

PERSONAL TRAINING

	<u>Single Session (1hr)</u>	<u>Package (5– 1hr sessions)</u>
Members	\$42.50	\$170.00
Non-Members	\$47.75	\$223.00
Group Training Member	\$60.00	\$225.00
Group Training Non-member	\$65.00	\$280.00

1/2 Hour Sessions (4 sessions)

Members	\$80.00
Non-members	\$100.00

*Group training consist of 2 people sharing an hour session