

CARING. PEOPLE. QUALITY. INTEGRITY.

McLeod Health Wins International Award for Outstanding Healthcare Website

Web Marketing Association Honors McLeod Health Among Winners Such As Starbucks, IKEA, Allstate, and AT&T

McLeod Health received an international award for Outstanding Website from the prestigious Web Marketing Association. McLeod Health was honored along with an illustrious group of Internet Advertising Competition (IAC) winners that included companies such as Starbucks, IKEA, Allstate Insurance, and AT&T. The IAC Awards highlight the best online advertising in 96 industries and nine online formats including website design, online ad, video, mobile, newsletter, email, and social media.



“We’re very grateful for this award,” said Jumana Swindler, Vice President of Marketing and Public Information for McLeod Health. “As our organization continues to grow to serve the healthcare needs of our communities, we want to make sure each patient can find the information they need quickly and efficiently. The delivery model for healthcare is changing, and this website project is part of an ongoing effort to adapt

to the healthcare needs of our patients and the communities we serve.”

The new website was designed based on user analytics and habits for how today’s patients seek their healthcare information. The completely re-imagined look comes alive with captivating video, patient stories and immersive graphics that engage users at each level.

“We collaborated with our business

development partner, LHWB Advertising & PR, to create and design this exceptional website and we are extremely pleased with the success of this project,” added Swindler.

For McLeod Health’s new site, LHWB developed a high-level user experience that places the medical excellence of McLeod at the user’s fingertips on any device.

McLeod Holds Open House for New Location of Cardiology Group in Sumter



Representatives of the McLeod Heart and Vascular Institute and the Greater Sumter Chamber of Commerce cut the ribbon to the new location of McLeod Cardiology Associates in Sumter. Pictured from left to right: Chris Hardy, CEO, Greater Sumter Chamber of Commerce; Dr. Cary Huber, McLeod Cardiothoracic Surgeon; Dr. Prabal Guha, McLeod Cardiology Associates Florence and Sumter; Dr. Ryan Garbalosa, McLeod Cardiology Associates Sumter; Dr. Dennis Lang, McLeod Cardiology Associates Sumter; Dr. Alan Blaker, Executive Medical Director, McLeod Heart and Vascular Institute; and Paul Robbins, Chairman, Greater Sumter Chamber of Commerce, Board of Directors.

An Open House and Ribbon Cutting for the new location of McLeod Cardiology Associates in Sumter was recently held in conjunction with the Sumter Chamber of Commerce.

The physicians of McLeod Cardiology Associates, Cardiologists, Dr. Ryan Garbalosa and Dr. Dennis Lang and Electrophysiologist Dr. Prabal Guha, have been providing the highest quality adult cardiovascular care utilizing the latest techniques to Sumter County patients for several years.

Dr. Alan Blaker, Executive Medical Director of the McLeod Heart and Vascular Institute, emphasized how the physicians of McLeod Cardiology Associates Sumter help meet the goals of the McLeod Heart and Vascular Institute to significantly reduce patients' risk factors for heart disease, the number one killer in the United States.

In attendance for the event was the McLeod Critical Care Transport Team, McLeod Heart Reach and McLeod Cypress Transport. When needed, these teams provide immediate access to the McLeod Health hospitals of McLeod Health Clarendon or McLeod Regional Medical Center to ensure the continuum of care that began with McLeod Cardiology Associates in Sumter.

“We are pleased to be a part of the Sumter community,” said Dr. Lang. “Myself and my partners, Dr. Garbalosa and Dr. Guha, are available for anyone who needs medical assistance in controlling their heart disease risk factors.”

McLeod Cardiology Associates welcomes new patients. Appointments can be made by calling 803-883-5171. Physician and self-referrals are welcome. McLeod Cardiology Associates cares for patients in Sumter at 540 Physicians Lane and in Clarendon County at 21 East Hospital Street in Manning.

McLeod Hospitals Hold Active Shooter Tabletop Exercises

McLeod Health Emergency Management recently held Active Shooter Tabletop Exercises at McLeod Darlington, McLeod Health Cheraw, McLeod Health Clarendon, McLeod Loris and McLeod Seacoast. The tabletops were an opportunity for McLeod staff to interact with local law enforcement and emergency personnel, evaluate our preparation status, and identify areas of improvement in our training and preparation for such an event.

In addition to McLeod Emergency Management, McLeod Security, and Incident Command staff members, participants also included these local agencies: Police Department, Fire Department, 911 Emergency Dispatch, EMS, Coroner's Office, Emergency Management, and Sheriff's Department.



Randy Propps, Director of Security at McLeod Regional Medical Center, discusses how to prepare for an active shooter event at McLeod Darlington.



Mike Puckett, Director of Emergency Management, leads the training to unite all agencies in the event of an active shooter situation at McLeod Health Cheraw.



Sergeant Eric Rosdail, a certified national ALERRT trainer with the Clarendon County Sheriff's Office, discusses different practices regarding an active shooter event with the staff at McLeod Health Clarendon.



Mike Puckett discusses with McLeod Loris staff and local agencies on how to effectively manage an active shooter event.



Mike Puckett works with McLeod Seacoast staff and local agencies to prepare for an active shooter event.

Mission, Vision & Values Week Celebration 2017

Employees are invited to celebrate the excellent care delivered each day to our patients. This work reflects the commitment to the mission, vision and values of McLeod Health. During the week of May 8 through 12, employees will receive a gift of a McLeod Health T-shirt or hat, have an opportunity to win an iPad and enjoy the latest employee video.

T-shirt and hat distributions will be held during scheduled times at each hospital campus. Please wear your McLeod T-shirt or hat proudly, but not to work. We must comply with the McLeod Health dress code policy.

Employees may enter for an opportunity to win an iPad by sharing their knowledge of the McLeod Health Mission, Vision and Values. Check your hospital's flyer for the times and locations of McLeod Mission, Vision and Values Week activities.

Mission: To improve the overall health and well being of people living within South Carolina and eastern North Carolina by providing excellence in health care.

Vision: To be the Choice for Medical Excellence

Our McLeod Health Core Values

Caring: Our team of professionals don't focus solely on their jobs. They embrace opportunities to respond with

compassion, offering not only medical care but also personal, emotional and responsive caring to the needs of our patients.

Person: In life's most profound moments, the people of McLeod are committed to sharing a generosity of spirit with each individual patient and cheerfully offering courtesy, resilience and respect.

Quality: For more than 110 years, McLeod has been the Choice for Medical Excellence. Our Mission requires us to have highly skilled personnel and a spectrum of advanced technology.

Integrity: We expect people who are part of the McLeod Health family to display honesty, wisdom, discipline, and an intense desire to accept the responsibility of care for patients and their families.

Links to each Hospital Flyer:

[McLeod Regional Medical Center](#)

[McLeod Cheraw](#)

[McLeod Clarendon](#)

[McLeod Darlington](#)

[McLeod Dillon](#)

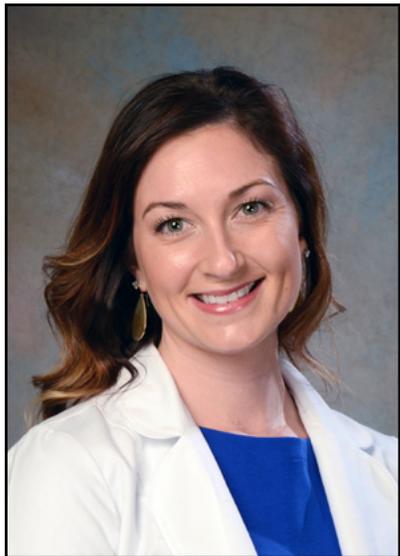
[McLeod Loris Seacoast](#)

See a
DOCTOR
*Anytime,
Anywhere.*

McLeod 
TeleHealth.org

DOWNLOAD THE APP

Nurse Practitioner Joins McLeod Dillon Hospitalist Team



Marcella Stanton, MSN, APRN, ACNP

McLeod Dillon is pleased to announce that Marcella Stanton, MSN, APRN, ACNP, has joined the McLeod Dillon Hospitalist team. She is board certified as an Adult Gerontology/Acute Care Nurse Practitioner. She received her Master of Science in Nursing from Walden University.

A Nurse Practitioner is a registered nurse who has completed

specific advanced education and training in the diagnosis and management of medical conditions. Nurse Practitioners diagnose, treat, evaluate and manage short-term and long-term illnesses and diseases.

“I have always had the desire to care for others, even at a young age,” Stanton said. “When I was 14 years old, I volunteered at our local hospital while I waited on my mother to finish her shift in the Operating Room as a surgical tech. I was fascinated by the nursing staff and instantly knew that nursing was a rewarding job.”

The hospitalist team at McLeod Dillon is made up of medical doctors and nurse practitioners whose primary professional focus is the medical care of hospitalized patients.

Hospitalists are based in the hospital and specialize in all aspects of a patient’s care - from admission to discharge. Because they do not maintain a private outside practice, the time of the hospitalist team is devoted solely to caring for hospitalized patients.

McLeod Surgeon Attends Cheraw Rotary Club



Dr. Henry Jordan with McLeod Surgery Bennettsville recently attended the Cheraw Rotary Club meeting. He is pictured with Cheraw Rotarian Trae Michael.

McLeod Health Wins International Award (continued)

The site is elegantly designed, simple to use, and intuitive for patients, employees, and potential new personnel to find what they need.

The award was one of only three in the healthcare website category and is a testament to McLeod Health’s continuing mission of excellence beyond boundaries.

McLeod Health Electrophysiologist Speaks to Chicora Rotary



Dr. Rajesh Malik, Electrophysiologist with McLeod Cardiology Associates, visited Chicora Rotary on April 21 at the Dunes Golf and Beach Club in Myrtle Beach. He presented information about “Sudden Cardiac Death,” sharing statistics on various cardiac conditions as well as how to prepare for a cardiac event.

McLeod Health Welcomes New Physicians



Please click on the image above to learn more about Dr. Lewis Dickinson and other new physicians and hospitalists at McLeod.

For optimal viewing, please open the Flickr album in Google Chrome or Mozilla Firefox.

McLeod Pediatric Rehabilitation Receives Grant from Duke Energy Foundation



Several Duke Energy Linemen spent time with the patients of McLeod Pediatric Rehabilitation in honor of National Linemen Appreciation Day on April 18. To view more images from the visit, click on the image above. For optimal viewing, please open the Flickr album in Google Chrome or Mozilla Firefox.

In honor of National Linemen Appreciation Day on April 18, Duke Energy donated \$2,000 from the Duke Energy Foundation to the McLeod Foundation to support McLeod Pediatric Rehabilitation’s literacy program.

“When we started looking at ways to show Duke Energy’s team how important they are to our communities and express our gratitude, the feedback we received from them was overwhelming. They would rather give back to the community and spend time helping others, especially kids,” said Mindy Taylor, government and community relations manager for Duke Energy. “This is why they chose to spend time with the great patients and staff of McLeod Pediatric Rehabilitation.”

A number of linemen from the Pee Dee spent time with the patients of McLeod Pediatric Rehabilitation, reading to them and showcasing their equipment. They also gave each child a coloring book and a hat. The patients greeted the linemen with lemonade and a hand-painted banner.

Wynne English, Supervisor of McLeod Pediatric Rehabilitation, stated that South Carolina has one of the lowest literacy ratings in the nation, and the money will be allocated towards therapeutic books and other tools to help children with speech and reading delays. “The visit meant so much to us and to our patients. We are grateful and will certainly put this donation to the best use possible.”

McLeod Employee Cautions Others to Heed Stroke Warning Signs



Randy Propps

In the Spring of 2005, Randy Propps with McLeod Security was manning the security desk outside the Emergency Department at McLeod Regional Medical Center. When he went to answer a telephone call, he noticed his left arm had gone numb.

“I thought my arm had gone to sleep so I shook it, trying to get the feeling back,” said Randy.

Randy got up and started walking towards the McLeod Pavilion when he began to feel a tingling in his face. He called his wife Annette, a nurse with McLeod Oncology & Hematology, to explain the symptoms he was feeling. Annette instructed him to go to the Emergency Department right away and that she would meet him there.

In the Emergency Department, Randy was immediately put in a wheelchair and taken back for testing. Dr. William Boulware, Randy’s primary care physician, admitted him to the McLeod Stroke Unit for care. From the test results, Dr. Boulware confirmed that Randy had suffered a transient ischemic attack, or TIA.

A TIA is a mini-stroke with stroke symptoms that usually last less than one hour. While TIAs generally do not cause

permanent brain damage, they are a serious warning sign of a stroke and should not be ignored. In fact, the risk for stroke is especially high in the first few days after a TIA. When a blood vessel in the brain becomes blocked, diminishing the blood flow for a short period of time, this can lead to temporary symptoms such as slurred speech or blurry vision.

TIAs are usually caused by one of three things:

- Low blood flow from a major artery to the brain
- A blood clot in the body that breaks off, travels to the brain and blocks a blood vessel
- Plaque build-up of a smaller blood vessel in the brain

“Dr. Boulware said I could consider this TIA my ‘warning ticket,’” said Randy. “My TIA was brought on by a piece of plaque that broke off and traveled to my brain but had not caused significant damage.

“To avoid a recurrence, I improved my diet and lost 30 pounds, started exercising and worked with Dr. Boulware to get my cholesterol and blood pressure under control.

“I love fishing and the outdoor life and wanted to do everything in my power to stay healthy enough to enjoy all of that,” added Randy.

Randy also has a family history of stroke. His grandmother suffered a stroke at a very young age and became bed-ridden. In February of this year, Randy’s father also suffered a TIA at the age of 92. “The day my Dad suffered his TIA, his speech was affected, but thankfully he is now doing well,” said Randy.

“My advice to fellow co-workers is to seek immediate medical attention if you feel any symptom of a stroke,” said Randy. “We never want to think something bad could happen to us but we should always heed the warning signs.”

Randy is the Director of Security for McLeod Regional Medical Center and has been with McLeod for 14 years.

F.A.S.T. - If you think someone may be having a stroke, act F.A.S.T. and do this simple test:

F – FACE: Ask the person to smile. Does one side of the face droop?

A – ARMS: Ask the person to raise both arms. Does one arm drift downward?

S – SPEECH: Ask the person to repeat a simple phrase. Is their speech slurred or strange?

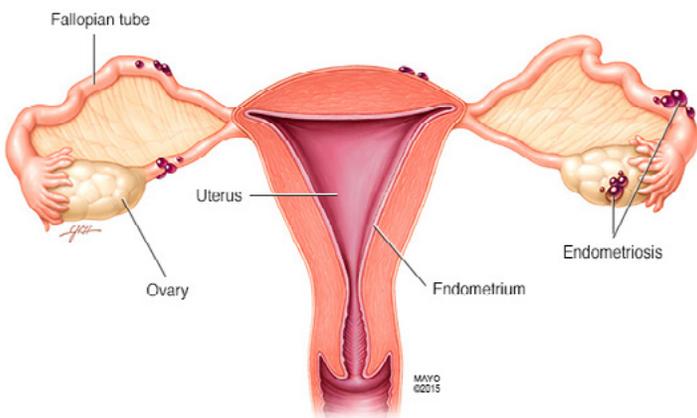
T – TIME: If you observe any of these signs, call 9-1-1 immediately.

Endometriosis and Its Treatments



Dr. Brad Campbell

Endometriosis affects millions of women, yet many don't even know it because the condition can be difficult to diagnose. In this article, Dr. Brad Campbell with McLeod OB/GYN Associates sheds light on endometriosis, explaining common symptoms, how physicians reach a diagnosis, and current treatment options available: <https://www.mcleodhealth.org/news-entry/endometriosis-and-its-treatments/>.



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Image Credit: Mayo Clinic

McLeod Children's Hospital to Host Asthma Camp



On Saturday, May 13, McLeod Children's Hospital will host a free Asthma Camp for children ages eight to 10. During the camp, children will learn how to manage their asthma through fun and interactive games. Game stations will demonstrate lung anatomy, trigger avoidance, as well as asthma medication and proper usage. Games will also teach the importance of asthma control during activities such as sports.

The camp also includes a parent education session conducted by a Certified Asthma Educator, focusing on asthma basics, symptom recognition, trigger avoidance, proper medication administration, and the Asthma Action Plan.

The camp will be held from 9:30 a.m. to 3:30 p.m. in the McLeod Children's Hospital Child Life Activity Center. Snacks and lunch will be provided.

To register for the McLeod Children's Hospital Asthma Camp, call McLeod Reservations and Scheduling at (843) 777-2095. For more information about the camp, call the McLeod Asthma Educator at (843) 777-8506.

Sponsored by the McLeod Health Foundation, the McLeod Asthma Camp is a safe environment for children, staffed by Certified Asthma Educators and experienced Pediatric Respiratory Therapists and Registered Nurses.

Important Dates

McLeod Mobile Mammography Unit Schedule Announced Through June

What's keeping you from scheduling your mammogram? Convenience? Time? If this is the case you may want to consider the McLeod Mobile Mammography Unit. [Click here](#) to see if it's coming to your area soon.



May Mobile Mammography Unit Dates

- 8 East Coast Nursing Services, Florence
- 17 Olanta Family Care, Olanta
- 18 McLeod Family Medicine Johnsonville

To schedule an appointment, call McLeod Reservations and Scheduling at (843) 777-2095.

Safe Kids

Safe Sleep Education Class
McLeod Medical Plaza Classroom
May 11, 6:00 p.m.

Pre-registration is required, and space is limited. To pre-register, please call McLeod Reservations & Scheduling at (843) 777-2005.

Free Car Seat Education Class
Florence County Library
May 18, 5:30 p.m.

Pre-registration is required, and space is limited. To pre-register, please call McLeod Safe Kids at (843) 777-5021.



Mended Hearts Support Group

McLeod Regional Medical Center
Pavilion Conference Center
May 9, 6:00 p.m. to 7:00 p.m.
Call (843) 777-2667 for more information.

Blood Drives

McLeod Loris
May 11, 12:00 p.m. to 5:00 p.m.
McLeod Loris Center for Health & Fitness
Call (843) 390-8327 to schedule your donation.



McLeod Cheraw
May 23, 12:00 p.m. to 5:00 p.m.
Bloodmobile
Call (843) 320-5509 to schedule your donation.

Ostomy Support Group

McLeod Regional Medical Center
May 14, 3:00 p.m.
McLeod Pavilion Conference Center
For more information, call Sondra Moseley at (843) 777-5207.

Diabetes Support Group

McLeod Seacoast Cafeteria
May 20, 10:00 a.m.
For more information, call (843) 390-8327.

May Specials

McLeod Spa May Special

(Applies to both the Health and Fitness Center and McLeod Regional Medical Center Concourse locations.)

This Mother's Day, give the gift of relaxation and rejuvenation with these specially priced packages:

Well-Being Ritual

Nirvana Stress Relief Massage & Pure Results Facial

Body Ritual

Nirvana Stress Relief Massage & Rosemary Citron Body Scrub

Luxe Ritual

Nirvana Stress Relief Massage, Spa Manicure, & Spa Pedicure

Also, enjoy a 10% discount on spa pedicures for the month of May.

Call 777-3203 (Concourse) or 777-3200 (Health & Fitness Center) to schedule an appointment.

Don't forget Tuesdays are Employee Days

Present your employee ID badge for 15% off any service or product.
(Not valid on gift certificate purchases.)

Visit: www.mcleodhealthfitness.org for a menu of services.



The Spa at McLeod Health Clarendon

Watermelon Collagen Facial for \$60 (normally \$75) • 25% off Clayton Shagal Scrubs, Exfoliants, & Masks

McLeod Resource Center

10% off
Quick Clean
Micro-Steam Bags



McLeod Health & Fitness Center



Enroll during the month of May for \$25, the lowest joining fee of the year.*
Based on a 24-month agreement.

The McLeod Health & Fitness Center also offers special rates to McLeod employees.

Call 843-777-3000 to speak with a membership representative or to schedule a tour.
For more information, please visit www.McLeodHealthFitness.org.

McLeod Health & Fitness Center Clarendon



Summer Swim Lessons
May 1 – July 27

Four 1-hour Sessions • Monday through Thursday
Cost is \$40 • For children 3 years of age and older.
For more information, call (803) 435-5200.

Merit Award

MRMC



Angel Jordan
CVOR
April 2017



Jessica Joint
TSCU
April 2017



Preston Shuey
Finance Analytics
April 2017



Robert Sillman
Finance Analytics
April 2017



Terri Thomas
Cancer Coordination
April 2017

Clarendon



Johanna Wilson
Nursing Administration
April 2017

Loris Seacoast



Coreen Konopka
Seacoast Physical Rehab
April 2017



Nichole Atkins
Loris ED
April 2017

MPA



Carolyn Dingle
McLeod Neurological Associates
April 2017

Making Rounds

McLeod Regional Medical Center

Emergency Department

- Our condolences to **Jameisha Blash, Audrey Davis** and **Emily Adams** on the loss of their loved ones.

Inpatient Rehabilitation

- Congratulations to **Rena Murakoshi** on her marriage to Scott Parker on April 8 and to **Alexandra McKenzie** on her marriage to Travis Green on April 2.

Observation

- Congratulations to **Chelsea Tisdale** on her marriage to Kevin Brown on April 15.
- Our condolences to **McKenzie Dixon** and **Annie Hardwick** on the recent loss of loved ones.