

Inspired *by you.*



Beloved veterinarian Dr. Allen Causey benefitted from very specialized nutritional assistance while battling tonsil cancer. This care was available because of your support.

You Are a Hero for Three of Our Tiniest Miracles

How your gifts provided life-saving monitors.

On September 14, 2018, as Hurricane Florence made landfall, Derek and Jarrica Sports started a storm of their own when Jarrica went into labor with their triplets. She was just 25 weeks pregnant.

A whirlwind of frightening and exciting events began for this family.

Jarrica spent the next two weeks on the McLeod Pre-Term Labor floor under the care of specialized physicians.

At 27 weeks and two days, triplets Tallon, Avery and Tavner were born -- each weighing less than two pounds, two ounces.

They spent the next several months fighting for their lives in the McLeod Neonatal Intensive Care Unit (NICU).

This is where you, their hero, came into play.

Very tiny and sick, the triplets needed intense monitoring of their vital signs, weight, breathing and oxygen intake. The monitoring system, purchased by



Because of your generosity, the Sports triplets -- Tallon, Avery, and Tavner -- had access to highly specialized monitoring equipment during their 109-day stay in the McLeod Neonatal Intensive Care Unit.

you, our donors, are specifically designed to treat NICU babies. Featuring more sensitive readings of important vital signs, the system sounds an alarm if immediate attention is needed.

In the critical hours and days of fighting for survival, one of the babies would trigger the alarm on their monitor every 10 minutes.

"I can still hear the monitors going off in my head," shares Jarrica.

After 109 days in the McLeod NICU, the triplets were finally united at home with their parents and big brother, Drake.

Jarrica and Derek praise the exceptional service and love they received at McLeod.

Sharing the Gift of Love

Because of you, a lovable bear eases the journey for breast cancer patients.

When you make the decision to give to the McLeod Foundation, you are touching lives you may never have anticipated.

You did just that for Linda Brown. Linda has always been dedicated to receiving her annual mammogram at McLeod Breast Health Center. Having just lost her beloved sister-in-law to breast cancer, she appreciates the vital importance of early detection.

After having her mammogram this Spring, Linda was alarmed to receive a call that she should be at her doctor's office in two hours. Her daughter anxiously drove her to the appointment as they prayed for good results.

"Dr. Brent Baroody informed me I had Stage I breast cancer," explained Linda. "He immediately referred me to Dr. Amy Murrell with Pee Dee Surgical Associates for surgery, and I knew I was in the right hands."

On the day of her surgery,



Linda Brown, holding her Breast Bear, shares a moment with her surgeon, Dr. Amy Murrell.

Linda was initially nervous and frightened.

"The nurse came in holding a bear and explained it was a Breast Bear meant to serve as padding and protection for my surgical incision," shares Linda. "Holding my new bear immediately brought comfort and eased my fears."

However, the gift of a Breast Bear -- funded by your contributions to the McLeod Foundation -- turned out to be so much more.

"Even though the bear is so small, he has helped me in my recovery process. Looking down and always seeing the bear's smiling face gave me reassurance and encouragement," Linda says gratefully. "What an amazing gift to know people in the community care about you."

Linda has since learned she had more than just a bear by her side that day. You were there, too, through your gifts and caring for women facing this journey. You may think this is just a small present to those suffering this dreadful disease, but Linda would tell you otherwise.

"What an amazing gift to know people in the community care about you."

— LINDA BROWN

November Fest

BENEFITTING

McLeod

Children's Hospital

NOVEMBER 15, 2019
DOWNTOWN FLORENCE

You can help children like the Sports triplets by attending November Fest benefitting McLeod Children's Hospital on November 15. Enjoy good food, great music and help celebrate the miracle stories of McLeod Children's Hospital patients. You can also be a sponsor or volunteer at the event. For more information, call 843-777-2694 or visit www.mcleodfoundation.org.

YOUR SUPPORT HELPS PEOPLE HELP THEMSELVES

Cardiac Rehabilitation Scholarships Give Heart Patients the Tools to Recover

John Richardson believes in helping others.

You do too, as shown by your support for the McLeod Foundation.

McLeod Cardiac Rehabilitation -- a cardiovascular wellness program that includes exercise, nutrition counseling, and lifestyle coaching -- is a crucial part of recovery for heart patients. Through progressive, monitored activity, patients who have suffered a heart attack or have been diagnosed with heart disease get back on their feet and on the road to a heart-healthy life.

While insurance covers initial rehabilitation sessions, patients must pay to remain on this life-saving program.

This is where you come in. Thanks to your generosity, patients who cannot afford the cost are able to receive scholarships to continue their recovery.

John Richardson is one of these patients.

"I wouldn't have been able to stay on the program without receiving this financial assistance," he said.

Inspired by your generosity, John decided to help others recover as he had. He began visiting cardiac



Thanks to your generous support, John Richardson stays healthy by attending McLeod Cardiac Rehabilitation.

patients at McLeod, encouraging and educating them on the recovery process. Also, at Cardiac Rehab, he is known as the one who motivates others to work hard and stick with the program. "Cardiac Rehab isn't just about working on an exercise machine," John said. "It's about spending time with others who have medical issues like yours. We encourage one another. We help one another get better."

John knows that without your support, he and others would not have access to this crucial step in their recovery.

"When you give to Cardiac Rehab, you're not just giving to an organization," John explained. "You're giving to people like me."

Thanks to you, John remains on the path to recovery, and helps others along the way.

Your Gifts Offer Healthy Recovery for Heart Patients

The Krainins Establish An Endowment to Provide Cardiac Rehabilitation Scholarships

As Dr. Fred Krainin will tell you, Cardiac Rehabilitation is crucial for patients with heart disease.

A McLeod Cardiologist for more than two decades, Dr. Krainin has seen countless numbers of his patients go on to lead healthy lives thanks to Cardiac Rehabilitation, a cardiovascular wellness program that includes exercise, nutrition counseling, and lifestyle coaching.

Patients facing financial challenges could not have benefitted from this specialized care without the scholarships that donors like you funded.

"Cardiac Rehabilitation patients receive care from a team of nurses, dieticians, and therapists. They recover significantly better than patients who cannot participate in the program," Dr. Krainin explained.

It has become a passion of Dr. Krainin -- and his wife, Mary -- to see that every patient who needs Cardiac Rehabilitation is able to participate. This year, the two made a gift to the McLeod Foundation to establish the Dr. Fred and Mary Krainin Cardiac Rehabilitation Endowed Fund.

Endowed gifts are invested, and the annual proceeds fund programs important to the donor far into the future. To request your free copy of a Guide to Bequest and Endowed Gifts, please contact Roxanna Prezioso at 843-777-2694 or roxanna.prezioso@mcleodhealth.org.

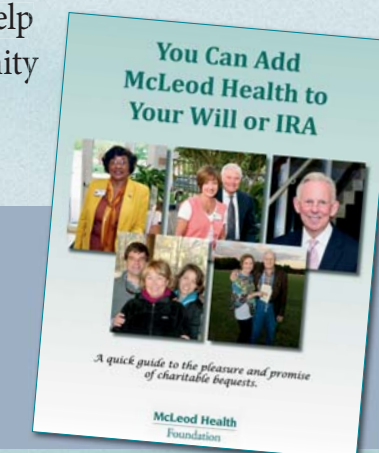


Dr. Fred and Mary Krainin established the Cardiac Rehabilitation Endowed Fund honoring the memory of Dr. Krainin's father, Harold L. Krainin, who passed away from heart disease three years ago.

"We have loved being a part of this community and wanted to give something back," Mary said.

Through their gift, the Krainins will be giving back for generations to come. The Endowment will fund Cardiac Rehabilitation Scholarships into perpetuity.

"As long as there is heart disease, there will be a need for Cardiac Rehabilitation," Dr. Krainin said. "This Endowment is a wonderful opportunity for us to leave a legacy and help people in our community after we are gone."



YOUR GIFTS HELP CHILDREN “JUST BE KIDS”

How you can help special needs children reach their goals.



Mendel and Jessica Bell along with their children, Taylor, Katelyn and Grayson, believe in helping special needs children reach their developmental milestones.

Jessica and Mendel Bell are grateful to have three healthy children who can run, jump, skip, climb and just be kids.

They know that every child is not so lucky.

“We believe all children deserve the opportunity to play safely and feel confident in their ability,” says Jessica.

Your gifts through the McLeod Foundation support the special needs children cared for at McLeod Health Seacoast Pediatric Rehabilitation.

Professionally trained staff work with children coping with genetic, developmental and orthopedic conditions or injuries. The goal of pediatric rehabilitation is to enhance every child’s opportunity to realize their full potential.

As the region continues to grow, more and more families will seek this specialized care for their children. To best serve these families, the program has relocated to the McLeod Health Carolina Forest campus.

The Bell family is encouraged by the campaign to raise funding for a playground at the new facility. The playground will provide safe and skilled therapy services, and benefit a wide variety of pediatric diagnoses including children with developmental delays, cerebral palsy, autism, Asperger’s, down syndrome, and amputations.

Donors like you will be instrumental in the establishment of the new playground.

Through your generous support we can ensure that children develop imaginations, build self-esteem and every child, regardless of their disability, has the chance to play and reach all-important developmental milestones.

“McLeod Health raises the standard of healthcare in our region and are tremendous partners in the communities they serve,” Mendel explained. “Your support allows this great medical system to go beyond healing and give children with special needs a chance to just be kids.”

You Give Loving Comfort for Grieving Children

Your gifts allow Lyndsey Grace to share her compassion at Camp Jessie’s Kids.



Reverend Frankie Tanner, camp co-founder and mentor, and Lyndsey Grace Belk reminisce about her many years helping with Camp Jessie’s Kids.

Lyndsey Grace Belk has a very important day on her calendar every year -- Camp Jessie’s Kids.

As a part of the McLeod Hospice Grief Recovery Program, Camp Jessie’s Kids focuses on care for children struggling with the loss of a loved one. This uniquely designed camp allows children of various ages to learn coping mechanisms to express and deal with their loss.

For 26 years, gifts from donors like you ensure a day of healing remains available for this vulnerable group of children.

Camp founders, Frankie and Jessie Tanner, originally recognized Lyndsey Grace’s compassionate heart at a remembrance service held at her family’s funeral home. Even as a seven-year-old, her desire to comfort the brokenhearted was apparent.

Frankie and Jessie knew immediately that she would be a perfect camp volunteer.

A few years later, in 2016, Lyndsey Grace faced her own journey with grief.

Both of her great-grandmothers, Mimi and Grandma Ard, received the loving care of McLeod Hospice. Camp Jessie’s Kids allowed Lyndsey Grace to work through her grief and fully empathize with the other children at camp.

Now an experienced volunteer at the age of 12, Lyndsey Grace shares, “We learn to listen with our ears, our eyes and especially our hearts. I get to know the children and then suggest ways to help them get through their grief.”

Each year as the emotional candle light ceremony closes the extraordinary day, Lyndsey Grace shares tears with children and their families. Tears of grief, healing, hope -- but also of gratitude -- for the comfort you have made available through Camp Jessie’s Kids.

You Provide Critical Support Through the HOPE Fund

Dr. Causey attributes his strength to survive to your gifts.

For the much loved Florence veterinarian, Dr. Allen Causey, time spent in nature at the beginning of dove season is a welcomed respite from a busy practice. Yet, while out in the field last year, he noticed a swollen nodule on his neck.

His fears were confirmed when he was diagnosed with tonsil cancer.

Dr. Causey faced a tough battle. Chemotherapy and radiation caused severe problems with his teeth and gums and limited his ability to sustain a high energy level.

Thanks to your support of the HOPE (Helping Oncology Patients Everyday) Fund, Dr. Causey benefitted from very specialized nutritional assistance. Nutrition was critical in order for him to maintain his strength and complete his life-saving treatment.



The Causey family, pictured with their beloved pet Millie, remain forever grateful for the support Dr. Causey received during his cancer treatment from donors to the HOPE Fund.

Through your generosity, the McLeod Cancer Center was able to add Courtney Moore, a Registered Dietician with experience caring for cancer patients, to the team.

“I was physically exhausted, lost my appetite, my taste buds were

going, the nausea was increasing and I was not receiving the nutrition I needed,” explained Dr. Causey. “Courtney helped me understand I was losing weight too rapidly and it may ultimately hurt my survival.”

Courtney’s encouragement and perseverance convinced him to get a feeding tube to help provide the nutrition needed to keep up his strength.

With the help of his wife, Paren, and children, P.J. and Bella, Dr. Causey was able to maintain his nutrition and successfully complete his treatments. He is now joyfully back at work doing what he loves, caring for our beloved pets.

