will be fully private, and capable for emergency department care. Two of these rooms will be dedicated to advanced resuscitation of critical patients, while four will provide safe and comfortable holding for psychiatric patients.

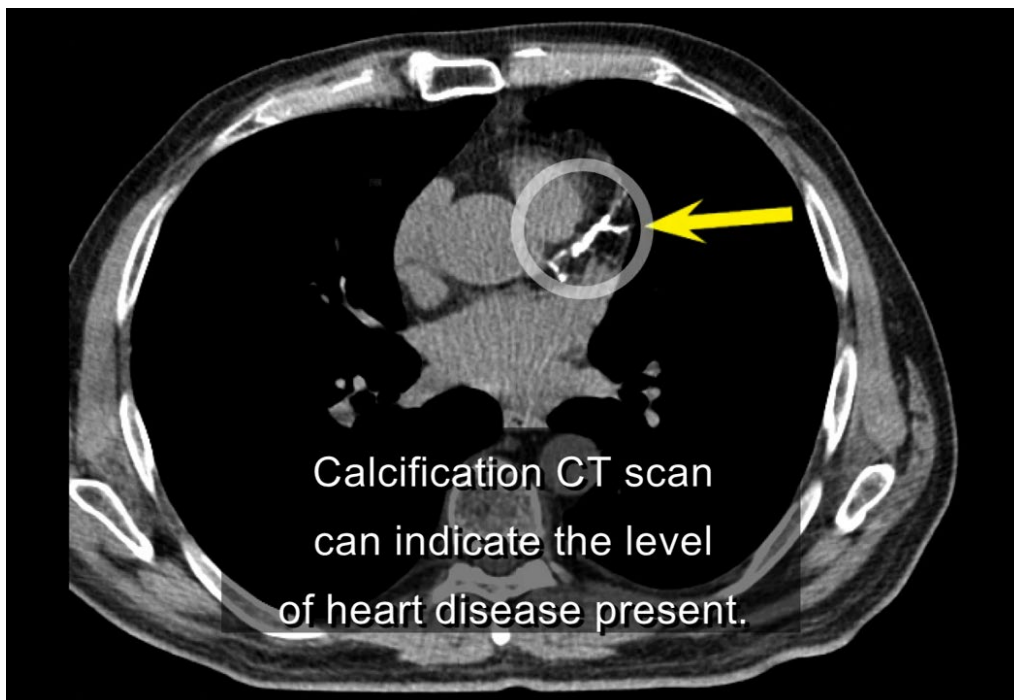
“Construction of a new Emergency Department at McLeod Health Cheraw will make emergency care more accessible and timely for patients in our area which is crucial,” said Mib Scoggins, Administrator of McLeod Health Cheraw. “In creating the new design, the focus of the expansion has been on efficiency and

flexibility – providing for future growth and changes based upon population and technology. This focus will optimize benefits to all of our residents from surrounding communities who rely on this facility for care.”

During the ceremony, remarks were given by Mib Scoggins, Administrator for McLeod Health Cheraw; Dr. Gabe Simpson, Chief of Staff and Medical Director of the ED for McLeod Health Cheraw; Dale Locklair, Senior Vice President of Planning and Construction for McLeod Health; Roger Jones, President, Greater Cheraw Chamber of Commerce; Mary Anderson, McLeod Health Board of Trustees Member; Sully Blair, McLeod Health Board of Trustees Member; and Deborah Locklair, Senior Vice President and Regional Administrator for McLeod Health.

The new Emergency Department is scheduled to open in April of 2018.

Cardiac Calcium Scoring



In this video, McLeod Interventional Cardiologist Dr. Alan Blaker explains the benefits of a Cardiac Calcium Scoring test for anyone with moderate risk for heart disease.

McLeod Health Honors Staff During Nurses' Week

During National Nurses' Week, McLeod Health announced its Registered Nurses and Nursing Staff Members of the Year during special ceremonies at McLeod Regional Medical Center, McLeod Health Cheraw, McLeod Health Clarendon, McLeod Darlington, McLeod Dillon, McLeod Loris and McLeod Seacoast.

The recipients by hospital include:

McLeod Regional Medical Center:

Stacy Freeman, Registered Nurse of the Year, and Lawanda Echols, Medical Surgical Technician of the Year.

McLeod Health Cheraw: Kim Teal, Registered Nurse of the Year; Eleanor Jordan, Nursing Director of the Year; and Rachel Jacobs, Certified Nursing Assistant of the Year.

McLeod Health Clarendon: Caitlin Huff, Registered Nurse of the Year, and Geraldine Singletary, Certified Nursing Assistant of the Year.

McLeod Darlington: Catherine Huggins, Registered Nurse of the Year; Sereata Luckey, Medical Surgical Technician of the Year; Charlotte Edwards, Behavioral Health Staff Member of the Year; and Cheryl Wenteler, McLeod Darlington Employee of the Year.

McLeod Dillon: Spring Lewis, Registered Nurse of the Year; Shirlean Cribb, Medical Surgical Technician of the Year; Ramona McBride, Patient's Choice for Medical Surgical Technician of the Year; Carol McRae, Patient's Choice for Nurse of the Year; Mardestine Johnson, Monitor Tech of the Year; Kelvin Parker, Surgical Tech of the Year; and Jennifer James, Rookie of the Year.

McLeod Loris: Nichole Atkins, Registered Nurse of the Year; Darlene Jacobs, Nursing Assistant of the Year; and Robin Goins, Unit Coordinator of the Year.



McLeod Regional Medical Center named Stacy Freeman, at left, as the Registered Nurse of the Year and Lawanda Echols as the Medical Surgical Technician of the Year. To view all the nursing honors from across the McLeod Health system, click on the image above.

McLeod Seacoast: Shawn Graham, Registered Nurse of the Year; Matthew Bailey, Nursing Assistant of the Year; and Patricia Murphy, Unit Coordinator of the Year.

“Being selected as a Nurse of the Year is a very honorable recognition,” said Tony Derrick, Chief Nursing Officer for McLeod Regional Medical Center. “This week is about celebrating nurses who lead the charge for health and wellness. The mission of McLeod Health is to improve the overall health and well-being of the people living within South Carolina and eastern North Carolina by providing excellence in health care and our nurses are an instrumental part of that goal.”

Every year, National Nurses' Week focuses attention on the diverse ways America's 3.1 million registered nurses work to save lives and to improve the health of millions of individuals. National Nurses' Week begins each year on May 6 and concludes on May 12, which is the birthday of Florence Nightingale, the founder of nursing as a modern profession.

Childhood Obesity – Why Worry?



Dr. Al Gilpin, McLeod Pediatric Orthopedics

Childhood obesity is one of the most serious health challenges of the 21st century. In the past 30 years, childhood obesity has more than doubled in children and quadrupled in adolescents, according to the Centers for Disease Control and Prevention. Today, approximately 32 percent of American children and adolescents, ages 2 to 19, are considered overweight or obese.

In the modern sense, childhood obesity refers to children who are both overweight and obese, as identified by their Body Mass Index (BMI). BMI is calculated using a child's weight and height. Overweight is defined as a BMI at or above the 85th percentile and lower than the 95th percentile for children of the same age and sex. Obesity is defined as a BMI at or above the 95th percentile for children of the same age and sex.

Obesity has both immediate and long-term impacts on children. In addition to long-term risks of stroke, heart attack, and kidney failure, immediate impacts include a greater likelihood of prediabetes as well as bone and joint problems, sleep apnea, and social and psychological problems.

To learn more about how to treat – as well as prevent – childhood obesity, click [here](#).

McLeod Clarendon Honors EMS First Responders



McLeod Health Clarendon EMS and Cypress Transport were recognized on May 22 by the hospital's leadership team for National Emergency Medical Services Week.

McLeod Health staff members from each of our hospitals visited with EMS teams across the region during National Emergency Medical Services Week, May 21 – 27, to thank all of the EMS first responders for the care they give to our patients every day.

McLeod Physicians Recognized for Excellence

Nine McLeod Health physicians were recently honored for providing excellence in healthcare by national healthcare research leader Professional Research Consultants, Inc. (PRC).

Dr. William A. Jackson, a McLeod Cardiologist, was recognized as a Top Performer for Overall Quality of Physician Care. He was ranked at or above the 100th percentile which equates to one of the highest scoring physicians in the nation.

The following eight McLeod physicians were also honored for being ranked in the top ten percent in the nation as 5-Star recipients: Dr. William Newsom, Dr. Eric Heimberger, Dr. Keith Harkins, Dr. Richard Alexander, Dr. Richard Mohr, Dr. Guy McClary, Dr. Joslyn Angus and Dr. Gary Emerson.

These awards recognize individuals who achieve excellence throughout the year by improving patient experiences, healthcare employee engagement and/or physician alignment and engagement based on surveys of their patients.

McLeod Celebrates Mission, Vision and Values Week



A cookout was held for employees of McLeod Regional Medical Center on May 9. Members of the leadership team served staff members during three work shifts. To view images of all activities throughout the McLeod Health system, click on the image above.

McLeod Health celebrated the excellent care its employees provide to patients every day during “Mission, Vision & Values Week,” which is held each year during Hospitals’ Week and Nurses’ Week. This work reflects a commitment to the mission, vision and values of McLeod Health. During this week-long event, McLeod Health hosted cookouts and special treat days for staff members as well as gave away McLeod hats and t-shirts sharing the message, “Excellence Beyond Boundaries.”

Students Donate Teddy Bears to McLeod Dillon

On Tuesday, May 23, first and second graders from Dillon Christian School visited McLeod Dillon with special gifts in hand.

The day before their visit, the students went on a field trip to Build-A-Bear Workshop in Myrtle Beach, where they made teddy bears to donate to pediatric patients admitted to McLeod Dillon. As the bears were made, the children prayed for the patients who would receive the bears one day.

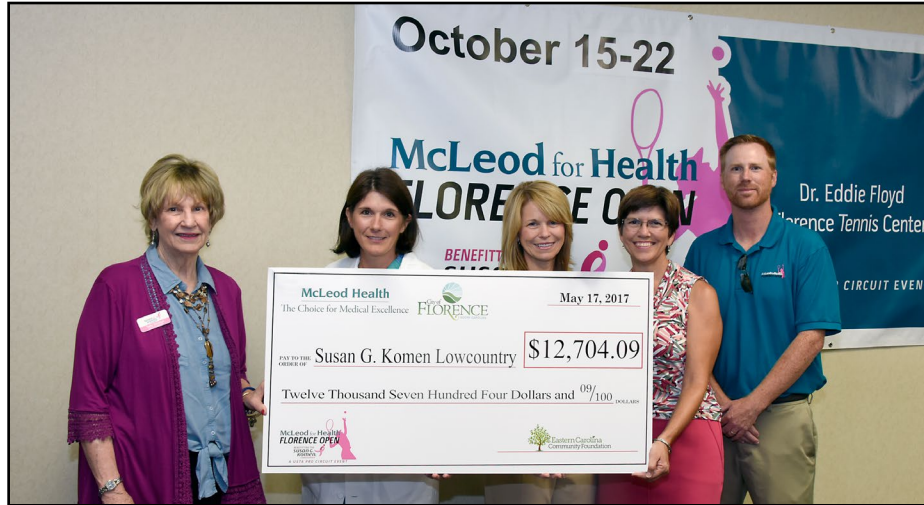


The students of Dillon Christian School pause for a picture with their donations for the pediatric patients at McLeod Dillon.

Teacher Heather Peeler explained that she has taught the children to think of others and to find ways they can help others in need. “I told the children that we don’t have to travel far away to be missionaries. There are people in our very own community that we can help.”

The children were excited to donate their bears, which included handwritten get well cards for the young patients.

Tournament Proceeds Donated to Komen



Pictured from left to right: Taffy Tamblin, Susan G. Komen South Carolina; Dr. Amy Murrell, McLeod Health; Darlene Buchanan; City of Florence Parks and Recreation Director; Lucy Spears, Susan G. Komen South Carolina; Rob Hill, Tournament Director.

On May 17, the McLeod for Health Florence Open Tennis Tournament presented its 2016 profits – a total of \$12,704.09 – to Susan G. Komen South Carolina to help fight breast cancer in the northeastern region of South Carolina.

Susan G. Komen South Carolina Executive Director Taffy Tamblin and Lucy Spears, the non-profit's Mission Programs Director, accepted the gift. In her remarks, Tamblin noted that over the years Susan G. Komen South Carolina has provided significant funding to Pee Dee area programs, including grants totaling more than \$400,000 dollars to support breast cancer programs and patients at McLeod Health. Among other things, these grants have been used for mammograms, follow-up diagnostic procedures, patient navigation services, and survivor support services, including transportation.

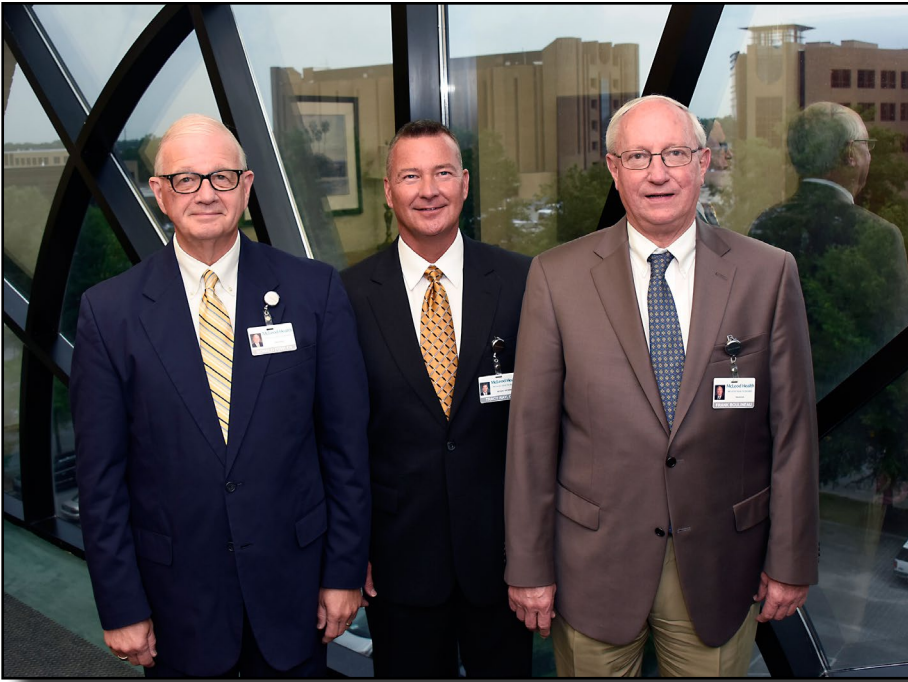
Dr. Murrell also announced that McLeod Health will remain the title sponsor for the 2017 McLeod for Health Florence Open, which will be held at the Dr. Eddie Floyd Florence Tennis Center October 15 - 22, and that Susan G.

Komen South Carolina will once again receive the net proceeds. The week-long USTA Pro Circuit women's event, now going into its sixth year, draws some of the best young professional players from around the world to compete for \$25,000 in prize money and higher rankings.

Dr. Murrell added that the partnership between McLeod, the Florence Open, and Komen is a perfect arrangement. "McLeod Health is deeply committed to the early identification and treatment of cancer in all its forms, and Susan G. Komen South Carolina provides very generous grant funding to help us with breast cancer awareness and early detection. Our support for this event also helps us stress the important health benefits that come from regular physical activity. We see this as another opportunity to contribute directly to the health of the people we serve."

Over the last three years, the McLeod for Health Florence Open has raised more than \$27,000 for Susan G. Komen South Carolina.

McLeod Health Board of Trustees in Horry County Dedicated to Expanding Quality Care to the Region



Pictured (L-R): **Ronald M. Fowler, Dr. Tracy Ray and Frank V. Boulineau, III.**

As the local community grows, McLeod Loris Seacoast is committed to improving and expanding its services and medical treatment to ensure excellent care for its residents. To achieve this mission, McLeod Loris Seacoast relies heavily on the knowledge and decision making of the McLeod Health Board of Trustees. Three members of the board who have a long history of service in Horry County represent McLeod Loris Seacoast. These “visionaries” include: Frank V. Boulineau, III, of North Myrtle Beach, Ronald Fowler of Loris and Dr. Tracy Ray of Loris.

In February of 2012, the McLeod Health Board of Trustees welcomed Boulineau, Fowler and Dr. Ray to support the growth and global outlook of McLeod Health. They were formerly members on the Board of Commissioners for Loris Healthcare System and were chosen to serve on the McLeod Health Board of Trustees because they understood the mission, vision and values of McLeod Health.

To keep up the pace with the rapidly growing communities and increasing medical needs, the Board of Commissioners and local legislative officials broke ground at Seacoast Medical Center in Little River in 1999. Initially a comprehensive outpatient facility, the medical center opened its doors to the public in October of 2000.

Not long after opening, Seacoast Medical Center filed a certificate of need application to establish inpatient services. There was a demand for convenient, quality healthcare along the northern strand of Horry County and across the border into Brunswick County, North Carolina.

“In 2011, we felt that to move Loris and Seacoast in a direction of higher quality healthcare for our citizens, McLeod Health was the partner we needed,” said Dr. Ray.

Today, the community is seeing growth and change at all McLeod Health campuses in Horry County.

“With the expansion of McLeod Seacoast, the growth to Carolina Forest and the upgrades and support in Loris, McLeod Health is now the choice for quality healthcare in Horry and Brunswick Counties,” added Dr. Ray. “The future for quality healthcare in these communities is very bright and just beginning.”

Since the affiliation with McLeod, Boulineau, Fowler and Dr. Ray, have been committed to growing McLeod Health services in Horry and Brunswick counties, but also ensuring every patient who walks through the door is treated equally and provided excellent service and care. These leaders plan to continue their work with McLeod Health to further meet the healthcare needs of the community.

McLeod Safe Kids Shares New Child Car Seat Law

McLeod Safe Kids Pee Dee/Coastal is pleased to share the new South Carolina child restraint law signed by Governor Henry McMaster on May 19, 2017, effective immediately.

South Carolina's child restraint law has not been updated since 1983; however, with these amendments, the state now complies with the recommendations set forth by the American Academy of Pediatrics for keeping children safe when in a vehicle.

The new child restraint law is as follows:

For every person transporting a child under eight years of age:

- An infant or child under two years of age must be properly secured in a rear-facing child passenger restraint system in a rear passenger seat of the vehicle until the child exceeds the height or weight limit allowed by the manufacturer of the child passenger restraint system being used.
- A child at least two years of age or a child under two years of age who has outgrown his rear-facing child passenger restraint system must be secured in a forward-facing child passenger restraint system with a harness in a rear passenger seat of the vehicle until the child exceeds the highest height or weight requirements of the forward-facing child passenger restraint system.
- A child at least four years of age who has outgrown his forward-facing child passenger restraint system must be secured by a belt-positioning booster seat in a rear seat of the vehicle until he can meet the height and fit requirements for an adult safety seat belt. The belt-positioning booster seat must be used with both lap and shoulder belts. A booster seat must not be used with a lap belt alone.
- A child at least eight years of age or at least fifty-seven inches tall may be restrained by an adult safety seat belt if the child can be secured properly by an adult safety seat belt.
- For medical reasons that are substantiated with written documentation from the child's physician, advanced nurse practitioner, or physician assistant, a child who is unable to be transported in a standard child passenger safety restraint system may be transported in a standard child passenger safety restraint system designed for his medical needs.
- Any child restraint system of a type sufficient to meet the physical standards prescribed by the National Highway Traffic Safety Administration at the time of its manufacture is sufficient to meet the requirements of this article.



Marla Blaker, McLeod Safe Kids Coordinator, inspects child safety seats during a car seat check at McLeod Health Cheraw.

To view the entire doctrine of laws, please visit www.scstatehouse.gov. For more safety information, please visit www.safekids.org.

McLeod Dillon Hosts Active Shooter Tabletop Drill



On Thursday, May 18, McLeod Dillon held an Active Shooter Tabletop Drill led by Special Agent Wayne Freeman from SLED. Along with McLeod Dillon leaders, representatives from County law enforcement, disaster preparedness and first responders experienced scenarios and discussed how the groups would work together during an active shooter event.

McLeod Resource Center



June Special:

Enjoy 10% off Breastmilk Storage Solution

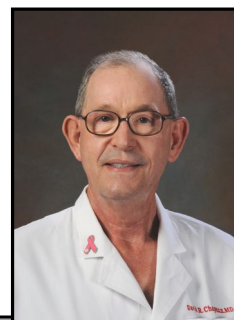
In His Words

McLeod Mission Gallery

June 14, 12:30 p.m.

Speaker: David Chapman, MD

Co-Founder of High Risk OB Program for the Region and a Pioneer in the Development of Laparoscopic Surgery at McLeod



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Anywhere.

McLeod 
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Important Dates

McLeod Spa June Special

(Applies to the McLeod Regional Medical Center Concourse location Only.)



Enjoy 20% off all facials.

Please call 777-3203 (Concourse) to schedule an appointment.

Don't forget Tuesdays are Employee Days

Present your employee ID badge for 15% off any service or product.

(Not valid on gift certificate purchases.)

Visit: www.mcleodhealthfitness.org for a menu of services.

McLeod Health & Fitness Center



June Special

Pay nothing until July when you join in June.

Based on a 24-month agreement.

The McLeod Health & Fitness Center also offers special rates to McLeod employees.

Call 843-777-3000 to speak with a membership representative or to schedule a tour. For more information, please visit **www.McLeodHealthFitness.org**.



Join Us

McLeod SAFE KIDS DAY

June 10, 2017

11:00 a.m. - 2:00 p.m.

McLeod Health & Fitness Center Back Lawn

This free event includes fun and interactive activities for the entire family!

Some activities will include:

• Tours of First Responders Vehicles • Car Seat Inspections (please have child and car seat present) • Life Jacket Fittings • Education Stations and games provided by Safe Kids Worldwide and sponsors • Kids ID Cards available for purchase • Prizes • And much more

Food available for purchase from Firehouse Subs and Kona Ice.

For more information, please call (843) 777-5021.

**SAFE
KIDS**
PEE DEE/COASTAL
Led by McLeod Health

National Sponsors for Safe Kids Day 2017:



Merit Award

MRMC



Adriane Poston
OB/GYN
May 2017

Making Rounds

McLeod Regional Medical Center

Emergency Department

- Our condolences to **Jameisha Blash, Audrey Davis** and **Emily Adams** on the loss of their loved ones.

Medical Observation

- Congratulations to our newlyweds, **Stacie Brooks, Sierra Moses** and **Johnathan Davis**.
- Congratulations to **Bernardo Odasco, RN** of the Year for Observation and to **Jennen Wells, MST** of the Year for Observation.
- Our condolences to **Angela Lloyd** on the loss of her mother.

Loris Seacoast

MPA

- **Congratulations to Danielle Hall** on her Bachelor of Science in Business Administration degree from the University of North Carolina at Pembroke.

McLeod Mobile Mammography Unit Schedule Announced Through June

What's keeping you from scheduling your mammogram? Convenience? Time? If this is the case you may want to consider the McLeod Mobile Mammography Unit. **Click here** to see if it's coming to your area soon.



Upcoming Mobile Mammography Visits

June	6	McLeod Family Medicine Timmonsville
	15	McLeod Family Medicine Johnsonville
	20	Pate Medical Associates, Bishopville
	21	Genesis Healthcare, Darlington

*To schedule an appointment, please call
McLeod Reservations and Scheduling at (843) 777-2095.*

Retirees

Janet Rogers
Respiratory Therapy
33 Years

The Dirty Dozen and the Clean Fifteen

by Kitty Finklea, Lifestyle Coach, Registered Dietician and Personal Trainer



Now that it's spring and heading into the hot days of summer, local fruits and veggies are plentiful. Fresh produce is full of vitamins, minerals, antioxidants and fiber and relatively low in calories (depending on the portion and how its prepared of course!). But do you ever wonder if fruits and veggies are heavily sprayed with pesticides?

Yes! The organization Environmental Working Group (EWG) studies pesticide residue on 48 different fruits and veggies and comes up with annual lists of The Dirty Dozen and The Clean Fifteen. The American Academy of Pediatrics recommends EWG's Shopper's Guide to pediatricians when consulting with parents about reducing pesticide exposures in their children's diets.

The Dirty Dozen are the fruits or veggies highest in pesticide residue and these are the foods you want to buy organic whenever possible. The Dirty Dozen

for 2017: strawberries, spinach, nectarines, apples, peaches, pears, cherries, grapes, celery, tomatoes, sweet bell peppers and potatoes.

The Clean Fifteen are the fruits and veggies that are least likely to contain pesticide residue: sweet corn, avocados, pineapple, cabbage, onion, frozen sweet peas, papayas, asparagus, mangos, eggplant, honeydew melon, kiwi, cantaloupe, cauliflower, grapefruit.

To read the full article, click [here](#).

For more information on adopting healthier lifestyle changes, contact Kitty Finklea, lifestyle coach, registered dietitian and personal trainer at McLeod Health and Fitness Center, 843-777-3000.